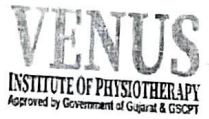




# SWARRNIM STARTUP & INNOVATION UNIVERSITY VENUS INSTITUTE OF PHYSIOTHERAPY



## Physio Summit 2024

### Parul University

#### Standard Operating Procedure (SOP)

#### 1. Objectives.

Physio Summit 2024, a national level physiotherapy fest organized and hosted by Faculty of Physiotherapy at Parul University, is the university's contribution to the ever-growing sector of physiotherapy. The fest aims to provide students with a platform to connect and grow their practical skills and compete in a competitive environment. With numerous competitions for students to test their skills all over - like case studies, model making, and interactive sessions with the biggest names in the world of Physiotherapy, PhysioSummit 2024 aims to provide students with excellence and draw inspiration from all nooks and corners of the physiotherapy world

#### 2. Summit Overview

1. Theme of Physio Summit 2024 was IGNITING MOVEMENT, INSPIRING WELLNESS

2. Date : 05/01/2023 & 06/01/2023

Venue – Parul University, Vadodara

#### 3. Organizing Committee

Faculty of Parul University

#### 4. Speakers and Special Guests

##### National Speakers

Dr. Asir John

-Vice Principal, Yenapaya University, Mangalore

Checked Ok  
PREPARED BY: Dr. Mayank



Dr. Aarti Prasad

-HOD of physiotherapy at Ramakrishna group of hospitals

Dr. Harpreet Singh

-Senior Physiotherapist, All India Institute of Medical Sciences (AIIMS)

Dr. Syed Rais A. Rizvi

-Director & Chief Instructor, Institute of Manual Therapy & Taping

International speakers

Professor Karim M. Khan.

-Currently Professor at UBC Canada Scientific Director of the CIHR Institute of Musculoskeletal Health & Arthritis Former

Professor Gillian Webb

-Former Head of the School of Physiotherapy, University of Melbourne, Australia

Elaine Tan

- Celebrity and Athletes Fitness Trainer • Founder of A.O Love Pilates Studio, Malaysia

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PREPARED BY: Dr. Mayank

Hardie Slack



VENUS INSTITUTE OF PHYSIOTHERAPY  
Gandhinagar  
Surat  
GUJARAT  
392 015

VERIFIED BY:



### Brief Outline

On January 5, 2024, the Physiotherapy department faculty, including Dr. Hardik Sheth sir(principal sir), Dr. Jaynesh Vandra, Dr. Darshi Shah, and Dr. Kosha Gor, along with 62 students, actively participated in a noteworthy physiotherapy summit 2024 at parul university vadodara. Prior to the summit, Dr. Hardik Sheth sir and Dr. Jaynesh played pivotal roles in arranging accommodation for both students and faculty from Swarnnim University to Vadodara, ensuring a smooth and cohesive experience.

The summit commenced at 9 am with registration and inauguration,. The event featured esteemed national and international speakers, including Professor Karim Khan from Canada, and other speakers who conducted an insightful online session. Following the sessions, a lunch break was scheduled from 1 to 2 pm, creating opportunities for networking and discussions.

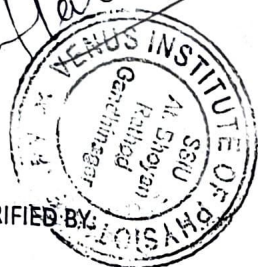
As the day progressed, cultural events were organized in the evening, adding a vibrant touch to the summit. The second day of the summit focused on sessions led by national speakers, sharing valuable knowledge. Additionally, MPT students presented their poster presentations, showcasing their research and contributions to the field.

In the evening, the summit concluded with a celebration of the achievements of Swarnnim University, providing a platform to highlight the accomplishments within the physiotherapy department.

Checked Ok

PREPARED BY: Dr. Mayank

Hardik Sheth



VENUS INSTITUTE OF PHYSIOTHERAPY  
Principal  
Dr. Hardik Sheth  
VERIFIED BY:

Academic Director Hiren Kadikar Sir and Physiotherapy  
Department Principal Dr. Hardik Sheth Sir,

we extend our heartfelt gratitude for granting us the  
opportunity to attend the Physio Summit 2024 at Parul  
University. Your unwavering support and guidance have played  
a pivotal role in making this experience possible. The insights  
gained and knowledge shared during the summit have  
undoubtedly enriched our academic journey. Thank you for  
your leadership and dedication to fostering educational  
excellence within the physiotherapy department.

Checked On

PREPARED BY: Dr. Mayank

*Hardik Sheth*  
  
VENUS INSTITUTE OF PHYSIOTHERAPY  
A. Bhoyan  
Rahod  
Gandhinagar  
SSIU  
VERIFIED



