



Original Research Article

Volume 12 Issue 6

Nov-Dec 2023

## STUDYING STAPHYSAGRIA FROM PRACTICE THROUGH ORGANON

Dr. Rajiv Rui Viegas Peres M.D(Hom)

Assist. Prof, Dept. of Organon of Medicine at Aarohant Homoeopathic Medical College & Research Institute, Bhojan Rathod, Gandhinagar Gujarat

Email: peres.rajiv2785@gmail.com

### Case 1 of Chronic Sinusitis with trapezitis

**Abstract:** This is a case of an old looking artist who presented with sinusitis as a presenting complaint but it was later revealed that he was obsessed with sex but had to suppress his drive due to ill health of his girlfriend. Staphysagria helped to relieve his trapezitis as well as sinusitis related headaches.

**Keywords:** Suppressed sex----Anger violent----Staph

**Introduction:** Sinusitis may be a common clinical condition and habit of smoking here acts as a maintaining factor but unless this kind of addiction is covered up by the indicated remedy his craving for smoking cannot be controlled.

A 41year old Artist (Tubercular built) visited my clinic on 18<sup>th</sup> June 2020 with complaints of trapping of some nerve along the upper border of left trapezium muscle since about 1 year. Pain was as if dislocated and >stretching. Even at night he would do stretching for long hours. He had neck pain issues since long and left sided migraine headaches since last 10 years headaches were at times very severe and he could not bear any noise, photophobia however he would have high sex drive. Headaches were due to recurrent sinus problem, since childhood. He loves having a lot of sex. Sex relieves his headaches. Although he didn't have any sexual problems, he highlighted the thing that he is very sexy and that any problem can be sorted out by having sex. His matra was "Sex is the solution to all his problems". His girlfriend complained of his high sex drive that he fights with her if she cannot have sex due to menses. He also has left hand numbness which doesn't permit him to play the guitar. He was so reserved that every question that I asked him, he would twist it and throw it back on me. His girlfriend admitted that he is good at covering up. It was very irritating to the physician the manner of his replies. When asked about anger he denied it out rightly and

said that anger transcends and that why should one react without need arising but his girlfriend confirmed that he had punched the refrigerator and the wall in anger and also broken several mobiles when they would fight or if he felt frustrated hearing her comments.

He is clean by habit and his girlfriend would ask him to clean the dishes. He would always talk in riddles and say that nobody understands him but if they don't get it it's okay. He said he didn't feel bad. But his girlfriend reminded him that whenever she insulted him then he would snap back. He was not talking to his two sisters who live in the village. He said that he doesn't need that. He travelled the world alone. He had no friends. When he met his girlfriend, he was very sad. Presently He lives with his girlfriend and said that his only fear is that she might leave him. He would contradict his girlfriend and justify his action assertively when she complained that he has habit of playing mental games. He knows how to get the truth from her by asking seeming irrelevant questions. When she met him 10 years ago, he was a strong believer in God but then something went wrong and now he exists without religion. In the past he had attempted suicide twice by consuming sleeping pills due to girlfriend's relationship problems. He was prepared to kill anyone who might threaten to harm his girlfriend.

History of dashing against the door and suffering from a seizure. He had a good timing for humour. His lips and teeth were dark due to smoking 6 cigarettes a day as he was trying to give it up. He could be very creative with light decoration or quick to learn things but should be in a mood. 2 years ago there was a time where their relationship was strained and as they were fighting he ran naked in the colony (He says that was a way to gather attention), she thought that he lost it and wanted to leave him but he pleaded her to stay. He confessed that he is very content with life and said that he doesn't think much as if one thinks much then one ends up taking wrong decisions. And one who thinks fails to act hence all time should be spent in acting. So directly act. He said my girlfriend thinks that I am serving her but actually she is the one who is serving him. There was a lot in his past but he was unwilling to reveal said that it was a long story and doesn't want to remember it. His girlfriend told that he is very emotional and gets influenced easily. His needs were eat, sleep and sex. Sex is the most important he stressed. He was fond of sweet things +2 and spicy also. Hot patient. His mother expired of Pulmonary tuberculosis and the doctors operated her and fucked her lungs. Father is only having hypertension. He fights for injustice only if it directly concerns him or his girlfriend. His girlfriend had health issues due to which she could not satisfy his sexual appetite for the last 2 years and hence they were always quarrelling. He also has complaint of numbness of left toe specially while riding the car. Repertoriation 1) Fear his wife will desert him 2) Throws things in anger. **Staphysagria 200**, 1 single dose was selected also because of the suppression of sexual desire on account of his girlfriend's ill health and due to shamelessness of sexual matters whereas otherwise he is a very blocked person.

**Follow up after 25 days-** Neck pains reduced not gone as yet and still feels need to stretch the neck, but overall, he's sinus attacks have reduced to much less as well as his headaches and he is not as restless as he used to be.

**Discussion:** Usually, these types of individuals are never seeking self-help. It is always a loved one who forcefully brings them for medical treatment. We find in his family history strong tubercular-syphilitic taint which predisposes him to have a tubercular diathesis.

**Conclusion:** Sinusitis can be helped by constitutional treatment which in this case was achieved with Staphysagria remedy.

**References:** Case was repertorised with help of Repertory to Practical materia medica by Written by Dr Mohinder Singh Jus. Publisher-Homoeosana Switzerland in 2017.

