

# Role of Homoeopathic Drugs in the Cases of Uterine Fibroids with Repertorial Analysis

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**Abstract-** Homeopathy is becoming increasingly popular in whole of the world. Now it is time to prove to the world what homeopathy can offer in surgical diseases. Homeopathic medicines cannot take the place of surgery but can be of great help to the patients, which do not want to go for surgery or cannot be operated upon due to various medical reasons. It is also ideal for underdeveloped and developing countries where financial factor play a major role in deciding the options for treatment. Homeopathic treatment for uterine fibroids can be very efficient and, in many cases, may be the only treatment you will ever need to get healthy again. The patients were assessed on the basis changes in the symptoms during the period of few weeks. In homoeopathic treatment we must observe symptoms of patients. There are some common symptoms of Fibroid:

- Heavy uterine bleeding.
- Prolonged uterine bleeding during menstruation.
- Miscarriage
- Frequent or irregular periods.
- Frequent urination
- Pain during intercourse
- Backache
- Constipation
- Non cyclic pelvic pain.
- Cramps during menstrual periods.
- Weight gain.

**Keywords-** Homoeopathy, uterine fibroid, myomas, true surgical diseases, similimum

## INTRODUCTION

Uterine fibroids are benign tumors that originate in the uterus (womb). Although they are composed of the same smooth muscle fibers as the uterine wall (myometrium), they are much denser than normal myometrium. Uterine fibroids are usually round.

Types of Fibroids:

1. Intramural fibroids, the most common, grow in the wall of the uterus.

2. Sub serosal fibroids grow on the outside of the uterus. As they grow larger, they can cause pain due to their size or pressure put on nearby organs.

3. Submucosal fibroids grow just underneath the uterine lining and can crowd into the uterus cavity and lead to heavy bleeding and other more serious complications.

4. Pedunculated fibroids grow on small stalks inside or outside the uterus.

## AIM AND OBJECTIVES

1. To ascertain the efficacy of homoeopathic medicines in the treatment of the case of UTERINE FIBROID.

2. To assess the utility of repertory in the treatment of the case of UTERINE FIBROID.

3. To establish the miasmatic influence in the case of UTERINE FIBROID.

4. Top used Homeopathy medicine for Fibroid Treatment

- Ammonium Carbonicum: It is another homeopathic medicine used for controlling fibroid problem. When blood looks black in color, clotted and extremely profuse during menstrual time at that time this medicine works as a wonder spell. This medicine also works effective for treating extreme pain in thighs during menorrhagia.

- Kali Carbonicum: Kali Carbonicum is best relief in case when bleeding from uterus continues for too long period and when it causes back pain.

- Ferrum Metallicum: Ferrum Metallicum is one such medicine, which is use for controlling excessive bleeding from uterus due to fibroid. This medicine has shown its best result in case

when there is excessive blood of pale and watery character flow from uterus.

- **Ipecacuanha:** It is another homeopathic remedy work effectively in case of fibroids for treating menorrhagia cases.
- **Cinchona Officinalis and Ferrum Phosphoricum:** Both Cinchona officinalis and Ferrum phosphoricum are excellent homeopathic medicines for curing fibroid in patients with anemia. It helps in improving the hemoglobin count in women who are suffering from fibroid. This medicine is a wonder spell for those women whose hemoglobin count have excessively went down due to extreme loss of blood and anemia.
- **China Officinalis and Ferrum Met:** Both are two well recognized Homeopathic medicines for successfully treating uterine fibroids where symptoms include heavy bleeding and Thalapsi Bursa Pastoris – Effective Homeopathic medicine for uterine fibroids with prolonged menses. Thalapsi Bursa is one of the top-grade Homeopathic medicines for treating uterine fibroids with prolonged menses. The menses continue for 10-15 days. Menses appear very frequently as well. The next menstrual cycle appears even before recovery from the periods has occurred. Menstrual bleeding is profuse, with the presence of large clots. Violent uterine colic during menses may also arise. Cramping pain in the uterus during menstruation in uterine fibroids cases is also suggestive of use of Thalapsi Bursa Pastoris.
- **Calcarea Carb:** Useful Homeopathic medicine for treating heavy periods from uterine fibroids. Calcarea Carb is a very useful Homeopathic medicine for treating heavy periods from uterine fibroids. Menses continue for long and may even appear early. Vertigo during menses may arise. Leucorrhea of thick, milky or yellow color is another complaint that may attend.
- **Belladonna and Sepia Officinalis:** Best Homeopathic medicines for uterine fibroids where menses are painful. Belladonna and Sepia Officinalis are well indicated Homeopathic medicines for uterine fibroids where the menses are painful. Belladonna is best prescribed where there is cramping pain in the uterus during menses, the menses are bright red in color and profuse. Use of Sepia Officinalis is recommended in case of gripping, burning or bearing down pains during menses.

menses start early and are quite copious. Fainting and chilliness during menses may attend. Homeopathic medicine Sepia Officinalis is also indicated for treating painful intercourse in uterine fibroids cases.

