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## “TO STUDY THE IMPORTANCE OF CAUSATION IN HOMOEOPATHIC PRESCRIPTION WITH SPECIAL EMPHASIS ON PLANT KINGDOM.”

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### Abstract:

Homoeopathy gives great importance to causation. Causation is one of the elements of symptoms, which when strong and genuine, is of much benefit in the remedial diagnosis, and so far we have come across several successful cures made by remedies selected on this basis.

In the field of medicine, the word "Cause" has been used since ages. Physicians knew that there can not be diseases without a cause. Homoeopathy goes further and propagates that there is a cause in the dynamic level that comes to activity much before the invasion of microbes. This dynamic cause should be removed to cure a patient. As per the concept of homoeopathy, the cause behind every disease is derangement of the vital force by the dynamic noxious influences called miasms. This is the real cause that flows in to effect in the form of sickness. Hence, tolle causam can be related with both orthodox medicine and homoeopathy, but for the former it is about removing the material cause and for the latter it is the removal of a dynamic cause.

Another expression of cause in homoeopathy is causation, which are the factors responsible for a symptom produced in an individual patient. We know that causation, location, sensation, modalities, and concomitants are the components of a symptom. It is not mandatory to have all these components in a given symptom. The causations and modalities mentioned in the materia medica and also in the repertories are the exciting causes that can result in the production of symptoms in a sensitive or susceptible individual. Our body is sensitive to the external world and reacts to any stimuli on the basis of individual sensitivity and susceptibility developed as a result of the miasmatic background. Some external influences can activate the latent psora and the signs and symptoms are manifested externally. Here, the indicated medicine similar to the signs and symptoms of the patient can be given to achieve a cure.

**KEYWORDS**

Homoeopathy, causations, symptoms, complementary medicines, alternative medicines, constitutional

**Medicines and there causes:****Abies Nigra:**

It is useful in indigestion in those persons, who abuse tea drinking, tobacco Smoking or tobacco chewing.

**Actea Spicata:**

Aliments from change from change of weather and temperature, slight exertion worse from cold air, night, touch, and from fatigue and mental exertion.

**Abrotanum:**

Rheumatism from suddenly checked diarrhea or other secretion

**Aconitum Napellus:**

Complaints from exposure to dry cold air, dry north or west winds, getting Chilled, when perspiring, Suppressed sweat, from fright specially amenorrhea,

Anger, shock, etc. Cough from dry cold wind and draught of air.

**Actea Racemosa:**

Aliments from mental strain, anxiety, fright, disappointed love, exertion and child bearing, mania and from disappearance of neuralgia. Menses delayed or suppressed by mental emotion, from cold or from fever. Rheumatism from using arm in sewing, typewriting, piano playing

**Aethusa Cynapium:**

Complaints during dentition or hot summer weather, after milk, mental retardation

**Agaricus Muscarius:**

Blood poisoning fright, frostbite, mental exertion or excitement overexertion Alcoholism and sexual excess. Chilblain after exposure to cold, epilepsy from suppressed eruptions.

**Agnus Castus:**

Bad effect of suppressed gonorrhoea, complaints from onanism

**Allium Cepa:**

Catarrhal discharge from north –eastern winds, getting wet. Colic from by getting feet wet, over exertion from cucumber, and salads. Neuralgia of stump after amputation, phlebitis after forceps delivery

**Aloe Socotrina:**

Aliments dye to fast food and packed food. Constipation from artificial food bottled food and pregnancy. Sedentary habits and poor diet.

**Apocynum cannabinum:**

Dropsy after typhus, typhoid, scarlatina or cirrhosis after abuse of quinine, Cough during pregnancy.

**Arnica Montana:**

Bad effect of mechanical injury, over exertion, retention or incontinence of Urine after labour. Aliments from spiritual liquors or charcoal vapours.

**Abies Canadensis:**

Uterine displacement due to defective nutrition and debility. Aliments due to excessive loading of stomach

**Abroma Augusta:**

White ulcer at mouth of prepuce caused by excessive passage of sugar in the urine. Weakness of heart worse on movement. Aliments of skin, in summer.

**Actea Spicata:**

Aliments from change of Weather. Complaints after slight exertion. Hypersensitive to cold. Joints swell, cannot touch or move. Tingling sensation specially in old age.

**Aesculus Hippocastanum:**

Aliments in morning and after stool. Complaints on walking, lying, and stooping. Aliments after passing urine.