## **Case 2 of PCOS**

**Abstract:** This is a case of a teenage girl balancing between her demands of romantic love and love from parents and family. The insults from parents due to disapproval of the boy selected by her leading into PCOS complaints.

**Keywords:** Honour wounded---Anger suppressed---PCOS

**Introduction:** This case shows the struggles faced by a girl if she dares to choose her life partner and specially the added opposition imposed by her own family members generating negative feelings and suppression of menses.

On 8<sup>th</sup> July 2019 a 21 year old girl presented with complaints of Poly cystic ovarian syndrome since last 4years. Menses irregular. Complaints of constipation and bloating. In June month she did not have her menses. There was lot of pressure and worry about the future as her studies were coming to an end and she desired to be independent and settled. She was in love with a boy belonging to a different religion and her own mother humiliated her in front of society by spreading false stories that she is about to split up from her boyfriend since she had heard them arguing over the phone. Her mother tried to initiate proposals for her, also brought the priest home and sprinkled holy water assuming that her boyfriend had done black-magic to win her daughter. Her mother was damaging her image since last 5 years, this subjected the patient to undergo lot of humiliation and she felt like slapping her (But cannot out of respect for her mother).

Usually, she is the type who confronts directly people who spread rumours face to face. Her father was her support in the beginning but now she realized that her father had leaked out her secrets to her mother. Both her parents had disrespected her boyfriend by not inviting him to their home when he was in need of shelter, rather they insulting him. She cannot accept that her parents have disrespected her boyfriend. Now her boyfriend has gone abroad to earn money for their future. Still, they are questioning his intentions and suspecting that he will cheat her. Since childhood her mother has dominated her. Her elder brother is always

favoured and he can bring his girlfriend home and stay although they are not yet married and even physical relation is permissible because she has given full liberty for him. He can even call her with bad names and she doesn't have a problem. This brother of her used to molest her when she was small and when she reported it to her mother. Her mother told that she must be telling lies. Since then her brother is very rude to her and doesn't want to give her any right to ancestral property. She hates the presence of her elder brother.

She fully understands that they are all waiting for her to leave. With all this going on in her mind she wonders where is her respect as a daughter. She has fear of becoming insane (daily stress), fear of losing her father, her boyfriend and being alone. By nature, she is very short tempered and highly emotional. She can't bear injustice, cannot forgive nor forget. When feels she is being attacked, she walks away, isolates herself and chooses not to talk to anyone and act rude and tough. Feels very lonely and depressed. Does not cry much like before. Consolation aggravates. Her mood is changeable and she wants her freedom. She is fond of sweets and peanut butter. Hot patient, thirstless. Considering her Anger with silent grief, The wounding of her honour and sensitive to injustice. I prescribed **Staphysagria 200**, 1 single dose

**Follow up after 6 months-** Got her menses 20 days after beginning the medicine. USG abdomen was done but it still showed PCOS. No menses in August, September 2019. She complained that her brother was plotting against her. Her menses stain was difficult to wash, she had become mistrustful about everybody, Time passed slowly, her memory was failing. When she used to be alone in the room, she used to feel that something is around her. There was desire to travel and went for a trip to Kashmir, not once her mother phoned her to inquire how she was. Here she got sexually involved with her boyfriend and developed tremendous fear of pregnancy. She also had craving for apples+2, Oranges+1. Hot patient with fear of existence. Considering the above state I prescribed Medorrhinum 200, 1 single dose

**Follow up after 3 months-** No menses still. There was lot of pent-up anger seen on her face which she was suppressing. She craved for peanut butter. Loss of weight to 59 kgs due to stress, earlier she was 70 kgs. I prescribed her **Staph 10 M**, 1 single dose and advised for USG of abdomen.

**Follow up after 4 months.** Got menses regularly. Felt calm.

**Discussion:** Higher potencies were preferred because this girl was affected at the level of emotions and honour, insults of long standing require dynamism in medicine to hold and health. As the totality changed so also the remedy was different, however Staphysagria stood out as the constitutional remedy for this case.

**Conclusion:** Staphysagria harbours lot of insults, anger with silent grief, emotional causes of diseases (Psycho-somatic diseases). Remedy helped to restore the menses.

**References:** Hahnemanian textbook of classical homoeopathy for the professional-by Luc de schepper published by B.Jain publisher 2007

### **Case 3 of Stye on Right eyelid**

**Abstract:** This case is an example of psycho-somatic development of stye as a result of ego hurt due to deprivation of recognition from his superiors.

**Keywords:** Humiliated----by superior----result stye

**Introduction:** Catholic priests live by vows of chastity and service at community level. They are assigned tasks by their superiors and it is the superiors that validate their work by appraisals.

on 25<sup>th</sup> May 2020 a 38 year old catholic priest presented with complaints of pain and swelling in right eyelid,<moving the eyelids, cold feeling in right eye since 3 days, Feeling as if sand is there in the right eye. >warm application. He was hot patient and thirstless. He is diabetic since last 2 years. Problem began after conflict with other priests; the senior priest sidelined him while preparing yearly planner of events for their Parish. He felt very humiliated. He announced a 1 month vacation and left for home. Although he was at home yet he was unhappy. Could not accomplish any work. He also complained of a scratchy throat since today morning with feeling as if someone is chocking him from inside. Also another younger priest had recently joined and wanted to have his bedroom as it was very spacious. He out rightly refused it. He had an old aunt whom he looked after. As a priest he had given his 100% to the betterment of the parish however he could not tolerate this injustice and had almost decided to resign from his profession. Luckily another spiritual guide advised him to stick on. He was very angry but had to shut his mouth. Every suggestion he gave was turned down. The senior priest was highly influential and dominating. All this had made him sleepless. On examination it was found that he was developing a stye. Considering the Anger with vexation and suppressed anger. Ailments from wounded honour I selected **Staphysagria 1M**, 1 single dose.

