



## **ACTIVITIES TO PROMOTE GENDER EQUITY**

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<b>Activity Name</b>	<b>Women Day Celebration</b>
<b>ORGANISED BY</b>	<b>SWARRNIM STARTUP &amp; INNOVATION UNNIVERSITY</b>
<b>Year</b>	2022-2023
<b>Date of the event</b>	6-03-2023
<b>Duration</b>	1 Hours
<b>Expert Details</b>	Dr.Drashti Shah
<b>Faculty Coordinator Details</b> (Name, Designation, Contact Details)	Dr. Jaynesh Vandra Assistant Professor 7874901922
<b>Participant's Branch/Institutes</b>	All University Campus Students
<b>Total Number of Participants</b>	120



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### **“GENDER EQUALITY Awareness Lecture”**

<b>INSTITUTE &amp; DEPARTMENT</b>	<b>AARIHANT AYURVEDIC MEDICAL COLLEGE AND RESEARCH INSTITUTE, AT-BHOYAN RATHOD GANDHINAGAR</b>
<b>ACTIVITY NAME / EVENT NAME</b>	Gender Equality Awareness Lecture
<b>DATE OF THE EVENT</b>	26/08/2023
<b>DURATION</b>	At :- 11:00 AM onwards
<b>ORGANISED BY</b>	SWARNIM START UP & INNOVATION UNIVERSITY
<b>Speakers</b>	Dr. Priya Deshpande, Professor & HOD, Dept. of Prasuti Tantra & Stree Roga, Faculty of Ayurveda, Swaminarayan University, Kalol, Gandhinagar, Gujarat.
<b>Faculty Coordinator Details</b>	Dr. Sameeksha Gaurav, Professor & HOD, Dept. of Agad Tantra

#### **Objective of the event**

Gender Equality Awareness lecture was conducted in our institute with the aim of promoting equal opportunities, rights and participation for all individuals regardless of their gender. The program seeks to address gender-based discrimination, stereotypes and biases that perpetuate inequality. Theme of the program was ‘Embracing Equality’.

#### **Flow of the event:**

Lecture was started at 11 AM , hosted by Dr. Sameeksha Gaurav. She introduced speaker of the seminar as well as objective of seminar. Dr. Priya Deshpande gave the lecture with addressing issues such as gender based discrimination, and also how we can increase the representation and leadership of under-represented gender. The vote of thanks was given by Dr. Sameeksha Gaurav. Certificate was given by Dr, Navin Banarase (principal) to Dr. Priya Deshpande.

#### **Significance / Outcome:**

Faculties and approximately 90 students had taken benefit of this lecture.

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### **Women's Day Celebration-2023**

<b>Name of event</b>	<b>Women's Day Celebration</b>
<b>Date of event</b>	<b>06-03-2023</b>
<b>Coordinator</b>	<b>Ms. Darshika Sawaliya</b>
<b>Organised by</b>	<b>SWARNNIM STARTUP &amp; INNOVATION UNIVERSITY</b>
<b>Time</b>	<b>10:00AM – 12:00PM</b>
<b>Venue</b>	<b>Swarnnim Science College</b>
<b>Reporter's Name</b>	<b>Ms. Dhara Goti</b>

#### **Summary:**

Our university hosted a dynamic Women's Day celebration at the central plaza of Swarnnim start- up and Innovation University, dedicated to honoring and emphasizing women's strength and empowerment. Students (Girls) from across the campus participated in a day filled with activities showcasing the resilience and capabilities of women.

The event kicked off with an energetic aerobics session, uniting students in a celebration of womanhood. A highlight was the yoga session, led by a skilled instructor, serving as a metaphor for balance, strength, and resilience associated with women. Participants learned not only the art of yoga but also gained insights into inner strength and life balance.

The celebration, extending beyond physical activities, fostered a joyful atmosphere of unity and empowerment. Students from diverse backgrounds came together to celebrate women's achievements, creating a sense of camaraderie.

#### **Conclusions:**

The university's Women's Day celebration was a dynamic success, emphasizing women's strength and empowerment through aerobics and yoga. The event, fostering unity and camaraderie among diverse students, showcased resilience and celebrated achievements. In summary, it exemplified the university's commitment to gender equality and empowering women across all aspects of life.



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### **Breast Cancer Awareness Seminar**

<b>Name of event</b>	<b>Breast Cancer Awareness Seminar</b>
<b>Date of event</b>	<b>17/10/2023</b>
<b>Coordinator</b>	<b>Ms. Sonal Panchal</b>
<b>Organised by</b>	<b>SWARNIM STARTUP &amp; INNOVATION UNIVERSITY</b>
<b>Time</b>	<b>10:00AM – 12:00PM</b>
<b>Venue</b>	<b>Swarnnim Science College</b>
<b>Reporter's Name</b>	<b>Ms. Toral Solanki</b>

#### **Summary:**

The seminar on Breast Cancer Awareness held at Swarnnim Science College on October 17th was a significant event aimed at addressing the pressing issue of breast cancer among women, primarily due to the lack of adequate awareness. With Dr. Visha Rathod as keynote speakers, the seminar provided a comprehensive understanding of breast cancer, its causes, preventive measures, and essential healthcare practices.

