



**Swarnim Startup and Innovation University, Gandhinagar**

**Aarihant Homoeopathic Medical College**

**VALUE ADDED COURSE(2021-22)**

**COURSE NAME –COUNSELLING SKILLS FUNDAMENTALS**

**COURSE CONTENT**

**Organizing Department – HOMOEOPATHIC REPERTORY AND CASE TAKING**

**Course code – VACCSF**

**Course co-ordinators – DR DISHA SHROTRIYA**

**Duration –32 hours**

**Date –SEP-OCT. 2021**

**Course Time: 4 hours on every Sunday**

**Course Duration: 2 months**

**Time of lecture: 8:00 am to 10:00 am& 4.00 pm to 06.00 pm**

**Resource Person: DR. MANGESH SATPUTE [PROF. ORGANON, MAHARASHTRA]**

**Mode: ONLINE MODE**

**Aim:**

**Equip individuals with the fundamentals and skills in counselling**

**Objectives:**

- Key elements of successful helping
- Analyse personal values
- Demonstrate how to clarify key issues
- Active listening skills
- Summarizing skills

**Teaching aids**

**PPTs, Videos and Discussion**

**Eligibility criteria**

**Medical Students – IV BHMS STUDENTS [AY 2021-22]**



**Principal**  
**Aarihant Homoeopathic**  
**Medical College & R.I.**  
**Bhoyan Rathod, Gandhinagar**





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**SYLLABUS**

S.N.	TOPICS	Duration
1.	• DELINEATE THE KEY ELEMENTS OF SUCCESSFUL HELPING	4 hours
2.	• ANALYSE PERSONAL VALUES THAT COULD IMPACT THE HELPING RELATIONSHIP	4 hours
3.	• DEMONSTRATE HOW TO CLARIFY KEY ISSUES	4 hours
4.	• DEMONSTRATE ATTENDING SKILLS	4 hours
5.	• DEMONSTRATE ACTIVE LISTENING SKILLS AND RESPONDING SKILLS	4 hours
6.	• COMMUNICATION SKILLS	4 hours
7.	• DEMONSTRATE THE SKILL OF PROBING	4 hours
8.	• DEMONSTRATE THE SKILL OF SUMMARIZING	4 hours

Signature of CO-ORDINATOR



Signature of Principal

Principal  
Aarihant Homoeopathic  
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