**Follow up after 4 days-** After the medicine he felt that obstruction feeling like while blinking his eyes had disappeared. No sand like feeling. He could sleep better and felt a lot of peace within; On the second day he could apply his mind and do much work. He rejoined the same parish and aborted the idea of resignation. He occupied the same spacious room as previously. The cherry on the cake was he received a transfer within a week to another parish which was a huge blessing to his missionary work.

**Follow up after 1 month-** No recurrence of the complaint. Keeps in good health.

**Discussion:** Stye is a benign tumour produced in the eyelid a symbolic representation of blocked emotion of anger. A feeling of reserved displeasure producing anger and ultimately tumour.

**Conclusion:** Stye resolved with staphysagria and prevented him from losing his vocation, once again making him submissive towards his higher calling.

**Reference:** Keynotes and characteristics of materia medica by H.C Allen 2<sup>th</sup> edition published by Indian books & periodicals Publishers.

#### **Case 4 of obsessive-compulsive disorder**

**Abstract:** Acne in adolescence coupled up with O.C.D and effeminate features with concentration problems.

**Keywords:** Masturbation----O.C.D----Suicidal disposition

**Introduction:** This case is about the evolutionary journey of a disease in a boy who was ambitious but under influence of strong syphilitic miasmatic forces culminated into crash at academics and finally ending into suicide at a tender age.

On 6<sup>th</sup> February 2018 A 17 year old boy presented with complaints of pimples on face which leave bad scars. This problem began when he was in class eight (13 years). He went to a dermatologist and took treatment. 6 months later developed washing mania. Was referred to a psychiatrist and after 6 months of her treatment improved. He had a voice and body language which was feminine. On account of this his friends in higher secondary school made mockery of him. His second problem was excessive sleeping and weakness. He was also so lazy that he didn't even pick up his used underwear; his mother would wash it for him. Since he was the only child he was also pampered a lot. He seemed obese and all the time he was hooked to the internet and so addicted to it that his parents had to remind him to pass his stools. Spent sleepless nights watching pornography and masturbated everyday 3-4 times. He was brought up in a religious was so there was tremendous guilt within him. He could not bear criticism. He would demand for new clothes every weekend and harass the parents if demands were not complied to. He would throw water on the mother, point the knife to the father and beat him up also in order to get a new bike. The he would bunk college which created a bad image of him in college. He failed his class eleventh exam and Initially he had joined higher secondary in the science stream as it was prestigious thing to do before his friends and society soon it was realized that he couldn't cope. His father pleaded to the principal and changed his stream to arts. Yet he failed due to bad company of friends. He was highly ambitious. He aspired to be a great historian and do PhD in history and also to meet the queen of England. He felt hopeless since his father could not afford this much and insisted on sending the father abroad in order to earn money like other people's parents were doing. He liked everything Royal, antique things, special violin, also he liked a girl who was from a high caste. But it was a secret love, he was too shy to express and feared being rejected. His other important fear was his image being spoilt hence he was very choosy of his company and only wanted to deal with high class people except his higher secondary friends. He would lie to his father that he is going to college and enjoy rides with his friends. Every day he would

find a new fault and quarrel with his parents. There was history of mental illness on his mother's side and this child was born after several years when the mother was nearing forty. He was obsessed with collecting death certificates of his ancestors and that was his favourite pastime. The officers at the birth and death registry were fed up with his visiting them. His other dream was to be the sultan of Oman just because he was born in Oman. He desired sweets+2 and was chilly, thirstless. Desired cold drinks and had aversion to vegetables. I prescribed him **Staphysagria 10 M**, 1 single dose.

**Follow up after 1 month**- After Staphysagria he sweated more and old eruptions returned in more intensity. Started completing his work on time (Assignments), He became good to his parents. Allowed his father to use his new bike. In the whole month there was just one quarrel. He was less irritable. He stopped masturbation. Now thinks of friends just as a part of life and focuses on career. Gave up eating non-veg and reduced 2 kgs.. He passed his eleventh class. He was kept on placebo for 6 months. In this period he went with his family to a vacation in Daman and Diu, where they had some ancestral link. Unfortunately, 7 months later he suddenly committed suicide by hanging himself without any provocation. He asked his mother to prepare soup and said that he was going for bath but instead went inside his bedroom and ended his life. The whole village was shocked because outside he had maintained a very good image but his parents suffered immensely from his ill mannered behaviour. The father accepted his death saying that if he had lived then he would have completely diminished their family name and honour. This case demonstrates the syphilitic dimension of Staphysagria.

**Discussion:** Staphysagria although has syphilitic aspect yet it was unable to halt the miasmatic activity leading into sudden death.