**Ailanthus Glandulosa:**

Worse after suppressions. Faint on rising up, or vertigo aggravated after lying down.

Aliments after sight of food.

**Allium Sativum:**

Least change in diet causes trouble. Aliments due to cold air and during menses.

**Alstonia scholaris:**

Complaints after exhausting diseases. Diarrhea immediately after eating

**Anacardium orientale:**

Complaints worse after mental exertion. Aliments due to emotions like, anger, fright, care etc. Stepping hard, Motion. Aliments from draft, open air, cold etc. Dyspepsia long after eating.

**Andrographis paniculata:**

Worse during fever. Fever comes at 11am and then again at 7-8 pm. Aliments due to worms.

**Artemisia vulgaris:**

Epilepsy after fright and other violent emotions; after masturbation. Aliments during menses

**Arum Triphyllum:**

Headache from too warm clothing. Worse due to overuse of voice. Aliments from talking and singing.

**Asafoetida:**

Worse at night, during rest, from warm application. Suppressed skin symptoms produce nervous disorder. Orbital neuralgia worse at night. Bad effects of Mercury

**Asarum europaeum:**

Nausea worse after eating. Eyes feel stiff, burn worse in sunlight. Aliments in dry cold weather and emotion

**Avena sativa:**

Aliments due to defective nutrition. Morphine causes nervous exhaustion. Post diphtheritic paralysis.

**Belladonna:**

Aliments from draft of cold air and haircut. Convulsion during dentition. Sunstroke

**Berberis vulgaris:**

Rheumatic and gouty complaint due to disease of urinary organs. Chest complaints and cough after operation for fistula. Aliments from jarring, stepping hard, rising from sitting, fatigue, urinating, twilight.

**Bryonia alba:**

Aliments from chagrin, mortification and anger. Complaints when warm weather sets in after cold days, from cold drinks and ice in hot weather. After taking cold or getting hot in summer, from chilling when overheated and from exposure to draft of cold wind. Aliments from suppressed discharges, menses, milk or eruption of acute exanthema. Diarrhoea during spell of hot weather, from cold drinks when over heated and from fruit or sauerkraut.

**Bellis Perennis:**

Ill effect of cold drinks, when overheated. Affections due to cold wind, blows, fall, Injury, accidents, childbirth. Exposure to wet or getting chilled when overheated. Overwork, overexertion, surgical operation.

**Bovista:**

Aliments due to inhalation of charcoal fumes. Worse from menses, hot weather.

Aliments from getting warm, cold food, wine, coffee, and full moon. Easily intoxicated.

**Baptisia tinctoria:**

Fever with chill around 11am. Worse humid, heat, fog, indoor. Dyspnoea from weakness in chest.

**Capsicum annuum:**

Worse uncovering, open air, cold water and slight drafts. Shivering after drinking. Burning constriction worse between acts of deglutination. Bursting headache worse coughing.

**Cardus marinus:**

Worse lying on left side. Profuse diarrhea due to rectal cancer. Aliments from beer, eating, touch and motion.

**Caulophyllum thalictroides:**

Aliments during pregnancy. Aliments due to suppressed menses. Complaints worse in open air.

**Ceanothus americanus:**

Aliments due to cold weather. Unable to lie on left side.

**Cicuta virosa:**

Aliment after injury to brain. Aliments due to jar, noise and touch. Jerking tearing in coccyx, especially during menses. Worse during dentition and after suppressed eruption.

**Conium maculatum:**

Aliment after seeing moving objects. Ailments after exertion, rising arms, injury and sexual excess. Worse lying down, turning or rising in bed.

**Convallaria majalis:**

Worse in warm room. Palpitation from least exertion. Ailments due to heart diseases.

**Crocus sativa:**

Worse, lying down, hot weather, warm room. Ailments in morning, before breakfast. Ailments during puberty and pregnancy.

**Croton tiglium:**

Worse least food or drink. Cough as soon as he touches the pillow, must get up. Ailments after washing and during summer weather.

**Cactus Grandiflorus:**

Ailments from climacteric, headache and neuralgia. Ill effects of sun, dampness, disappointment in love, grief.

**Calendula officinalis:**

Traumatic affections Post-operative complaints. Traumatic neuroma. Neuritis from lacerated wounds.

