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# My encounter with Late Dr. Vishpala Parthasarthy

Dr Rajiv Rui Viegas Peres

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My first meeting with Late Dr. Vishpala Parthasarthy Madam was in September 2012 at hotel Villagio, state of Goa during a seminar organized by Njh team in collaboration with I.C.R based on the theme of cardiovascular and metabolic ailments and its homoeopathic

management. Dr Vishpala Madam was wearing a green sari and a sweet smile on her face. I was pursuing my post graduate studies and had come there in pursuit of knowledge. Little did I know that I was going to be in the galaxy of modern pioneers.

It was a small gathering of around 40 homoeopaths. Amongst the great ones present there were Dr. N.L Tiwari Sir, Dr Phansalkar, Dr Prashant Tamboli, Dr A.T Jagose Sir, and of course the only lady who sat right in front was Dr Vishpala Ma'am. My Post graduate colleagues from Belgaum, Karnataka had also come to witness the programme. We learnt about diabetes mellitus, cardiovascular problems and in the evening Dr Vishpala Madam spoke to us, she motivated us to bring out the unknown potential inside us through writings. It seemed all new then but her voice was very reassuring. I wanted to prove myself useful, however after the seminar ended, soon we got back into my old ways of balancing between studies and practice. Years rolled by and I used to closely follow Njh articles because it was helpful to select interesting articles for journal

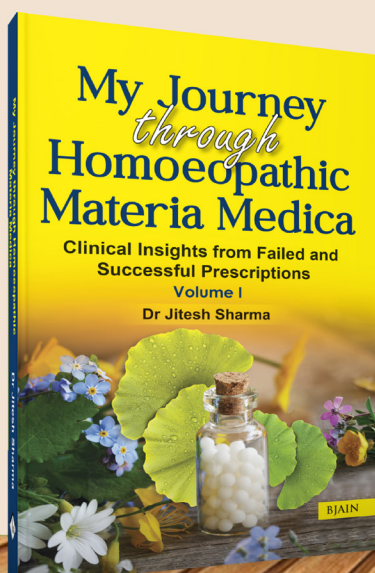
club meetings with our colleagues both during my internship as well as post graduate days. I was not a subscriber still. My journey as a writer began only in 2018 after my mother's death. Writing is what gave me solace. In November 2019 I met my teacher Dr. Shahala Nadaf Madam for the 21<sup>st</sup> All India Homoeopathic Scientific Seminar organized at Belgavi, Karnataka it just before covid 19 had been officially announced. Dr Shahala was one of the editors of Njh and she appreciated my articles which had appeared in the E-magazine Homoeopathy for Everyone. It was upon her insistence that I became a lifetime member and subscriber of Njh, When I started writing for Njh, there I came across Dr Shobha Shah and Dr Satish Kanodia who were both Njh core team members. I often began contributing articles to Njh, at that time I was working as an Assistant Professor in Shri Kamaxidevi Homoeopathic Medical College, Shiroda, Goa. During those years whenever I used to go for CME programmes I was getting acknowledged for my work which appeared in the Njh monthly magazine.

During Covid Njh organized webinar's and I used to enjoy attending them. One such programme that I clearly recollect now is the one on the theme of Headache and Dr Praveen Kumar shared some lovely cases. Post covid I migrated to Gandhinagar, Gujarat to teach as an Assistant Professor in Aarihant Homoeopathic medical college & R.I. My superior was also contributing articles to Njh and our department was making news. Soon I was made a member of an Author's group on whatsapp in which Dr Vishpala Madam would respond promptly in case I raised any

queries. Njh always provided me with new thought-provoking themes such as Anxiety, mind rubrics, paediatric problems, etc. It opened a whole new avenue before me and the editors did their bit to reframe the titles for my articles or sometimes by asking certain documents in order to confirm the authenticity of results. The covid issues were also very interesting as everyone in homoeopathy could find latest developments in terms of how it was managed. In August 2023, I had been to another such CME at Motiwala Homoeopathic Medical College, in Nashik, there I met a resource person who recognized me from the stage only because of reading my articles on Njh. During lunch break he asked me why I write for Njh as it was not a peer reviewed journal?. He asked me to write only in peer reviewed journals. For me personally, Njh gave me a free hand in writing my cases as they appeared or progressed in my clinical practice which no other journal allowed. Most peer reviewed journals made me fill up columns in a certain prescribed way and on account of this my cases lost its actual beauty. Njh did ask me for evidence of results but never made me change my way of presentation. I always looked 2-3 months ahead for themes and prepared in advance whenever possible.

The last article which appeared was on Periodic table row 6. The next article on panic disorders was ready but our beloved Editor had left this world filling our hearts with sorrow. Never did she make it known to us of her illness. I regret not attending the seminar in Baroda last year, where Dr Vishpala herself had come, at least I could have seen this jewel a second time. Nevertheless when Njh announced Homoeoseminar 3.0 at Atal Bihari Vajpayee Auditorium, Rajkhot on 8<sup>th</sup> January 2024, I decided to pay my shraddanjali to Late Dr Vishpala Madam by going there. Here I could meet the fabulous team of young editors of Njh, many of whom I have never seen before. I submit to you all with tons of gratitude for giving me a chance to share my clinical cases through my favourite journal Njh ever since my undergraduate days, where I would enjoy reading articles of Dr Jagose Sir, Dr Ajit Kulkarni Sir, Dr Praful Barwalia Sir, and many others. Dr Vishpala madam gave me the opportunity to write on this same platform. I cannot thank her enough! for this grand opportunity. Dr Vishpala made life of many young students like me. May her noble soul guide the homoeopathic world to persevere in propagating the seeds of homoeopathy. Her enormous contribution can never be forgotten!

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- *Compendium of case records drawn from the author's own clinical experiences offering his wisdom and insights to the profession.*
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