**Conclusion:** Even constitutional medicine can sometimes fail to yield positive results if the environment (Internal and external) is not conducive towards positivity.

**References:** Essence of materia medica by George Vitholkas

### **Case 5 of Asthma**

**Abstract:** This case is of a young boy who suffered from harrassments at his boarding school leading to breathing issues.

**Keywords:** Harassed----Anger suppressed----Asthma

**Introduction:** Orphan students are often mistreated by their superiors in boarding schools since there is nobody to stand up for such kids. These conflicts produce breathing problems which can get overlooked by treating physicians.

On 27<sup>th</sup> January 2020 a 17 year old boy presented with complaints of asthma since last 5 years < in humidity, > outdoors. > sitting, < lying down. He loves football but exertion worsens his asthma then he has to stop running. His asthma is worse at night on going to

sleep. He had an abashed look on his face. On inquiry it was revealed that his asthma issue began 5 years ago when he was put in a boarding school. Since he is dark in skin colour and an orphan boy, the warden of their hostel would punish him without reason. She made him do all the cleaning and threatened to send him home. He came from a broken home. His father deserted them when they were young. His mother served as a maid and hence had to keep him and his other brother in boarding school. His brother is a successful footballer and he isn't. This pains him a lot. He was full of anger for the warden and one day he fired bad words to her. In 2019 he was thrown out of that boarding and now trains at a football club. He had strong fear that his mother will also disown him just as his father did. Considering the suppressed anger with vexation and his wounded honour. I prescribed Staphysagria 10 M, 1 single dose.

**Follow up 11<sup>th</sup> November 2020:** All these ten month he was completely fine. Never needed an inhaler. He presented with nose block worse morning and night. Feels better walking in open air. His tongue was mapped. He felt hungry soon after meals. Frightened to seek help. No medicine given. Advised steam inhalation, warm drinks and cover himself.

**Follow up 9<sup>th</sup> January 2020:** All fine and pursues his football training and I often see him cycling in the evenings.

**Discussion:** If the emotional cause like the vexation generated at the boarding school was not ciphered then the case would never reach to staphysagria a prescription since this remedy doesn't have much respiratory symptomatology in its proving.

**Conclusion:** The emotional injury and the pent up anger against the warden produced the obstacle of Asthma which came in way of his career, staphysagria helped to resolve the problem. Although he could not succeed to be a footballer yet he is free from Asthma.

**References:** Lectures on homoeopathic materia medica by Dr J.T Kent published by Indian books & periodicals publishers.

### **Case 6 of Dysmenorrhoea with hypothyroidism**

**Abstract:** A housewife suffering from anger pangs resulting into deep dissatisfaction in her personal life sought help in my homoeopathic O.P.D for anger management treatment

**Keywords:** Anger violent---Dysmenorrhoea---Insomnia

**Introduction:** The lady was divorced once and presented for help in resolving her anger issues associated with dysmenorrhoea and hypothyroidism. She did not want to go through another divorce.

**On 27<sup>th</sup> August 2020** I came across a 44 year old women who presented with complaints of uncontrollable anger which had lead to an divorce in her first marriage. She had a 7 year old son but there were constant fights at home with her second husband who is also a divorcee

and she could not stand him anymore. They were not having any physical relation for a long time. She was weeping while narrating about her discords with her present husband. Whenever they would fight she would contact the NGO and that would infuriate the husband and he would come to beat her. She tried taking video's and in anger slammed her phone to the floor. She had sleeplessness trouble since these thrifths with her husband. He would insult her very badly with bad language and holds grudges for long time. She was a fighter who was seeking for peace and love. She would easily become angry and break things as well as beat her child; thereafter she feels bad and cries thinking what she has done. She suffered from severe dysmenorrhoea at the time of menses. Menses were regular 30 days cycle. She suffered from stitching headaches if she fasted. She spoke hurriedly and confessed that she was impatient. In recent months she had developed hypothyroidism and had undergone an operation for fibroid uterus. Her real problem was her uncontrollable anger when some injustice is done unto her which was responsible for her divorce in first marriage also. She was just 24 years old then and had got married only because he was not asking for dowry at the time of marriage but she realized it later that he was an alcoholic and he used to physically abuse her. Then she went into a fighting mode not knowing when to stop. Now she fears that this second husband will leave her and go. This second husband was not a responsible person.

In her childhood there was lot of tension at home because her father was an alcoholic and used to hit her mother. Her father was not responsible about the family. He had kicked the mother when she was in her mother's womb. She had to be sheltered in an ashram. Here she came to know God.

Thermally: Chilly patient

I consulted Kent's repertory 1) Throws things in anger 2) Ailments from mortification. I prescribed **Staphysagria 1M**, 1 single dose on 27<sup>th</sup> August 2020.

Staphysagria is an emotional person and dependant type, who is sensitive to rudeness. Suppression of emotions is the central idea. These emotions find an outlet on the physical plane as gripping dysmenorrhoea, stitching headaches, insomnia, hypothyroidism and much later on the emotional plane we find in the proving, very peevish; she wishes to throw from her everything which she takes in her hand. Like so many of us staphysagria is the victim of her expectations and desires, especially revolving around relationships. Staphysagria becomes ill from conflicts around her due to the great indignation about things done by others. They usually present with an anxious expression, disposition can be quarrelsome at times but basically they are shy of opposite sex, moody, depressed and suicidal.