**Cannabis sativa:**

Ailments from exercise, exertion, talking, walking, lying down, going upstairs. Aggravated by touch, open air heat. Worse at night after midnight and after a meal, from coffee, liquor, tobacco.

**Caulophyllum thalictroides:**

Ailments during pregnancy, parturition and lactation. Haemorrhage after hasty labour. Haemorrhage after want of tonicity. Haemorrhage after abortion. Uterine debility causes habitual abortion.

**Chamomilla:**

Complaints from anger, especially chill and fever. Toothache from coffee, during menses or pregnancy. Diarrhoea from cold, diarrhoea from anger. Diarrhoea from chagrin. Diarrhoea during dentition. Diarrhoea from abuse of tobacco. Convulsion of children from feeding by mother after a fit of anger. Ailments from abuse of opium or morphine.

**Chelidonium majus:**

Ailments due to change of weather. Ailments from liver or lung disease. Malignant ulcers.

Convulsions due to worms, during dentition and during puerperium. Chronic effects from concussion of brain and spine. Tetanus from getting splinters into flesh. Ailments from suppression of eruptions, brain diseases.

**Cina:**

Ailments due to worms, especially ascarides. Bad effects of pertussis. Complaints after exposure to cold.

**Cinchona officinalis:**

Broken down from exhausting diseases. Ailments from loss of vital fluids such as haemorrhage, excessive lactation, diarrhoea, suppuration etc. Ailments from malaria. Dropsy after acute diseases. Headache after sexual excess or haemorrhage. Bad effects after abuse of tea or chamomilla tea.

**Coca:**

Ailments from mental and physical strain of a busy life. Bad effects of mountain climbing or ballooning. Bad effect due to abuse of stimulants, alcohol and tobacco.

**Cocculus indicus:**

Ailments from riding in a carriage, boat, rail or car. Ailments of drunkards. Bad effects of loss of sleep. Bad effects from mental excitement, night watching, anger and grief.

**Coffea cruda:**

Ailments from sudden emotion and pleasurable surprises. Ailments from weeping.

**Colchicum autumnale:**

Ailments from grief and misdeeds of others. Bad effects of night watching. Complaints from smell of cooking food.

**Collinsonia canadensis:**

Haemorrhoids in later months of pregnancy.

**Colocynthis:**

Ailments from chagrin, anger with indignation. Complaints after diarrhoea and suppression of menses.

**Cyclamen europoeum:**

Ailments from suppressed grief. Ailments from terrors of conscience. Ailments from duty not done. Ailments from bad act committed.

**Digitalis purpurea:**

Complaints due to menopause. After effects of scarlet fever—dropsy.

**Dioscorea vilosa:**

Bad effects from abuse of tea, especially flatulence.

**Drosera rotundifolia:**

Cough after measles. Laryngeal phthisis after whooping cough.

**Dulcamara:**

Catarrhal rheumatism or skin affections due to exposure to cold, damp rainy Weather. Ailments from sudden change in hot wather. Anasarca after malaria, rheumatism or scarlet fever.

Dropsy after suppressed sweat or eruptions or exposure cold. Diarrhoea from change of warm to cold weather.

Bad effects of abuse of mercury.

**Echinacea augustifolia:**

Aliments after operation and injury.

**Equisetum hyemale:**

Worse at close of urination. Worse on right side, movement, pressure, touch and sitting down.

**Eucalyptus globules:**

Aliments due to slow digestion. Worse periodically.

**Eupatorium Perfoliatum:**

Cough after measles or suppressed intermittents.

**Euphrasia officinalis:**

Bad effects from fall, contusions or mechanical injuries of external parts. Coryza from warm, south wind. Dropsy after loss of vital fluids. Dropsy after abuse of quinine. Dropsy after suppressed intermittents.

**Gymnema sylvestre:**

Aliments due to long standing diabetes mellitus. Worse coitus

**Geranium maculatum:**

Aliments after profuse hemorrhages, pulmonary and from different organs.

**Gossypium herbacium:**

Nausea with inclination to vomit before breakfast. Worse motion

**Gratiola officinalis:**

Worse drinking too much water. Vertigo during and after meals. Aliments during summer, motion and after drinking coffee.

**Gelsemium sempervirens:**

Nervous affections due to onanism in both sexes. Bad effects of fright, fear, exciting news and sudden emotions. Diarrhoea from anticipation. Change of weather. General depression from heat of summer or sun.

