



**Swarnnim Startup & Innovation University
AArihant Ayurvedic Medical College And Research Institute
Gandhinagar**

Certificate course on Panchakarma in skin disorders



Duration - 30 Hours

**Course starts from 3rd June 2023 – 10th September 2023
(Every Saturday & Sunday)
Hours : 8.00 AM-9.00 AM**

Course code : PKSD1

Course Fee-Free of cost

Eligibility: Ayurveda students, Health care Professionals Ayurvedic Practitioners

For more details please contact:

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About this Course

Skin largest organ of human body mostly exposed to sun- light, dust, various pathogens like viruses, and bacteria in day to day practice causing infection. Skin comprising of seven layers like saptatwacha which is mentioned in Ayur- veda. Incidence wise Indian school going children and old age people are very commonly affected by the communicable and non communicable skin diseases like Eczema, fungal Infections, Acne Vulgaris and Psoriasis like conditions. Contemporary science is very good in treating some of the communicable diseases but in chronic conditions it is ineffective because of financial burden to patients, poor compliance, and long term course of diseases. Panchakarmas are really only one part of a group therapies belong- ing to a class Shodhana (Cleansing procedures). Panchkarmas are Bio- Purification methods consisting of Vaman Virechana Vasthi, Shirovirechana (Nasal drug administration) Raktamokshan along with purvakarmas(Pre opera- tive procedures) like snehana(oleation), swedana (sudation), pachana deepana(digestive and carminative) and rukshana(drying) can collectively call as bio purification process. Panchakarma promotes healing & restoration by eliminating toxins from body having very wide scope in treating communicable and non communicable diseases in chronic stage.

This course is for undergraduate and postgraduate students of Ayurveda who wanted to explore and became a master in treating most of the skin diseases. The one who is practicing Ayurveda can take up this course for specialized practice in skin diseases.

Broad Topics to be covered in the course

- Nidan-panchaka of Skin disorders
- Correlation of various skin disorders to modern science
- Selection and Application of Panchakarma in skin diseases
- Standard operative procedures to be followed while per- forming Panchakarma
- Single drugs therapies in Skin diseases
- Rasaushadhies uses in Skin diseases
- Practical approach in treating skin diseases

The details of theory teaching will be as follows: -

Theory Classes: 12 hrs

Practical classes: 18 hrs

Saturday: 8:00 AM to 9:00 AM

Sunday: 8:00 AM to 9:00 AM

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Objectives:

- Understanding of various Panchakarma treatment useful in skin diseases
Program Objectives
- Understanding of diagnosis of skin diseases
- Understanding of condition of patients in view of Panchakarma
- Understanding of planning of treatment protocol in skin diseases patient
- Understanding of various Panchakarma treatment useful in skin diseases
Outcomes:
- Can execute various Panchakarma procedure for skin diseases
- Can diagnose various skin disease conditions
- Can understand Panchakarma indicated and contraindicated conditions of skin diseases
- Can plan shaman and shodhana treatment for patients
- Can execute various Panchakarma procedure for skin diseases

Program Type: Short term certificate course

Program Duration: The total duration of course will be 30 hours


For whom: Undergraduate students

Program Fees: No fees

Program Highlights:

- For undergraduate, postgraduate students and practioners of ayurveda
- Expert teachers having teaching experience more than ten years
- Audio visuals classes
- Problem based learning
- Hands on training of Panchakarma
- Guest lecturers from experts in Ayurveda




Principal
Aarohant Ayurvedic Medical
College and Research Institute