

VALUE ADDED COURSE

COURSE NAME	WOMEN EMPOWERMENT
COURSE CODE	VACWEP
DURATION	30HR

UNIT- I INTRODUCTION AND MEANING OF WOMEN EMPOWERMENT

- Empowerment refers to the increasing the spiritual, political, social or economic strength of individuals and communities.
- As a general definition, Empowerment is a multidimensional process that helps people gain control over their own lives.
- Women Empowerment is the process and the outcome of the process by which women challenge gender based discrimination in every institution and structures of the society
- Women empowerment means freedom of women from the vicious grips of social, economical, political, caste and gender-based discrimination.
- It means granting women the freedom to make life choices.
- Women Empowerment itself elaborates that Social Rights, Political Rights, Economic stability, judicial strength and all other rights should be also equal to women.
- Swami Vivekananda, quoted that, "There is no chance for the welfare of the world unless the condition of women is improved.

UNIT - II STATUS OF WOMEN IN INDIAN SOCIETY

- "In order to awaken people, it is the people who have to be awakened, once she moves, the country moves and thus we build the Indian of tomorrow." Said by Pt. Jawaharlal Nehru.
- India is now in transition age - present century is the "Knowledge Century Era".
- A knowledge driven generation will be an asset for the progress and development of the nation.
- To achieve and sustain the high growth rates, access in education should be open for entire population without any discrimination




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UNIT - III STATUS IN ANCIENT INDIA

- During this period, women had high social and religious status.
- There is sufficient evidence in Vedic literature that in Vedic period women were imparted Vedic education and used to take part in religious rites.
- They were also authors of certain Vedic hymns.
- Women of that age were capable of learning and understanding philosophical doctrines.
- In Vedic age women remain unmarried for higher studies.
- The women education has been highly appreciated in Atharva Veda

UNIT - IV PRINCIPLES OF WOMEN EMPOWERMENT

- Establish high-level corporate leadership for gender equality
- Treat all women and men fairly at work - respect and support human rights and nondiscrimination
- Ensure the health, safety and well-being of all women and men workers
- Promote education, training and professional development for women
- Implement enterprise development, supply chain and marketing practices that empower women

UNIT - V SIX 'S' FOR WOMEN EMPOWERMENT

- Shiksha= Education
- Swasthya= Health
- Samajik Nyay= Justice
- Samvedan= Sensitivity

UNIT - VI WOMEN FOR WOMEN INTERNATIONAL

- WWI is a nonprofit organization that provides practical and moral support to women survivors of war.
- WfWI helps such women rebuild their lives after war's devastation through a year long tiered programme that begins with direct financial aid and emotional counseling and includes if necessary rights awareness, education, health education, job skills training and small business development.



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- WfWI have distributed \$103M to some 317,000 women participants; (2011).
- The programme is paid through a mix of individual "sister to sister" direct sponsorship and grants from governmental, multilateral, foundation, corporate and individual donors

UNIT - VII ACTS FOR WOMEN EMPOWERMENT

- Hindu Widows Remarriage Act, 1856
- Immoral Traffic Prevention Act 1956.
- Indian Penal Code, 1860
- Dowry Prohibition Act
- indian Evidence Act, 1872
- Maternity benefit act 1961
- Hindu marriage act 1955
- Medical Termination of Pregnancy Act
- Hindu Adoption and Maintenance Act, 1952 • National Commission for woman Act, 1990
- Hindu Succession Act, 1956
- Pre-conception,
- Prenatal
- diagnostic
- Hindu wives and children under Hindu techniques Act, 1994 and Rule 1996
- adoption and maintenance act 1956

UNIT - VIII PROGRAMMES/SCHEMES FOR WOMEN EMPOWERMENT

- Beti Bachao Beti Padhao Scheme (22 Jan, 2015)
- One Stop Centre Scheme (1 April, 2015)
- Women Helpline Scheme (1 April, 2015)
- UJJAWALA (Dec, 2007)
- Working Women Hostel (Introduced in 1972-73 and after amendment re-launched on 6 April 2017)
- Rajiv Gandhi National Crèche scheme for the children of Working Mothers (2010-11)
- SWADHAR Scheme (A scheme for women in difficult circumstances, (2001-02)
- Support to Training & Employment Programme for women (STEP), (Launched in 2003-04 and revised in Dec 2014)



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