**Hamamelis Virginia:**

Incised, lacerated or contused injuries from fall. Chronic effects of mechanical injuries. Traumatic conjunctivitis. Uterine hemorrhage from riding rough roads. Bad effects from loss of blood.

**Helleborus niger:**

Melancholy in girls at puberty, after typhoid, when menses fails to return after appearing. Paralysis after meningitis. After effects of scarlet fever or tuberculosis hydrocephalus.

Diarrhea during dentition.

**Hydrastis Canadensis:**

Bad effects from abuse of alcohol—derangement of gastric and hepatic functions. Bad effects of mercury or potassium chloride. After effects of Syphilis.

**Hyoscyamus niger:**

Convulsions of children from fright or worm trouble. Convulsions in children after an attack of measles. Bad effects of unfortunate love—often causes epilepsy. Intense sleeplessness of irritable, excitable persons from business embarrassment. Paralysis of bladder after labour.

**Hypericum Perforatum:**

Bad effects of mechanical injuries of spinal cord, and spinal concussion. Pain after a fall on coccyx. Injuries from needles, splinters and rat bites. Nervous depression due to wounds or surgical operations. Bad effects of shock. Bad effects of fright. Bad effects of mesmerism. Headache after a fall on occiput. Convulsions after blows on head or concussion.

**Hydrocotyle asiatica:**

Aliments after ulceration of womb. Difficult in maintaining the upright position.

**Hyoscyamus niger:**

Worse after emotions like fright and jealousy. Worse, at night during menses after eating when lying down. Aliments due to touch and during sleep.

**Ignatia amara:**

Spasmodic laughter from grief. Bad effects of long continued grief — mental and physical exhaustion. After effects of anger or disappointed love. Complaints mainly convulsions in sleep-in children when reprimanded or scolded. III effects from bad news. III effects from vexation with reserved displeasure. III effects from suppressed mental sufferings. III effects of shame and mortification. Bad effects of tobacco and smoking. Constipation from carriage riding or due to habitual coffee drinking. Proplapse ani from over-lifting.

**Ipecacuanha:**

Nausea from tobacco. Nausea of pregnancy.

**Kalmia latifolia:**

Aliments from, lying on left side, bending forward and looking down. Worse in sun heat.

Aliments in cold weather

**Ledum Palustre:**

Abuse of alcohol causing gouty and rheumatic complaints. After effect of iredeotomy—haemorrhage into the anterior chamber. Punctured wounds from sharp pointed instruments as awls or nails. Bad effects of rat bites, stings of insects, especially mosquitos. Long remaining discolouration agter injury.

**Lobelia Inflata:**

Headache with nausea and vomiting and prostration from tobacco. Abuse of tea or tobacco causes faintness, weakness and an indescribable feeling in epigastrium.

**Lycopodium clavatum:**

Ailments of drunkards. Ailments from anger. Ailments from fright. Ailments from chagrin, mortification. Ailments from vexation with reserved displeasure. Ailments from mental exertion. Ailments from over-lifting. Ailments from over-eating. Ailments from sexual excesses. Ailments from abuse of alcoholic drinks. Ailments from deep-seated progressive chronic diseases. Constipation since puberty. Constipation since last confinement. Constipation when away from home.

Complaints after maltreated pneumonia. Bad effects of onion, bread, wine, tobacco smoking and chewing.

**Lathyrus sativus :**

Aliments after influenza and exhaustive diseases. Aliments after lathyrus poisoning.

**Lilium tigrinum:**

Worse due to warmth of room. Aliments after motion, walking and standing. Worse consolation.

**Lycopus virginicus:**

Aliments due to excitement and exertion. Aliments started after become abuse to heart remedies. Worse after thinking about complaints. Aliments after heat and lying on right side.

**Melilotus officinalis:**

Worse rainy and changeable weather. Approach of storm Motion and 4 pm

**Mezerium:**

After effects of vaccination, eczema and itching eruptions. Headache after slight vexation. Headache on slightest touch. Neuralgic pains after zona. Ailments from abuse of mercury—bone affections.

**Millefolium:**

Ailments from over-lifting, over exertion or a fall. Profuse hemorrhage from wounds, especially after fall. Haemoptysis after injury. Haemoptysis in haemorrhoidal patients. Haemoptysis from rupture of blood vessel. Painless bleeding after miscarriage.

Painless bleeding after great exertion. Painless bleeding after abortion. Cough after suppressed menses. Cough after suppressed haemorrhoids. Cough after a fall from height.