**Follow up 1<sup>st</sup> October 2020** –Anger had reduced despite husband still giving her bad words yet she wants love from her husband as in physical relations.(demanding sex and fixed on that is sycotic element) Now even if husband shouts she remains quiet. She is relieved by

consolation. No headache since the homoeopathic medicine has been started. Menses dysmenorrhoea less painful. She weeps when she feels hurt and prays to God to save her marriage. No medicine given.

**Follow up 12<sup>th</sup> February 2021-** Her Anger is well controlled. No headaches, Menses is regular. Minimal fights with husband. She decided to give up meat after watching a seminar. Does regular meditation. No medicine was given.

**Follow up 2<sup>nd</sup> April 2021-** She reported of getting angered easily and husband raises hand on her. She meditates. She wants her husband to show her love by caressing her. Once again, she was feeling sleepless due to this stress. There was an insulting event that had disturbed her. Her present husband's ex-wife was still in contact with her husband and they celebrated their son's birthday together. She feels hurt because her son and she were not invited for the celebration. She feels that this ex-wife should not any contact with her husband. She said that she would commit suicide if he gave her divorce. (Staphysagria has suicidal thoughts but fear of death which is a tubercular element). Staphysagria 10 M, 1 single dose given.

**Discussion:** Staphysagria helped to calm down this agitated, impulsive and hurried married lady.

**Conclusion:** Dysmenorrhoea, Insomnia improved as well as her second marriage was saved from being ruined with timely use of staphysagria.

**References:** Kent's Repertory published by Indian books & periodicals publishers.

### **Case 7 of Insomnia with bleeding per Rectum**

**Abstract:** This case is of an an injured pride which resulted into sleeplessness problems which progressed to bleeding per rectum in event of disappointment in love.

**Keywords:** Bubbled up---injured pride---high libido

**Introduction:** Disappointment in love is a common occurrence in life but the way each lover suffers is individual expression depending upon his constitution, miasm and sensitivity.

A 27year old unmarried male presented on 5<sup>th</sup> of March 2023 with complaints of bleeding after stools (20 to 25drops of bright red blood). No pain whatsoever. No constipation. First time bleeding appeared on 28<sup>th</sup> February 2023 in form of a streak of blood on the stool, especially towards the end of stool 2 drops of blood were noticed by the patient. On 2<sup>nd</sup> March 2023 soft stools but 5 drops of blood were passed at end of stool. On 4<sup>th</sup> March 2023 he was stunned to see 20-25drops of blood at end of stool and stools mixed with blood. Painless stools. He was worried after that and decided to consult me. When I saw him, he appeared upset from the face. When inquired into how it all began, he informed that on 11<sup>th</sup> February 2023 while playing a friendly football match he fell down and sustained blunt injury to his left knee. Initial swelling of left knee reduced after ice application. After this he

observed a firm mass protruding from lateral aspect of left knee specially when he squats on the Indian toilet. On 14<sup>th</sup> February 2023 Valentine's Day he met a girl whom he was chatting for last 3 months. She seemed equally promising to him but he maintained some distance from her as he had just met her. Later on, while chatting next 2 nights, she inquired from him 'What do I mean to you?' He knew that another boy was after her so he replied diplomatically saying that you are like a colleague. This offended the girl and she immediately disconnected the phone. She messaged him that I won't sleep all night. When he inquired the reason, she replied "That's none of your business". This shattered him completely. He felt as though someone had sledged his brain with a hammer. He could not stand this insult. It made him furious to see such kind of insensitive reply from a girl whom he loved and cared for. He switched his phone off and diverted his mind so that he might be able to get sleep. Next morning, he found a message from the girl 'Good Bye Forever'. This added more to his misery. Soon he started with a toothache, worse by inhaling cold air into mouth. No caries visible. He felt extremely offended and sad. He was just unable to forget the girl and her insult. From next night onwards he never could sleep soundly. He would be awake till 2-3am and sleepy during day. He used to wake up several times at night to pass urine or simply to check the time or woken by wet dreams. Sleep was unrefreshing and even if he tried to sleep during the day, it could not freshen him up for long. Always yawning. Usually, he hates smoking because the taste of nicotine doesn't go even after brushing several times but on 17 February Evening as he smoked on insistence of a friend, he quite enjoyed it and the taste did not bother him at all. On 20<sup>th</sup> February 2023 He met his ex-Girlfriend on pretext of some work and started asking her to hug him, but she point blank refused and walked away. He was enraged at her behaviour but never showed it externally. He decided to teach her a lesson later on. On 3<sup>rd</sup> March 2023 he was accused by his best friend for spoiling the sacred environment of the gathering of people. He once again felt very bad but shut his mouth and walked off quietly. Next day started with indurated fiery red pimple of left cheek and tip of nose. At the end of it all he was feeling that everyone wants to injure him. At work place since his sleep would be incomplete then he would shout it out on others. Picking up quarrels. Refusing to follow orders. Insulting his siblings and mocking his colleagues. However, if his colleagues pointed out his flaws or contradicted him then he could not tolerate it. While travelling he would be very cautious to see if any vehicle might dash his injured knee, although there was no tenderness nor pain in it. He would often keep his hands on his knees as if trying to protect and cover it. He felt his legs were not supporting him well, hence while climbing stairs he would firmly hold on to the railing to make sure that even if he slips, he will latch on to the railing. He said that he was feeling like an old man while walking, like being unsure of his stability. He also got a boil just below his suprasternal notch and pus oozed out of it and it healed leaving a keloid like scar. He could not bear much noise; it would anger him and then he would shout very loud. Later on, he felt guilty for having shouted in anger. His teeth and throat were also sensitive to slightest change in temperature of water

