| VENUS INSTITUTE OF PHYSIOTHERAPY            |                            |                    |  |  |  |
|---|----------------------------|--------------------|--|--|--|
| LIST OF RESEARCH DETAILS - BPT ( 2021-2022) |                            |                    |  |  |  |
| SR. I                                       | NAME OF STUDENT            | NAME OF GUIDE      | TITLE OF THE STUDY   |  |  |
|   |                            |                    | EFFECTIVENESS OF MUSCLS ENERGY                                       |  |  |
|   |                            |                    | TECHNIQUE VERSUS STRETCHING IN                                       |  |  |
|   |                            |                    | SUBJECT WITH TIGH PIRIFORMIS IN MALE                                 |  |  |
|   |                            |                    | OFFICE GOING SUBJECTS : A  |  |  |
| 1   | SUMEET ROY, NIRALI SOLANKI | DR. ANKIT SINHA    | RANDOMIZED CLNICAL TRIAL   |  |  |
|   |                            |                    | EFFECT OF HOLISTIC YOGA ON ANXIETY SYMPTOMS IN COLLAGE GOING FEMALES |  |  |
|   |                            |                    | WITH PCOS IN GUJARAT A QUASI   |  |  |
|   | VRUSHITA PATEL, MALAV      | DD INVIENTANDE     |  |  |  |
| 2   | MEHTA, TARAK MUNJAPARA     | DR. JAYNESH VANDRA | EXPERIMENTAL ONE WAY STUDY EFFECTS OF YOGA THERAPY ON                |  |  |
|   |                            |                    | PHYSICAL AND PSYCHOLOGICAL   |  |  |
|   |                            |                    | QUALITIES OF LIFE IN PERIMENOPAUSAL                                  |  |  |
|   | PRIVANIKA CHALIDHARY       | DR. RIMA PANDYA    | WOMENS-AN EXPERIMENTAL STUDY   |  |  |
| 3   | PRIYANKA CHAUDHARY         | DR. KIMA PANDTA    | PREVALENCE OF IRREGULAR  |  |  |
|   |                            |                    | MENSTRUATION IN FEMALES AHMEDABAD                                    |  |  |
| 4   | YASHVI DAVE                | DR. TANVI VYAS     | CITY A CROSS SECTIONAL STUDY   |  |  |
| -   | IASHVIDAVE                 | Dit. Dutti tine    | IMMEDIATE CHANGES IN PAIN AFTER                                      |  |  |
|   |                            |                    | TENS (TRANSCUTANEUS ELECTRICAL                                       |  |  |
|   |                            |                    | NERVE STIMULATION) IN PATIENTS WITH                                  |  |  |
| 5   | RAJESHREE GOR              | DR. TANVI VYAS     | ABDOMINAL SURGERIES: A CASE SERIES                                   |  |  |
|   |                            |                    | ASSOSIATION OF PHYSICAL AND  |  |  |
|   |                            |                    | PSYCHOLOGICAL IMPACT OF COVID-19                                     |  |  |
|   |                            |                    | AND LOCKDOWN AMONG UNIVERSITY  |  |  |
| 6   | RIYA GOSWAMI               | DR. DISHA KAPOOR   | STUDENTS   |  |  |
| 9,970                                       |                            |                    | THE EFFECTS OF DAILY MORNING   |  |  |
|   |                            |                    | RUNNING FOR 2 WEEKS IMPROVED SLEEP                                   |  |  |
|   |                            |                    | AND PSYCHOLOGICAL FUNCTIONING IN                                     |  |  |
| 7   | SHIVANI KSHATRIYA          | DR. JAYNESH VANDRA | PEOPLE WITH 18-25 AGE GROUP  |  |  |
|   |                            |                    | EFFECT OF ZUMBA EXERCISE ON LOW                                      |  |  |
| Plant                                       | DARSHITA PADSALA, AASHKA   |                    | BACK PAIN IN OBLOC PLOTEL. AN  |  |  |
| 8   | THAKAR, HIRVA PATEL        | DR. DISHA KAPOOR   | EXPERIMENTAL STUDY   |  |  |
|   | ARTH PATEL, ANJALI         | DD 7440 (140/40)   | EFFECT OF SUJOK THERAPY IN KNEE                                      |  |  |
| 9   | UMARANIYA                  | DR. TANVI VYAS     | PAIN: EXPERIMENTAL STUDY   |  |  |

