



Swarnnim Startup and Innovation University, Gandhinagar

Aarihant Homoeopathic Medical College

VALUE ADDED COURSE(2021-22)

Course name -PERSONALITY DEVELOPMENT

Organizing Department - HOMOEOPATHIC REPERTORY & CASE TAKING

Course code - VACPD

Course co-ordinators - DrNirav Bhatt

Duration - 32 hours

Date -1stSep. 2021 to 25thOct. 2021

Course Time: 2 hours Friday and 2 hours on Saturday [Online Mode]

Course Duration: 2 months

Time of lecture: 5:00 pm to 7:00 pm

Resource Person:

Aim:

The programme aims at grooming the participants through sensitizing them about proper behaviour, socially and professionally, in formal and informal circumstances.

Objectives:

The objective of the programme is to build self-confidence, enhance self-esteem and improve overall personality of the participants.

Teaching aids

PPTs, Videos, Case studies, ECG machine practical session and Discussion.

Assessment criteria

Assessment would be done based on oral examination, ECG graph Interpretation, diagnostic skills & ECG based Quiz test. The certificate would be provided on successful completion of the course.

Eligibility criteria

Medical Students of BHMS Programme

Principal
Arihant Homoeopathic
Medical College & R.I.
Bhoyan Rathod, Gandhinagar





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Content of the course

SR. NO.	TOPICS	DURATION
01	Introduction • Definition and basics of personality • Analysing strength & weakness • Corporate theories on personality development • Increasing vocabulary	4 Hours
02	Techniques in Personality development Stage I • Communication skills • Building self • Working on attitudes	4 Hours
03	Techniques in Personality development Stage II • Introduction to leadership • Leadership styles	4 Hours
04	Techniques in Personality development Stage III • Analysis of Ego stages • Stress management	4 Hours
05	Techniques in Personality development Stage IV • Conflict management • Time management	4 Hours
06	Social image • Looking great & attractive • Public speaking • Voice modulation • Social etiquettes	4 Hours
07	Performance Appraisal • Self-introduction • Group discussion • Personal interview session	4 Hours
08	• Motivation and Confidence • Leadership qualities • Freud's tripartite theory	4 Hours



Principal
Aarihant Homoeopathic
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Bhayan Rathod, Gandhinagar