Cough after violent exertion.

**Nux Moschata:**

Complaints of pregnancy. Diarrhoea in summer. Diarrhoea from cold drinks. Diarrhoea in autumn. Diarrhoea from boiled milk. Diarrhoea during dentition. Diarrhoea during pregnancy. Eating a little too much causes headache, nausea and vomiting from wearing pessaries. Cough from over-heating.

**Nux Vomica:**

Ailments from want of exercise-sedentary habits. Modern life style. Ailments from taking tobacco, coffee and alcohol. Irregular diet and over-eating. Long continued mental exertion and loss of sleep. Sedentary habit and sexual excess.

**Opium:**

Ailments from fright. Ailments from charcoal vapors'. Ailments from inhaling gas. Ailments of drunkards. Spasm of children from seeing strangers, from nursing after fright of mother and from crying. Involuntary stool after fright. Involuntary stool from paralysis of sphincter. Retention of urine after labour. Retention of urine from excessive use of tobacco. Retention of urine in nursing children. Persistent diarrhoea after abuse of drugs. Paralysis of brain or convulsion from suppression of acute exanthemata.

**Ocimum sanctum:**

Ailments after remittent fever. Toothache, worse at night, on touch and from cold. Ailments due to lack of concentration.

**Plantago major:**

Periodical prosopalgia, worse 7 am to 2 pm.

**Podophyllum peltatum:**

Ailments from over-lifting or straining-prolapse of uterus. Ailments from prolapse of uterus. Ailments from abuse of mercury.

**Phytolacca decandra:**

Rheumatism and neuralgia after diphtheria, gonorrhoea, and syphilis and from abuse of mercury. Parotid and submaxillary glands indurated after diphtheria or scarlet fever.

**Pulsatilla nigricans:**

Ailments from puberty, have never been well since that time. Ailments from grief, anger, fright. Ailments from overstudy. Ailments from eating rich food, fat food, cake, pastry, sausage, ice cream etc. Ailments from deranged stomach. Ailments from heat of the sun.

Ailments from loss of vital fluids. Ailments from sexual excesses. Ailments from suppression of menses. Ailments from abuse of tobacco, quinine, iron, mercury, tonics, sulphur etc. Ailments from after measles. Ailments during pregnancy and lactation. Ailments from getting wet. Diarrhoea from fruits, cold food or drinks, ice cream etc. Suppression of menses from getting feet wet. Styes from eating fat, greasy or rich food or pork.

**Ratanhia:**

Ailments of early months of pregnancy—toothache.

**Ranunculus Bulbosus:**

Bad effects of alcoholic beverages—spasmodic hiccough, delirium tremens. Ailments from sedentary habit. Ailments from needle work, typewriting, piano playing etc. Ailments from atmospheric changes. Ailments from sudden exposure to cold while overheated or vice-versa, pleurisy or pneumonia. Intercostal rheumatism from wet stormy weather.

Intercostal neuralgia after herpes zoster.

**Rheum:**

Ailments from dentition. Ailments from abuse of magnesia.

**Rhododendron:**

Ailments from thunder-storm, especially electrical storm in nervous persons. Toothache in spring. Toothache from change of weather. Toothache from thunder-storm. Toothache from windy weather. Rheumatic pain in limbs from wet, cold, windy weather. Induration and swelling of the testicle after gonorrhoea or rheumatic complaints.

**Rhus Toxicodendron:**

Ailments from getting wet, especially after being overheated. Ailments from exposure to cold and dampness lying on damp –ground. Ailments from over-exertion. Ailments from trauma. Ailments from spraining or straining a single part, muscle or tendon. Ailments from overlifting, particularly from stretching high up to reach things. Ailments from too much summer bathings in lake or river. Headache from beer, from least chagrin. Paralysis from getting wet on lying on damp ground. Paralysis from overexertion. Paralysis from parturition. Paralysis from sexual excesses. Paralysis after malaria or typhoid.

**Rumex Crispus:**

Ailments from exposure to cold, mainly hoarseness.

**Ruta Graveolens:**

Ailments from mechanical injuries of bones and periosteum. Ailments from sprains, fractures and dislocations. Lameness after sprains. Phthisis after mechanical injuries to chest. Aching in and over eyes, blurred vision after using eyes at fine work, watch-making, engraving or looking intently. Amblyopia or Asthenopia from overexertion of eyes, overuse in bad light, fine, sewing and over-reading at night. Constipation from inactivity or impaction following mechanical injuries.