- **Ustilago Maydis:** Suitable Homeopathic medicine for uterine fibroids with dark menstrual bleeding. Ustilago Maydis is a highly suitable Homeopathic medicine for uterine fibroids where menstrual bleeding is dark. Clots may also be present in menstrual blood. Uterine bleeding may be stringy in nature.
- **Sabina Officinalis:** Homeopathic medicine for uterine fibroids where clots pass with menstrual blood. In case of menstrual bleeding with clots in uterine fibroid cases, Sabina Officinalis is a significant Homeopathic medicine. The slightest motion increases menstrual bleeding. Pain from sacrum to pubis is another attending feature. During menses, pain in uterus may be present that gets better by lying on the back. Uterine pain may extend to the thighs. Other symptoms include foul, acrid, corrosive, yellow leucorrhea.
- **Fraxinus Americana:** Excellent Homeopathic medicine for uterine fibroids with bearing down sensation. Fraxinus Americana is a top-grade Homeopathic medicine for uterine fibroids which is mostly recommended when the major indicating feature is a bearing down sensation in the pelvis from uterine fibroid.
- **Thuja Occidentalis:** Thuja is also excellent for treating pressure symptoms of urinary bladder by the fibroid, the patient complaint of difficulty in empty the whole bladder at one time. Patient having heavy metrorrhagia with heavy anemia.
- **Trillium Pendulum and Kali Carbonicum:** Wonderful Homeopathic medicine for uterine fibroids with back pain during menses. In uterine fibroid cases with back pain during the menstrual cycle, Homeopathic medicine Trillium Pendulum comes highly recommended. The pain may radiate to the hips from the back during menses. Tight binding of the back and hips provides relief. Menstrual bleeding is bright red and gushing. The slightest movement worsens uterine bleeding. Trillium Pendulum is also indicated for inter-menstrual bleeding every two weeks. Another attending feature is faintness from uterine bleeding. Homeopathic medicine Kali Carbonicum is

selected when there is violent back pain during menses. The pain gets better from sitting and pressure. The menstrual flow is also copious.

- Erigeron Canadensis: Homeopathic medicine for frequent urination in case of uterine fibroids.
- Sabina: Homeopathic Medicine for Uterine Fibroids causing labour-like pains in groin area, Sabina is the next significant Homeopathic medicine on the list for Fibroids in uterus. The key symptom for Sabina use is profuse, partly fluid and partly clotted menstrual bleeding. Based on this specific symptom I have found numerous Fibroids cases recovering wonderfully well under prescription of Sabina. Other symptoms are gushing uterine bleeding, increase of bleeding from slight motion and offensiveness in blood. Another characteristic symptom is pain from sacrum (small of back) to pubes during periods. Labour-like pains may also be present in sacrum and groin region during menses.
- Phosphorus, Lachesis and Ustilago: Top Rated Homeopathic Medicines for Uterine Fibroids, Homeopathic medicines Phosphorus, Lachesis and Ustilago are also know natural cures of Uterine Fibroids. The character of blood during the menstrual cycles decides which of the three to prescribe.

#### MATERIAL & METHODOLOGY

##### Material

1. Project site - Proposed study was undertaken at OPD/IPD/ Peripheral OPD of Sagar Homoeopathic Medical college Sagar.
2. Number of cases - 05 cases were included in the study.
3. Duration of study - The study was undertaken for a period of 12 months.
4. Procuring of medicine - Medicine were dispensed from the dispensing unit of Sagar Homoeopathic Medical College Sagar (M.P.)

##### Methodology:

1. Selection of cases: Selection of cases was done by random sampling method.
2. Inclusion criteria: Diagnosed/undiagnosed cases of Uterine Fibroid were included, irrespective of their age, caste, religion & duration of illness.
3. Exclusion Criteria: The cases without proper follow up were excluded from the study.

4. Diagnostic Criteria: The detailed case taking & clinical examination was carried out to clinch the diagnosis were advised as and when found necessary.

5. Case taking proforma: A case taking proforma was especially designed for the study with the approval of the guide.

6. Case taking: Detailed case taking has been done following Homoeopathic principles.

7. Analysis & Evaluation: Analysis & Evaluation of the symptoms was done according to the Homoeopathic principles.

8. Repertorization: Repertorization was done by using the repertory according to nature of the case.

9. Selection of Medicine: Selection of the medicine was done on the basis of Repertorial Analysis and Concept of totality.