(cold water) and in the mornings he would have a running nose after waking up. Chilly patient, good hunger, can eat more even if has just eaten a meal. He felt lonely and wanted somebody to make love. He enjoyed watching girls pass by on the street (Lustful). He would speak everything in double meaning, but shy at the same time when it comes to practically doing it. When inquired whether he felt anger, insulted or sad? He immediately replied that first he felt insulted and felt that his honour was wounded by both the girls and later on he felt sad thinking repeatedly 'How could they do this to me?'

I referred Dr R.P Patel's corrected version of Kent's repertory for the following rubrics 1) Effects of honour wounded (Ign, Nux-v, Staph) 2) Lasciviousness

We have a choice between Ignatia & Staphysagria. Oversensitive to rudeness, easily excitable, highly emotional, worse from emotions, image consciousness with vexation and reserved displeasure, insomnia after grief, we find in both. But the expression of toothache as a result of constant grinding of teeth in anger, prominent masseter's and sensitive to cold water and always angry are guiding features of Staphysagria. Boger's synoptic key mentions under staphysagria pains that move into teeth, imagines insults. H.C Allen's keynotes says under Ignatia that it cannot bear tobacco smoking and under Staphysagria we find craving for tobacco. According to Boericke's Materia Medica in Ignatia we find painful haemorrhage after stool and stools are passed with difficulty, that is not the case with our patient. Staphysagria in Boericke cites the symptom; dwells on sexual matters.

Prescription given on 5<sup>th</sup> March 2023 **Staphysagria 1M**, 1 single dose.

**Follow up after 3 days on 8<sup>th</sup> March 2023:** Not a single drop of blood in stool nor a strip of blood over the stool ever since began the homoeopathic medicine. Besides this sleeping very deeply and waking up refreshed every morning. No longer short tempered and in angry mood. Much peace at work place.

**Follow up on 15<sup>th</sup> March 2023:** No relapse of sleeplessness nor bleeding during stool. Feels strong in the knees and resumed daily walks. No longer worried of sustaining injury to left knee. On two different occasions was able to bear unwarranted insults from two different colleagues but did not retaliate. Later on one of the colleague apologised to him and made peace, the other colleague he forgave without holding any grudge. Gets acidity if overeats and realises importance of exercise.

**Discussion:** This is a classic case where in an acute emotional imbalanced response(Anger=hate) was triggered in an individual in response to things done by others. The problem arose in the mind but the body is expressing the same pattern freely. Somatization occurs in staphysagria as a result of suppression of emotions & hidden anger especially revolving around relationships. Staphysagria has pronounced action on Nervous system with great sensitiveness to least impression, either mental or physical. Hering calls this as Morbid sensitivity as he is fixed on insults (Sycotic). Least word seems wrong, hurts

him very much, special senses become irritable, cannot tolerate noise, everything is painfully sensate.

**Conclusion:** Staphysagria helped to reduce his morbid sensitivity bringing back his sleep and peace of mind.

**References:** Repertory of the homoeopathic materia medica by Dr J.T Kent sixth American edition corrected, revised and improved by Dr Ramanlal P. Patel published by Dr R.P Patel's institute of homoeopathy, Vadodara, Gujarat.

### **Staphysagria- Background and Uses**

Teste remarks that Staphysagria seeds were used in some countries for stupefying and catching fish causing numbness. This pungent plant was used earlier against lice. Therefore the name lice grains or lice pepper is not surprising but rather speaks of a psoric constitution favouring pests. . This plant appears erect and stately against a fence as well as modest and delicate in the bed of other flowers. Horticulturist highly recommend it for cultivation at the fence as it is extremely noticeable, towering above the surrounding plants. Rightly are they called "the garden Aristocrats". This majesty beauty of the plant is found in the patients also. The Staphysagria persons are elegant, often haughty, with a delicate sensitivity and are too dignified to show their true feelings, thereby suffering from reserved displeasure.

Staphysagria has a wide spectrum of usage both in chronic as well as acute cases. It is a valuable remedy for injuries, for example in cuts, lacerated tissue, perineum and very useful in stitching pains remaining in operative wounds after abdominal surgery. Staphysagria has a pronounced effect on the nervous system, with great sensitiveness to the least impression, either mental or physical, as is observed in cases as well. Hering says 'Morbidly sensitive, the least word seems wrong, hurts her very much; special senses become irritable, cannot tolerate; touch, odour, noise, and taste, everything is painfully sensate. Clarke says it produces long lasting vertigo, accompanied by continued nausea as in seasickness.