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|             |                          |                    | RELIABILTY AND VALIDITY OF GUJARATI  |
|-------------|--------------------------|--------------------|--------------------------------------|
|             |                          |                    | VERSION OF TINETTI ASSESSMENT TOOL:  |
| 10          | DISHA PATEL              | DR. JAYNESH VANDRA | VALIDATION STUDY                     |
|             | 5,5, ,                   |                    | PREVALENCE OF SMS THUMB AMONG        |
|             |                          |                    | TEENAGERS WHO USE SMART PHONE A      |
| 11          | JEET PATEL               | DR. TANVI VYAS     | CROSS SECCTIONAL SURVEY              |
| ··-         | 022117112                |                    | CHRONIC NECK PAIN AMONG COLLAGE      |
| 12          | FORAM SOLANKI            | DR. APEKSHA GOSAI  | STUDENTES A CROSS SECTIONAL STUDY    |
|             | 1 313 111 3 2 1 1 1 1    |                    | ACUTE EFFECT OF SCAPULAR             |
|             |                          |                    | PROPRIOCEPTIVE NEUROMUSCULAR         |
|             |                          |                    | FACILITATIONS TECHNIQUE VERSUS       |
|             |                          |                    | CLASSIC SHOULDER EXERCISES IN        |
| 13          | AJAYDEEP VAGHELA         | DR. ANKIT SINHA    | ADHESIVE CAPSULITIS                  |
| 15          | NOTT BEEL WIGHTED        |                    | JOB AND CAREER SATISFACTION AMONG    |
|             |                          |                    | PHYSIOTHERAPISTS OF GUJARAT STATE A  |
| 14          | HARSHA VASWANI           | DR. DISHA KAPOOR   | PREVALENCE STUDY                     |
| 14          | TIAROTIA VACVATA         |                    | THE EFFECTS OF ZUMBA DANCE AND       |
|             |                          |                    | LOW-IMPACT AEROBIC EXERCISE ON       |
|             |                          |                    | BODY FAT PERCENAGE IN PATIENTS WITH  |
| 15          | NIDHIBA ZALA             | DR. RIMA PANDYA    | OBESITY -A COMPARATIVE STUDY         |
| 15          | THE THE TEXT             |                    | PREVALENCE OF PROLAPSED              |
| 1           | YASH SHARMA, PRUTHVI     |                    | INTERVERTEBRAL DISC (PIVD) IN CAB    |
| 16          | UPADHYAY                 | DR. ARVIND KUMAR   | DRIVERS: A CROSS SECTIONAL STUDY     |
| 10          | OT ABITTAL               |                    | EFFECTS OF PRANAYAMA (YOGA) AND      |
| 1           |                          |                    | BREATHING EXERCISES ON PULMONARY     |
|             | SHIVANI BRAHMBHATT,      |                    | FUNCTION IN SEDENTARY PEOPLE-AN      |
| 17          | SANCHITA MITTAL          | DR. ARVIND KUMAR   | EXPERIMENTAL STUDY                   |
| <del></del> | 0/410/11//11/1//         |                    | THE EFFECTS OF PROGRESSIVE MUSCLE    |
|             |                          |                    | RELAXATION TECHNIQUE TO REDUCE       |
|             |                          |                    | PAIN AND PHYSICAL ACTIVITY LIMITAION |
|             |                          |                    | AMONG POST CAESAREAN                 |
|             |                          |                    | SECTION-WOMEN- RANDOMIZED            |
| 18          | ANJALI BRAHMBHATT        | DR. APEKSHA GOSAI  | CONTROLLED TRIAL                     |
| 10          | AND LED ON MINDING       | 2                  | TO STUDY EFFECT OF PILATES EXERCISE  |
|             |                          |                    | AND MYOFASCIAL RELEASE IN PATIENTS   |
|             |                          |                    | WITH CHRONIC LOW BACK PAIN - A       |
| 19          | VANSHIKA KAPADIYA        | DR. APEKSHA GOSAI  | COMPARATIVE STUDY                    |
| 10          | 17.11.511110110117151771 | 1                  | 1/3                                  |

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|    |                             |                   | ATTITUDE AND BELIFE TOWARDS          |
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|    |                             |                   | PHYSICAL ACTIVITY AND EXERCISE IN    |
|    |                             |                   | PATIENTS WITH CHRONIC LOW BACK PAIN  |
| 20 | JEEL PATEL, VIBHUTI PANCHAL | DR. RIMA PANDYA   | A LITERATURE REVIEW                  |
|    |                             |                   | EFFECTS OF THE PRANAYAMA VS          |
|    |                             |                   | BUTEYKO BREATHING EXERCISES IN       |
| 21 | AMISHA PAREKH               | DR. ANKIT SINHA   | COVID 19 PATIENT                     |
|    |                             | ·                 | EFFECTS OF STRETCHING EXERCISE ON    |
|    |                             |                   | PRIMARY DYSMENORRHOEA IN             |
| 22 | PRIYANKA PARMAR             | DR. APEKSHA GOSAI | ADOLESCENT GIRLS                     |
|    |                             |                   | FIND PREVALENCE OF OSTEOARTHRITIS    |
|    |                             |                   | IN YOUNG WORKING PROFESSIONALS A     |
| 23 | DEVANSH PATEL               | DR. ANKIT SINHA   | CROSS SECTIONAL STUDY                |
|    |                             |                   | ROLE OF YOGA IN PCOD POLYCYSTIC      |
|    |                             |                   | OVARIN DISEASE -A QUASI EXPERIMENTAL |
| 24 | SHIVANGI PATEL              | DR. RIMA PANDYA   | ONE WAY STUDAY                       |
|    |                             |                   | PHYSICAL ACTIVITY AND PHISICAL       |
|    |                             |                   | FITNESSPARAMETERS IN UNDER           |
|    |                             |                   | GRADUATE COLLEGE GOING STUDENTS      |
| 25 | SANSKRUTI TRIVEDI           | DR. APEKSHA GOSAI | AGE GROUP BEETWEEN 18-23 YEARS       |

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