



INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS (IJRAR) | IJRAR.ORG

An International Open Access, Peer-reviewed, Refereed Journal

E-ISSN: 2348-1269, P-ISSN: 2349-5138

The Board of
International Journal of Research and Analytical Reviews (IJRAR)

Is hereby awarding this certificate to

Dr. Tanvi Vyas

In recognition of the publication of the paper entitled

EFFECTS OF STRETCHING EXERCISE ON PRIMARY DYSMENORRHOEA IN ADOLESCENT GIRLS

Published In IJRAR (www.ijrar.org) UGC Approved - Journal No : 43602 & 7.17 Impact Factor

Volume 9 Issue 3 July 2022, Date of Publication: 21-July-2022

PAPER ID : IJRAR22C1544

Registration ID : 251213



R. B. Joshi
EDITOR IN CHIEF

UGC and ISSN Approved - Scholarly open access journals, Peer-reviewed, and Refereed Journals, Impact factor 7.17 (Calculate by google scholar and Semantic Scholar | AI-Powered Research Tool) , Multidisciplinary, Monthly Journal

INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS | IJRAR

An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal

Website: www.ijrar.org | Email: editor@ijrar.org | ESTD: 2014

Manage By: IJPUBLICATION Website: www.ijrar.org | Email ID: editor@ijrar.org