Staphysagria also affects the eyes; it has a great reputation for recurrent styes that leave indurations and for scurfy margins to the lids. Hering says it is useful in styes, nodosities, chalazae on eyelids, one after another sometimes ulcerating. It is useful in a sty which does not suppurate and break, but remains as a hard nodule. T.F Allen mentions that 'it is extremely valuable for the cure of tumours of the lids; chalazion; staetoma. Scrofulous ophthalmia, styes in lids, edges inflamed and hard'. Thus the basic process of inflammation is followed by induration, indicates the sycotic miasm of the drug. Its action in case of post traumatic urethritis with recurrent urinary infections accompanied by constant urge to urinate has been really astonishing and eventually goes into sycotic or tubercular phase. Severe burning of urethra even when not urinating is a peculiar symptom of staphysagria(Nash). In women, coition is painful because the external parts are excessively sensitive. This property makes it a remedy of extreme value to women in the early days of

married life. They have fear of indulging in sex, they may have vaginismus in consequence with painful sex. After happening once, at a certain point in sex after foreplay they freak out, they lock up and cannot proceed because of fear. Staphysagria when taken increases the confidence level.

It is also one of the best for affections of the prostate gland in old men especially with piles, with frequent urination and dribbling of urine afterwards. One of the characteristic symptom mentioned by T.F Allen is "thin stool passes unconsciously, with sensation as if flatus would pass; several thin stools". The seeds are known to produce vomiting and salivation, and is a remedy for toothache; there are caries in which teeth crumble and grow black & brittle. Teeth which have been long decayed rapidly becomes hollow. This speaks of the syphilitic tendency. It is also of great value for bone troubles, exostoses and inflammation of the periosteum, helpful in chronic gout with nodosities. Staphysagria shows a strong reaction on the skin, and is indicated in skin diseases. They tend to develop scalp eczemas, eruptions due to fungus on the scalp (tinea capitis) right from birth. These eruptions can look very similar to Mercurius: With thick crusts and a lot of pus beneath. If you press these crusts with the hand, thick yellow pus will come out. If you remove the crusts raw skin appears. The scalp eczema stinks, burns and itches. The eczema extends on the scalp, face and ears. Symptoms are worse after washing. Not only eruptions on the head, but also other humid eruptions have a bad smell. Even the sweat smells foul.

Staphysagria is most used for eczemas and fungus in testicles and around the groin. The skin is scaly, fired, shows thick crusts and bleeds. The underwear is always blood smeared. The itching changes location when scratched. Staphysagria has crawling not only on the skin but also in other places of the body like hands and feet. Crawling gets along the whole image of this remedy. Staphysagria shows in most cases an extraordinary preoccupation with sexuality. Staphysagria displays already even in small children a higher interest in sexuality than normal. Entering school is a difficult phase. They don't want to go to school because of lack of interest in learning. They day dream and forget what he has read. They have separation fears from home (homesick). Make trouble by painting breasts and genitals on the walls of public toilets. They are afraid of being sent to a boarding school.

In puberty it becomes stronger however he withdraws, surfs lewd sites on the internet, purchases pornographic magazines. But he is too shy to come in contact with the opposite sex. His thoughts and dreams are not aimed at his career but mainly occupied with sexuality and tends to indulge in too much masturbation. He spends too much time in his room, will not take part in family life, refuses to talk about his behavior, and reacts mysteriously and aggressively if talked of. He is ashamed and has feelings of guilt and thinks he has done something bad. If he grows up in a surrounding where sex is considered taboo and is scolded when found flirting with a girl or when she told her parents that her interest in sexuality was abnormal, then they feel restricted to live up to their sexuality. The inner anger increases

and masturbation as well. Staphysagria is very prone to addiction, as adolescents they are likely to be “drop outs” due to memory loss in consequence to his habits and his inner anger also comes up, when he consumes tobacco, drugs or alcohol. This fixation and obsession about sexuality is found in both sexes. The display of sycosis is accompanied with loathing of life.

### **Appearance**

General appearance marked by extreme nervous excitement; face wears an anxious expression; shuffling gait, hands tremble, cannot retain anything in their grasp, not even long enough to drink water without spilling it. Suited to patients who are pale, sunken with blue rings around them, worn out and exhausted as a result of sexual excesses and specially self abuse, hands. Nose is picked and pointed. The face looks younger than its years, with smooth skin and very fine wrinkles and a characteristic radiation of fine wrinkles from the corners of the eyes. Gums pale, spongy, bleeding when touched. Salivation. Canine hunger even when stomach is full. Sleepy all day; lies awake all night; body aches all over. Violent yawning and stretching, bringing tears to the eyes. Great tenderness and weakness all through the body. Desire for stimulants. Craving for tobacco, wine and brandy and begin smoking right from the age of seven. They are tall, and extremely thin, with bony angular faces, characteristic stoop of the shoulders and sharp bony noses. When walking they often keep both arms stiffly by their side, which looks very incongruous, since his gait is usually a languid lope. This ‘Washed out’ effect version of Staphysagria is generally a combination of sweet, wild and subdued types psychologically. While talking she swallows continually. Serious, silent, occupied with himself, he speaks but little. Phlegmatic, prostrated in mind and sad, but not weeping. Indisposed to serious work. Disposition can be quarrelsome at times. Basically they are shy of the opposite sex, moody depressed, prefers solitude with disposition to suicide. Scrofulous and gouty diathesis.