Dr. Visha Rathod Gave highlighted various risk factors such as genetic predisposition, lifestyle choices, environmental influences, and hormonal imbalances.

They emphasized the paramount importance of regular medical check-ups for early detection, underscoring how timely diagnosis significantly improves treatment outcomes and survival rates. Throughout the seminar, attendees actively engaged in the discussion, posing pertinent questions and seeking clarification on various aspects of breast cancer. Notably, young women expressed particular interest in understanding how they could proactively mitigate their risk of developing breast cancer, reflecting a growing awareness and eagerness to prioritize their health.

#### **Conclusions:**

In conclusion, the Breast Cancer Awareness seminar at Swarnnim Science College, provided attendees with a comprehensive understanding of breast cancer, its causes, preventive measures, and essential healthcare practices. Through insightful presentations and interactive discussions, participants gained valuable insights into mitigating risks, early detection, and survival strategies. The seminar not only dispelled myths but also empowered individuals, especially young women, to prioritize their breast health and embrace proactive healthcare practices. Overall, the event was instrumental in raising awareness, fostering empowerment, and catalyzing positive behavioral changes within the community.



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INDIA'S FIRST UNIVERSITY FOR STARTUP

## SWARNIM STARTUP & INNOVATION UNIVERSITY ACTIVITY REPORT 2023

<b>Institute and Department</b>	AARIHANT HOMOEOPATHIC MEDICAL COLLEGE AND RESEARCH INSTITUTE
<b>Activity Name / Event Name</b>	WORKSHOP ON "PCOD & ITS PREVENTION" ON INTERNATIONAL WOMEN'S DAY
<b>Date of the event</b>	13/03/2023
<b>Duration</b>	11 AM TO 1 PM
<b>Participants</b>	Faculties & Students
<b>Expert Details</b>	Dr. Nehal Gajera
<b>Faculty Coordinator Details (Name, Designation, Contact Details)</b>	Dr. Jaya Srivastava Assistant Professor Community Medicine 8318434551  Dr. Syeda Massarat Sultana Professor , HOD FMT 8801476115
<b>Number of Participants</b>	70 students & 20 faculties
<b>Organised by</b>	SWARNIM STARTUP & INNOVATION UNIVERSITY

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**Objective of the event: (why this event has organize, Brief about Importance of the event)**

**OBJECTIVE** – This event was organized the students & faculties on the account of “International Women’s Day” on date 13/03/2023 as on 8<sup>TH</sup> March 23 there was holiday due to Holi Festival.

To strengthen female by focusing on their health.

We focused on enriching and updating the knowledge of students & faculties about PCOD & how it can be prevented.

To create awareness about PCOD and how it is becoming a serious problem in todays time.

The workshop also highlighted the use biodegradable sanitary napkins and how its helps in menstrual hygiene and in prevention of various female disorders including PCOD.

**Flow of the event: mention the flow / schedule of the event in detail.**

- 1) At 11 am Speaker of the event Dr. Nehal Gajera arrived at college.
- 2) From 11- 11: 30 we had lamp lightening and welcome speech.
- 3) At 11:30 a m we started the session.
- 4) At 1:15 pm the session was finished followed by Felicitation & vote of thanks.

**Significance/Outcome:**

- All the faculties & students enthusiastically participated in the event and their excitement was maintained till the end of the event.
- Everyone came across various reasons of PCOD & PCOS. They came to know how the change in lifestyle and diet & nutrition can bring a major decline in chances of PCOD. Dr Nehal Gajera explained about diet & nutrition which helps to prevent PCOD.
- Being an entrepreneur she displayed her Biodegradable Sanitary Napkin made of banana & orange peel which has proven beneficial in reducing risk of PCOD. She even encouraged students for research & start up in health sector.
- All the faculties and students actively participated in Q&A session.

**Conclusion:**

On 13<sup>TH</sup> March we have organized workshop on “PCOD & ITS PREVENTION” on the account of “International Women’s Day” to strengthen female by focusing on their health. To create awareness about one of the major female health problems i.e. PCOD. Our focus was to enrich and update the knowledge of students & faculties about PCOD & how it can be prevented. The event was a successful one and fulfilled its objective of creating awareness. It was attended by 70 students & 20 faculties.