10. Selection of Dose & Potency: Selection of dose & potency was done following Homoeopathic principles.

11. Follow up: Follow-up the cases were done till the establishments of cure.

12. Record: The patient's records were maintained to draw the conclusion.

13. Results: Following parameters were fixed according to the type of the response obtained after the treatment.

- Cure: Feeling of mental & Physical well-being with disappearance of all signs & symptoms for which patient initially approached, without any relapse.
- Improvement: Feeling of mental and physical well-being with relief in all signs and symptoms for which the patient initially approached.
- Status quo: No change in any complaint of the patient in spite of taking the medicine for a period of time.
- Worse: When there is increase in the symptoms, sign and disease continues with its pace and patient gets worse with passage of time.

##### CASE-1

Patient's Name	ABC
Age	49 Year
Sex	Female
Occupation	Housewife
Education	10 <sup>th</sup>
Marital status	Married
Religion	Hindu

- PRESENT COMPLAINS: Metrorrhagia, Stitches pain in the nipple, itching around the

pubenda, menses is too late and scanty, Milky white leucorrhoea

- CHIEF COMPLAINTS: Uterine Fibroid
- MODALITIES: Aggravation – Lying down  
Amelioration – While moving
- PAST TREATMENT HISTORY: NAD
- PAST HISTORY: NAD
- FAMILY HISTORY: Mother was also suffered from uterine fibroid

PERSONAL HISTORY	
Appetite	Normal
Thirst	Decrease
Desire	Salty
Aversion	Sweets
Stool	Constipation
PHYSICAL EXAMINATION	
B.P.	130/80 mm Hg
Respiratory Rate	14/min
Pulse	80/min

OBSERVATORY SYMPTOMS:

- Skin: Enlarged glands

REPERTORIAL RESULT

Conium mac

CASE FOLLOW UP SHEET

Date	Symptoms	Treatments
10.02.17	Metrorrhagia	Conium mac 30 OD
	Delayed with scanty menses	Placebo 30 for 10 Days
	Milky white leucorrhoea	
20.02.17	Metrorrhagia	Conium mac 30 Singal Dose
	Relief in pain in mammae	
07.03.17	Metrorrhagia	Hydrocotyle 200 One Dose Placebo 30 OD for 10 days
09.03.17	Pateint Feel Healthy	Placebo 30 OD
	All symptoms removed and patient feel healthy	

MASTER CHART

S.No.	IPD/OPD No.	Name	Age	Sex	Address	Marital Status	Religion	Prescription	Result
1	2854	ABC	49	F	Semra Sagar	Married	Hindu	Hydrocotyle 200	Cured
2	5140	DEF	52	F	Sadar Sagar	Married	Hindu	Cal carb 200	Improved
3	7033	GHI	43	F	Makroina Sagar	Married	Hindu	Phos 200	Cured
4	14114	JKL	49	F	Bahubali Sagar	Married	Hindu	Thuja 30	Cured
5	22624	MNO	40	F	Kapuriya Sagar	Married	Hindu	Cal carb 200	Cured

MENTAL SYMPTOMS: Indifferent

TOTALITY OF SYMPTOMS:

- Metrorrhagia
- Stitches pain in the nipple
- Itching around the pudenda
- Menses is too late and scanty
- Milky white leucorrhoea

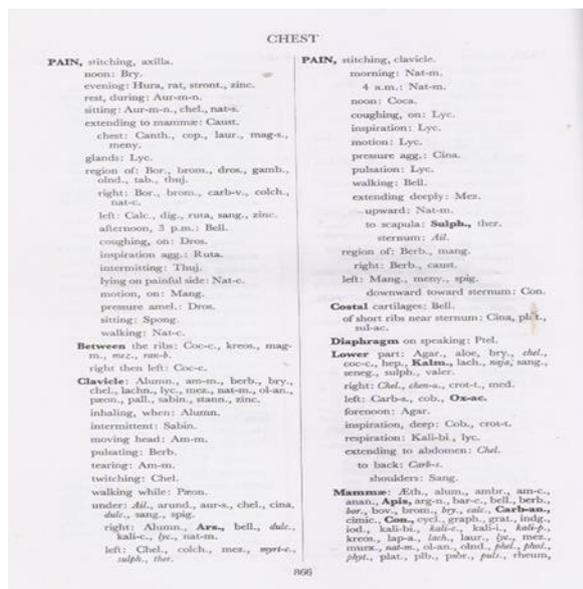
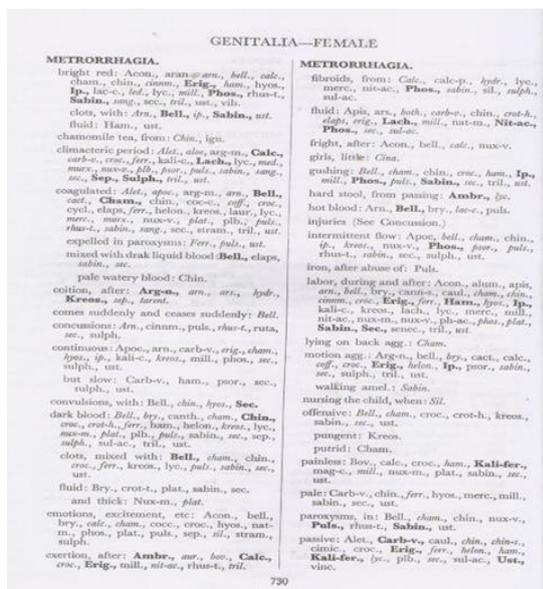
MIASMATIC DIAGNOSIS – Sycotic		
DIAGNOSIS	Uterine Fibroid	
TOTALITY OF RUBRICS		
Genitalia	Metrorrhagia	P No. 730 (R)
Chest	Pain, stiching, mammae	P No. 866 (R)
	Itching, vagina	P. No. 720 (R)
Genitalia	Menses, scanty	P. No. 728 (L)
Genitalia	Leucorrhoea, milky	P. No. 722 (R)