### **Mind**

Staphysagria is sensitive to rudeness, emotional, shy and introverted. He is afraid of losing the control since they feel sexually excited easily. Suppression of emotions and hidden anger is the central idea. Like so many of us, staphysagria is the victim of her expectations and desires, especially those revolving around relationships. In the female, complaints are often due to enforced continence during absence of husband or from widowhood and staphysgria has been called as the WIDOW’S REMEDY. They feel easily insulted but seldom show their anger. Confrontation is too painful, and it hurts her pride, rather than openly expressing her anger as does Nux-Vomica she will resort to resignation and submissiveness because her indignation finds no natural outlet, Hence the fury is seen by way of enormous eruptions. She is too dignified to fight (delusions: of humility of others while she is great; suffering from pride, envy or chagrin) Once in a way he gets rough, shouts and scolds. Especially if he is married to a dominating woman. He defends himself seldom and mostly swallows his anger.

Staphysagria becomes ill from the conflicts around her (great indignation about things done by others or by himself; grieves about consequences). They are aggravated by mental exertion. He remains silent because he is afraid that his wife could leave him. After receiving Staphysagria they become daring to speak their opinion. Hahnemann in chronic diseases Volume I, p 120 explains that during the treatment of such a suppressed psychological state, a case of long-term suppression, possibly a situation requiring staphysagria, judicious adjustments of the dose (split method), might bring up well-hidden feelings of anger and sadness very rapidly, and the patient may claim to be “very sensitive” to anything in the environment: smells, toxic substances, etc. It is as if the reawakening of the senses that now have difficulty coping with the challenge. This reawakening of senses is following the direction of cure according to Hering. And we also see progression from numbness/paralysis, which is syphilitic by nature, to hypersensitivity, a psoric condition.

**Trigger factors-** ailments from denial of deserving position, grief, from disappointed love, from anger, from masturbation and from rudeness. A negative delusion gets created through horrific event like that of a patient who was raped as a child by her father. It is clear that they cannot come to terms with this incident and the shame it brought on her. These staphysagria emotions, if kept suppressed, must find an outlet on the physical plane as is evidenced in griping, twisting pain in abdomen, colic attacks after indignation, needle-like stitches in the extremities, especially in the muscles, headaches, chronic cough only in daytime, insomnia after grief, speechlessness, trembling, loss of hair, and much later on the emotional plane as we find in proving, throwing things at the person who offend. Also the delusion of grandeur generated by recurrent failures in finding the ideal partner, one she believes to be her sexual and spiritual equal.

Here we need to differentiate Natrum Mur from Staphysagria. Both have strict upbringing, a lot of arguments in the family, worse consolation and contradiction, insult, silent grief, dissatisfied, introverted, resentful, fear of losing and feel unwanted. Staphysagria has addictive behaviour which Natrum doesn't have. Staphysagria is chilly and thirstless whereas Natrum is hot and thirsty. Staphysagria is afraid of being left alone, about future, fears that something bad could happen, fear of his own shadow whereas Natrum Mur has fear of robbers. Both express angers differently; Staph can be either very abusive and threatening to kill not only themselves but also other close ones, wants to set things on fire or else he will remain silent due to exercising excessive controls. Staphysagria is more dependent type and thinks his wife will run away from him whereas in Natrum mur; who when so deeply hurt, will completely cut off his relationship silently “abaissement”, withdraws into the room for every little thing and will brood on the sorrow and will have an inner ability to stand independently. The will, though governed by emotions, is strong and gives it a fair amount of rigidity and sustenance. Do not believe that Natrum mur is better than staphysagria in this respect because Natrum mur is more malicious with anger than

staphysagria. Staphysagria dislikes meditation whereas Natrum Mur becoming addicted to recalling disagreeable memories of the past and for the purpose of thinking of them and indulging in the grief it causes (rumination which is difficult to shake). One can call this “the cultivation of depression”. Staphysagria has dry warts cauliflower like sycotic excrescences behind the glans penis and glandular vegetations of vagina. Whereas Natrum mur has warts on palms of hands.

Staphysagria is a contradictory remedy as Ignatia. It is having annoyance like Colocynthis especially since both are very justice conscious (also Caust) and it is sensitive like Natrum mur.

Complementary remedies: Colocynthis and Causticum.

Antidote: Camphora

### **Miasmatic classification**

Staphysagria is mainly PsoroSycoSphiliticTubercular. The following is a selection of staphysagria symptoms with its miasmatic classification.

#### **Psoric**

Sensitive and easily insulted

Post operative colics <eating and drinking

>Warm

Guilty after shouting in anger

High libido

Always yawning which relieves

Lot of appetite

Fear of losing something

Ailments from wounded honour and injured pride

Burning, Stinging pain <touch

Guilty feeling after masturbation

#### **Sycotic**

Demanding for sex and fixed on that

Suppressed anger

Guilt feeling and hangs in a state of shamelessness

Fixed on insults

Introvert

Breath and gums malodourous

**Syphilitic**

Addiction begins early in childhood

Abusive, calling bad names, throwing things, strongly enraged

Cadevorous sweat

Hopeless

Teeth already black and broken

**Tubercular**

Always swallows during speaking

Moody

Cracking the fingers

Demands sex although it doesn't do good

Strong appetite in spite of full stomach

Tired during day and wakeful during night

Strong night sweat

Empty feeling in stomach which doesn't get better after eating

Suicidal thoughts but fear of death