

# SWARNIM STARTUP & INNOVATION UNIVERSITY

## SWARNIM SCIENCE COLLEGE

### VALUE ADDED COURSE (VAC)

#### Bhagwat Geeta certificate course - VACBG

Session	Topic	Content	Duration
1	Introduction to the Bhagavad Geeta	Historical context, authorship, overview of the text	1 hour
2	Structure and Themes	Structure of the Gita, main themes and messages	1 hour
3	Chapter 1: Arjuna's Dilemma	Arjuna Vishada Yoga - The crisis and moral dilemma of Arjuna	2 hours
4	Chapter 2: Sankhya Yoga	The Yoga of Knowledge - Sankhya philosophy, introduction to karma	2 hours
5	Chapter 3: Karma Yoga	The Yoga of Action - Principles of selfless action, duty	2 hours
6	Chapter 4: Jnana Yoga	The Yoga of Wisdom - Knowledge and its importance in spiritual growth	2 hours
7	Chapter 5: Karma Vairagya Yoga	The Yoga of Renunciation - Renunciation and action	2 hours
8	Chapter 6: Dhyana Yoga	The Yoga of Meditation - Techniques and importance of meditation	2 hours
9	Chapter 7: Jnana Vijnana Yoga	The Yoga of Knowledge and Wisdom - Knowing the self and the ultimate	2 hours
10	Chapter 8: Akshara Brahma Yoga	The Yoga of the Imperishable Absolute - Concept of the eternal Brahman	2 hours
11	Chapter 9: Raja Vidya Raja Guhya Yoga	The Yoga of Royal Knowledge and Royal Secret - Supreme knowledge and devotion	2 hours
12	Chapter 10: Vibhuti Yoga	The Yoga of Divine Glories - Understanding divine manifestations	2 hours



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13	Chapter 11: Vishvarupa Darshana Yoga	The Yoga of the Vision of the Cosmic Form - Arjuna's vision of Krishna's universal form	2 hours
14	Chapter 12: Bhakti Yoga	The Yoga of Devotion - Path of devotion and love for the divine	2 hours
15	Chapters 13-18: Synthesis and Conclusion	Overview and synthesis of the final chapters, practical application of teachings	3 hours
16	Review and Assessment	Review of key concepts, practical and theoretical assessments	1 hour
17	Closing Ceremony	Certification distribution, feedback session, course wrap-up	1 hour
<b>Total</b>			<b>30 hours</b>

- This curriculum provides a comprehensive overview of essential topics for a 30-hour Bhagavad Gita Certificate Course, balancing textual study, philosophical discussion, and practical application.



  
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