REPERTORIAL CALCULATION

Conium mac- 12/5

Cal fl-7/5

Apis-7/5



**DISCUSSION, SUMMARY AND CONCLUSION**

The study “Role of homoeopathic in the cases of uterine fibroid with repertorial analysis” was undertaken keeping in view of the gravity, incidence, morbidity and probable solutions to counter this clinical experience. Present study was undertaken to assess the clinical sign and symptoms. After careful repertorization homoeopathic medicine was prescribed on the basis of on totality of symptomatic medicine which was prescribed on the basis of totality of symptoms. The study was limited to 10 patients, the selection of whom was based over the criteria fixed at the outset. The cases were diagnosed clinically as having Elephantiasis. and were randomly selected from the outpatient department of repertory, Sagar Homoeopathic Medical College, Sagar (M.P.) Clinical experience in case of Elephantiasis.

Age: The incidence increases above the age of 20 to 50 presentation is usually in the 50s.

Sex: Female.

Weight: This is more common in fatty female.

Geographically: Uterine fibroid is present uniformly all over the world.

Diet: No specific.

Drugs: Immunosuppressive drug and hormonal drugs cause higher incidence of uterine fibroid.

Locations: In uterus.

Character of uterine fibroid:

The first symptom is usually fever irregular and painful menstrual period and abdominal pain.

Back pain.

Frequency in urinating.

Constipation and distended abdomen.

**Miasm**

Elephantiasis cover Sycotic Miasm and psoric background.

Indicated Medicine: The treatment of uterine fibroid was based on totality of symptoms according to which Silicea, thuja carb belladonna sepia Phos. & proved to be the most effective medicine.

Potency: The maximum effective potency is 30,200. Result: In this study of 05 Cases 1 cases are Improved and 5 is cured.

Summary: The study “Role of homoeopathic drugs in cases of the uterine fibroid with repertorial analysis” was undertaking with following objects to ascertainment the efficacy of homoeopathic medicines in the treatment of the case of Uterine fibroid, to assess the utility of repertory in the treatment of the case of uterine fibroid., To establish the miasmatic influence in the case of Uterine fibroid., To establish the repertorial construction in the case of uterine fibroid. The study was undertaken for a period of one year in O.P.D./I.P. D of Sagar Homoeopathic Medical College Hospital & Research Center, Sagar (M.P.), 10 Cases of Uterine fibroids were selected for study. The case history was taking on a proforma specially prepared for the study. Presenting symptoms and clinical examination were carried out to diagnosis the patient suffering from Uterine fibroid. After detailed case taking, repertorization by done using Kent’s repertory. Medicines were prescribed on the basis of repertorial analysis and concept of totality of medicine and were dispensed from hospital dispensary. Follow up of the cases were taken periodically as per gravity of disease ranging from 1 to 2 months. following salient

features have evolved from the study: It is specially in Female at the age between 20 to 50 years. The great majority of cases occur in Low socio economic persons. The uterine fibroid more common in fatty female. Most commonly found in the age of 50 year. The Uterine fibroid have covered the Sycotic miasm. The effective remedy is Silicea, thuja, calcarea carb, Phosphorus, belladonna, sepia. The maximum effective potency is 30 and 200. A thorough study of 10 cases was done in 12 months duration, where each case was studied on the basis of totality of symptoms in an unbiased manner. This establishes the superiority of homoeopathic system of treatment in cases of Uterine fibroid.

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