



# VALUE ADDED COURSE

**Swarrnim Institute of Design**



YEAR: 2023-2024

**Branch: Fashion Design  
Department**



Bhoyan Rathod, Opposite IFFCO, Near ONGC WSS,  
Adalaj Kalol Highway, Gandhinagar, Gujarat -  
382422.

**Course Title:** Fashion Design Trends and Techniques

**Course Code :** VACFDTT

<b>PROGRAMME:</b> Hours: 30 hrs	Diploma and Degree Fashion Design	<b>Branch:</b>	Fashion
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**Course Overview:**

**This 30-hour course** is designed for aspiring fashion designers and enthusiasts looking to update their skills with the latest trends and techniques in 2023. The course covers key areas such as fashion forecasting, sustainable design practices, digital fashion tools, and practical garment creation. Participants will gain an understanding of contemporary fashion trends, learn to incorporate sustainability in their designs, and enhance their technical and creative skills through hands-on activities.


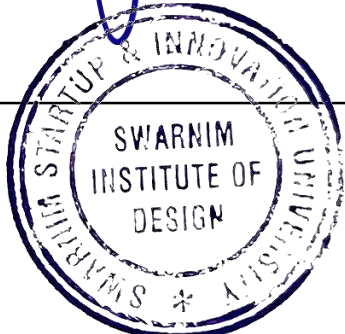
**Learning Outcomes:**

By the end of this course, participants will be able to:

- Understand current fashion trends and effectively apply trend analysis to their designs.
- Incorporate sustainable practices into their fashion design process.
- Use digital tools to create fashion sketches, patterns, and fabric simulations.
- Have a solid foundation in fabric knowledge and garment construction techniques.
- Develop a professional portfolio that reflects their personal style and creativity



Course outline		
Sr. No	Content	Total hours
1.	<b>Introduction to Contemporary Fashion Design</b> - 2 hours Overview of the fashion industry in 2023 Key trends, influences, and innovations Understanding the fashion design process from concept to completion	02
2.	<b>Fashion Forecasting and Trend Analysis</b> - 4 hours 2 hours on understanding fashion cycles and trend prediction 2 hours on tools and resources for fashion forecasting Practical exercises: Creating a mood board based on current trends	04
3.	<b>Sustainable Fashion Design Practices</b> - 5 hours 2 hours on sustainable materials and sourcing 2 hours on eco-friendly production techniques and zero-waste design 1 hour on case studies of sustainable fashion brands	05
4.	<b>Digital Tools for Fashion Design</b> - 5 hours 2 hours on using software like Adobe Illustrator and CLO 3D for fashion sketching and design 2 hours on digital pattern-making tools and techniques 1 hour on the basics of digital fabric simulation and rendering	05

Course outline		
Sr. No	Content	Total hours
5	<b>Textiles and Fabric Knowledge</b> - 4 hours 2 hours on fabric types, properties, and selection for different designs 2 hours on understanding fabric behavior, texture, and drape	04
6	<b>Garment Construction and Draping Techniques</b> - 6 hours 2 hours on fundamental sewing and stitching techniques 2 hours on draping methods for different fabrics 2 hours on creating a basic garment using these techniques	06
7	<b>Fashion Illustration and Portfolio Development</b> - 4 hours 2 hours on fashion illustration techniques, including croquis and technical sketches 2 hours on creating a professional portfolio to showcase personal style and design philosophy	04