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## FEW GLIMPSES OF THE EVENT

On the Occasion of  
**INTERNATIONAL**  
*Womens Day*

**AARIHANT HOMOEOPATHIC  
MEDICAL COLLEGE & RI**  
Organizes

**WORKSHOP ON  
PCOD & IT'S  
PREVENTION**

**SPEAKER**  
**DR. NEHAL GAJERA**  
Medical Officer AYUSH  
Govt. Of Gujarat

**CO-ORDINATOR**  
**Dr. Jaya Srivastava**  
Asst Professor

**CO-ORDINATOR**  
**Dr. Syeda Massarat Sultana**  
Professor

**13 MARCH 2023**  
11.00 AM ONWARDS

**SEMINAR HALL**  
Swarnim Startup & Innovation University

[WWW.SWARNIM.EDU.IN](http://WWW.SWARNIM.EDU.IN)



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### Swarnim Startup & Innovation University Activity Report 2023

<b>Institute and Department</b>	<b>Aarihant Homoeopathic Medical College &amp; Research Institute</b>
<b>Activity Name / Event Name</b>	World Breast Feeding Week (1 <sup>st</sup> to 7 <sup>th</sup> August, 2023)
<b>Date of the event</b>	07/08//2023
<b>Duration</b>	1:00 PM TO 4:00 PM
<b>Semester / Year</b>	1 <sup>st</sup> to 4 <sup>th</sup> Year B.H.M.S students
<b>Expert / Judge Details</b>	<ol style="list-style-type: none"> <li>1. Dr. Krushna Biswal</li> <li>2. Dr. Nirav Bhatt</li> <li>3. Dr. Chandani Ganatra</li> </ol>
<b>Faculty Coordinator Details (Name, Designation, Contact Details)</b>	<ol style="list-style-type: none"> <li>1. Dr. S. K. Jha, Professor, Gynaecology and Obstetrics Department</li> <li>2. Dr. Rakesh Sharma, Community Medicine Department</li> <li>3. Dr. Riddhi J. Makwana, Gynaecology and Obstetrics Department</li> <li>4. Dr. Jaya Srivastava, Community Medicine Department</li> </ol>
<b>Number of Participants</b>	60 students
<b>Organised by</b>	<b>SWARNIM STARTUP &amp; INNOVATION UNIVERSITY</b>

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- **Objective of the event:** (why this event has organize, Brief about Importance of the event)
- 1<sup>st</sup> OBJECTIVE -This event was organized as a part of World Breast Feeding Week. Students have made posters and slogans and explained in front of Judges.
- 2nd Objective- This event was organized to spread the awareness and to improve student's knowledge, creativity and ability of presentation / explanation through deep understanding of topic regarding Breast Feeding.

**Flow of the event:** mention the flow / schedule of the event in detail:

- 1) At 9:00 am students have prepared the posters and slogans in the Obstetrics and Gynaecology Department under the guidance of Dr. Rakesh Sharma and Dr. Riddhi J. Makwana to complete the event efficiently.
- 2) Dr. Rakesh Sharma and Dr. Riddhi J. Makwana continuously encouraged students to participate in the completion and monitored the task till the end of the event.
- 3) At 1:00 pm to 4:00 pm, posters and slogans prepared by students were presented / explained to Judges with counter questions raised by Judges. The presentation was also seen by Principal, Dr. Amita Peter Ma'am and Dr. Harsh Trivedi, Deputy Registrar.
- 4) All the participants were appreciated by Judges.
- 5) At 4:30 pm event was ended with photography.

**Significance/Outcome:**

**(Include explanation / presentation by students to Judges, what students understand from the topic they have chosen)**

Students have prepared the posters and slogans and presented it with their interest as well as enthusiasm in front of Judges.

**Conclusion:**

**Poster and Slogan competition for all B.H.M.S students organized by AARIHANT HOMOEOPATHIC MEDICAL COLLEGE AND RESEARCH INSTITUTE, held on 7<sup>th</sup> August, 2023.**

**All the students have actively participated in the event from all the batches of BHMS. Three ranks were given by the judges on content, verbal explanation and presentation of Posters and slogans.**

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<b>Activity Name</b>	<b>Seminar on Women Awareness</b>
<b>ORGANISED BY</b>	<b>SWARNIM STARTUP &amp; INNOVATION UNNIVERSITY</b>
<b>Year</b>	2022-2023
<b>Date of the event</b>	18-8-2022
<b>Duration</b>	1 Hours
<b>Expert Details</b>	Dr.Rima Pandya
<b>Faculty Coordinator Details (Name, Designation, Contact Details)</b>	Dr. Nehansi Chauhan Assistant Professor 9924093239
<b>Participant's Branch/Institutes</b>	Venus Institute of Physiotherapy
<b>Total Number of Participants</b>	60

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## FEW GLIMPSES OF EVENT



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