**Rhus venenata:**

Profuse watery stool at 4 am. Ailments from heat of bed.

**Robinia pseudacacia:**

Headache due to gastric complaints. Ailments due to hyperchlorhydria.

**Salix nigra:**

Ailments due to excessive sexual desire. Marked nervous disturbances before and during menses.

**Senega:**

Worse walking in open air and during rest. Ailments from pressure and touch. Cough aggravated after lying on right side.

**Sabina:**

Ailments from abortion or premature labour. Retained placenta from atony of uterus. Menorrhagia during climacteric in women who formerly aborted. Inflammation of ovaries or uterus after abortion or premature labour.

**Sabadilla:**

Ailments from worms—nervous diseases, twitching, convulsive, tremblings, catalepsy etc. Headache from too much thinking. Headache from too close application or attention.

Headache from worms.

**Sambucus Nigra:**

Ailments from violent mental emotions, anxiety or grief. Ailments from excessive sexual indulgence. Ailments from abuse of arsenicum. Ailments from fright.

**Sanguinaria:**

Ailments during menopause—headache, flushes of heat, leucorrhoea, burning of palms and soles etc.

**Secale Cornutum:**

Ailments from lifting—miscarriage. Ailments from injury—gangrene. Ailments from sexual excess. Ailments during pregnancy and after delivery. Ailments during menopause.

Ailments from suppression of menses, lochia, milk or sweat.

**Staphisagria:**

Mental effects from onanism and sexual excesses. Memory weak, indifferent, apathetic from sexual abuse. Ailments from fright, envy or chagrin. Indignation. Trembling and exhaustion and getting sick from being insulted. Effects of mechanical injuries from sharp cutting instruments and surgical operations. Colic after lithotomy or cophrectomy. Frequent urination after difficult coition and labour. Cough after tobacco smoke. Fig warts after abuse of mercury.

**Stramonium:**

Mental symptoms, especially loquaciousness from suppressed menses. Pupils dilate when child reprimanded. Vomiting from seeing a bright light. Convulsions from sight or bright light, mirror or water. Metrorrhagia and delirium from retained placenta.  
Fear and fright from darkness.

**Symphytum:**

Ailments from mechanical injuries, blows, bruises, thrusts on the globe of the eye. Pain in eye after blow of an obtuse body, snow-ball strikes eye, infant thrusts its fist into the mother's eye. Pinching pain and soreness of periosteum after an injury. Bad effects from abuse of arsenic and many modern drugs.

**Tabacum:**

Ailments from cerebral irritation. Amaurosis from atrophy of retina or optic nerve. Ailments from travelling in ship—deathly nausea, pallor, coldness etc. Diarrhoea from excessive smoking. Palpitation from lying on left side. Ailments from abuse of tobacco.

**Thuja Occidentalis:**

Ailments from badly treated or suppressed gonorrhoea. Ailments from abuse of tea, coffee, fats, tobacco, onions, sweets, sulphur and mercury. Ailments from vaccination.  
Ailments from walking or riding. Headache from sexual excesses, over-heating and from tea.

**Terminalia arjuna:**

Ailments after heart disease both organic and functional.

**Urtica urens:**

Worse from cool moist air and bathing. Ailments from snow air and touch.

**Veratrum album:**

Cholera after fright. Ailments during pregnancy. Diarrhoea with cramps and prostration after fright. Ailments from abuse of opium, alcohol and tobacco.  
Pain in limbs in wet weather.

**Veratrum Viride:**

Headache, nausea and vomiting from suppressed menses. Ailments from exposure to sun heat, especially sunstroke.

**Valeriana officinalis:**

Ailments due to hysteria and over sensitiveness. Otalgia from exposure to draught and cold

**Verbascum Thapsus:**

Ailment from change of temperature. Ailment from talking sneezing and biting hard.  
Worse at 9 am to 4 pm.

**Viburnum opulus:**

Ailments after lying on affected side. Worse in a warm room, evening and night.

**Vinca minor:**

Weakness due to excessive menstruation. Hemorrhage from fibroids.

**Viscum album:**

Worse in cold stormy weather. Ailments after movement and lying on left side.  
Worse become chill while hot.

**Xerophyllum :**

Worse, application of cold water. Ailments in afternoon and evening.

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