



Approach Of Homoeopathic Medicine In Acute Abdominal Pain

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What do you mean by the term Acute Abdominal Pain? A Lot of people get confused between a stomach pain which could be due to some gastric issues and the term acute abdominal pain. Acute abdomen refers to a sudden, severe abdominal pain and requires immediate diagnosis and cure. It is such a condition in which quick attention and treatment is needful. Abdominal pain is common and often minor. Abdominal pain is pain that occurs between the chest and pelvic regions.

Abdominal pain can be crampy, achy, dull and sharp or intermittent. Its also called a stomachache. Major organs located in the abdomen includes intestine, kidneys, appendix, spleen, stomach, gall bladder, liver and pancreas. Viral, bacterial or parasites infection that affects the stomach and intestine, may also cause significant abdominal pain. This type of pain can be described as localized, cramp like or colicky.

Localized pain is limited to one area of the abdomen. This type of pain is often caused by problem in a particular region. The most common cause of localized pain is stomach aches. Cramp like pain may be associated with diarrhea, constipation and bloating. In women, it can be associated with menstruation, miscarriage or complication in the female reproductive organ. This pain comes and goes and may completely subside on its own without treatment.

Colicky pain is a symptom of more severe condition such as kidney stone. This pain occurs suddenly and makes feel like as severe muscle spasms. Older adults and those who have HIV infection or who are taking immune suppressant may have less abdominal pain than younger or healthy adult with a similar disorder, and if the condition is severe, the pain may develop more gradually. Approximately 50% cases are admitted to general surgical unit urgently.

Abdominal pain has a large number of possible causes and so therefore a structured approach is compulsory. The treatment of pain is a collaborative effort. Causes can be divided into six large categories including inflammatory, mechanical, nephrotic, vascular, congenital and traumatic. Who are in unstable condition have severe abdominal pain with concerning and abnormal vital sign such as fever, low blood pressure, increased heart beat and loss of consciousness.

Homoeopathic medicines are prescribed on the basis of individualization and symptom similarity by using holistic approach. On the basis of cause, sensation and modalities of the complains the appropriate medication is provided.

- *Aconitum napellus*: Hot, tense, enteritis. Sensitive to touch. Colic, no position relieves. Pains are intolerable, they drive him crazy; restless; at night. Abdominal symptoms are better after warm soup. Burning in the umbilical region.
- *Aloe socotrina*: Pulsating pain around navel, worse pressure. Cutting, gripping pain under the right ribs or in the right hypochondrium, right lower portion of the abdomen; excruciating before and during stool; all pain ceases after stool, leaving profuse sweating and extreme weakness; copious flatus.
- *Belladonna*: Distended, hot. Transverse colon protrudes like a pad. Tender, swollen. Pain as if clutched by a hand; worse jar, pressure. Cutting pain across; stitches on the left side of abdomen, when coughing, sneezing or touching it. Extreme sensitiveness to touch.
- *Mag phos*: Enteralgia, relived by pressure. Flatulent colic, forcing the patient to bend double; relieved by rubbing, warmth, pressure; accompanied with belching of gas, which gives no relief. Bloated abdomen, must loosen clothing, walk about and constantly pass flatus.
- *Nux vomica*: Flatulent distention with spasmodic colic. Colic from uncovering. Liver engorged, with stitches and soreness. Colic with upward pressure, causing short breath. Strangulated hernia.
- *Plumbum metallicum*: Excessive colic, radiating to all parts of body. Abdominal wall feels drawn by a string to the spine. Intussusceptions; strangulated hernia. Abdomen retracted, obstructed flatus with intense colic. Colic alternates with delirium and pain in atrophic limbs.

Polygonum punctatum: Gripping pain, with great rumbling, nausea and liquid faeces. Flatulent colic.

- *Dioscorea villosa*: Feeble digestive powers. Violent twisting colic, in paroxysms, as if intestines were grasped by powerful hand. Colic pains <from bending forward and while lying >on standing erect or bending backwards.
- *Dulcamara*: Colic from cold. Acts prominently on umbilical region. Cutting pain around the navel. Swelling of the inguinal gland.

Chamomilla: Flatulent colic, after anger with red cheeks and hot perspiration. Hepatic colic, acute duodenitis.

- *Colchicum autumnale*: Ascites. Borborygmi. Pain over liver region. Caecum and ascending colon distended. Autumnal dysentery; white mucus

Lycopodium: Hepatitis, atrophic form nutmeg liver. Pain shooting across the lower abdomen, from right to left. Abdomen bloated, constant sense of fermentation, like yeast.

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