### Schedule of Event

Date	Time	Scheduled event	Title
5/01/2024	9:00AM to 10:30AM	Registration and Inauguration	
	10.30AM TO 11.30 AM	Keynote Speaker - Professor Karim Khan (Online from Canada)	Celebrating the power of physiotherapy: Using humanity and evidence to have impact
	11.30AM to 12.15PM	PU talk by Hemakshi Basu	Journey to success
	12:15PM to 1:15PM	Invited Talk - Professor Gillian Web (Online)	Competencies in Physiotherapy Education.
	1:15PM to 2:00PM	Lunch Break	
	2:00PM to 3:00PM	Invited Talk- Dr. Harpreet Singh	Management of Stroke- NDT perspective
	3:00PM to 4:00PM	Invited Talk- Dr. Rais Rizvi	Myofascial Release- The Therapeutic touch
	4:00PM to 5:00PM	Break	
	5:00PM Onwards	Hangout session	
6/01/2024	10.00AM to 11.00AM	Keynote Speaker - Elaine Tan (Online)	Pilates for fitness goals achievement
	11:00AM to 11:45AM	PU talk by Aditya Ghanshwade	
	11:45AM to 12:30PM	Invited talk - Dr. Asir John	Neonatal Physiotherapy Interventions in promoting neurodevelopment among preterm neonates
	12:30PM to 1:00PM	Ideation Run	
	1:00PM to 2:00PM	Lunch Break	
	2:00PM to 3:00PM	Invited talk - Dr. Aarti Prasad	Shoulder Rehabilitation Inside out
	3:00PM Onwards	Valedictory Function	

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PREPARED BY: Dr. Mayanka



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VERIFIED BY: [Signature]



**Scientific Paper Presentation**

Category A	Category B
Junior Paper Presentation	Senior Paper Presentation
P.G. Students	MPT > 3 YEARS
MPT < 3 YEARS BPT < 5 YEARS	BPT > 5 YEARS
Faculty Coordinator Dr. Vrunda Gajjar +91 7874759822	Faculty Coordinator Dr. Chaitali Shah +91 9998107262

**Scientific Poster Showcase**

Category A	Category B
Junior Paper Presentation	Senior Paper Presentation
BPT Students	MPT Students/Physiotherapists
Theme: Advances in Physiotherapy	Theme: Scientific Studies Related to Physiotherapy
Faculty Coordinator Dr. Rinkal Parmar +91 9510924273	Faculty Coordinator Dr. Advita Neville Deepak +91 8320655918

**Checked: Ok**

PREPARED BY: Dr. Mayank

VERIFIED BY:







Checked Ok

PREPARED BY: Dr. Mayank







# SWARNIM STARTUP & INNOVATION UNIVERSITY VENUS INSTITUTE OF PHYSIOTHERAPY

**VENUS**  
INSTITUTE OF PHYSIOTHERAPY  
Approved by Government of Gujarat & GSCPT



*Handwritten signature: Hadeel Sleth*

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PREPARED BY: Dr. Muzamil





Poster

**Parul<sup>®</sup>**  
University | **NAAC**  
GRADE **A++**

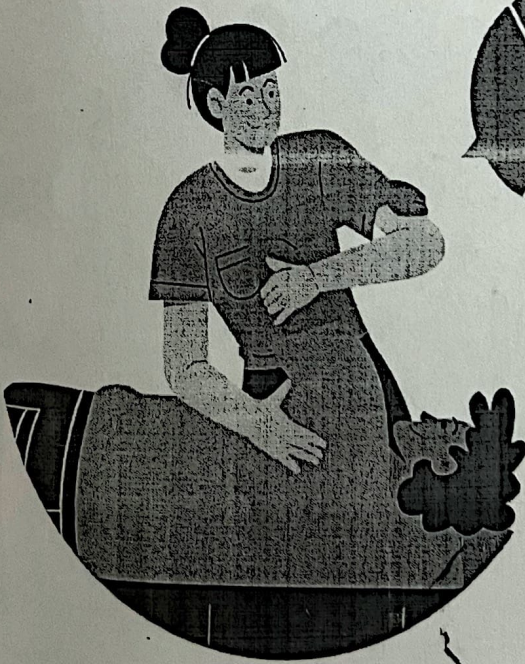


# Physio

Summit 2024

KNOWLEDGE BEYOND THE BOUNDARIES

**IGNITING MOVEMENT, INSPIRING WELLNESS**



**5&6**

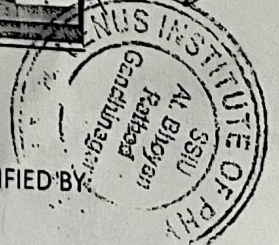
JANUARY 2024

ORGANIZED BY:  
FACULTY OF  
PHYSIOTHERAPY

Checked On

PREPARED BY: *Dr. Mayank*

VERIFIED BY:





GUJSTATE CONPHYCS 2023 CONFERENCE

Standard Operating Procedure (SOP)

**Objective:**

Physiotherapy conferences bring together professionals, researchers, educators, and students to share the latest advancements, research findings, and best practices in the field. The primary objective is to foster knowledge exchange, presenting new techniques, treatments, and methodologies.

**1. Conference Objectives and Theme:**

- The theme of conference is "integration of technology in physiotherapy"
- Optimizing Patient Care:
  - Enhance assessment accuracy: Use technology for precise diagnostics and assessment tools to better understand patients' conditions and needs.
  - Personalize treatment plans: Leverage technology to create tailored rehabilitation programs based on individual patient data and progress tracking.
- Improving Treatment Outcomes:
  - Enhance effectiveness: Integrate technology to deliver more effective interventions, such as using wearable devices for real-time monitoring or biofeedback systems for performance improvement.
  - Enhance recovery and rehabilitation: Implement virtual reality, robotics, or gamification in therapy sessions to engage patients and expedite recovery.
- Efficiency and Workflow Enhancement:
  - Streamline administrative tasks: Utilize electronic health records (EHRs) and telehealth platforms to manage patient information and facilitate remote consultations.

PREPARED BY: *Maryanku*

Checked Ok

*Harshik Saeth*  
VERIFIED BY  
VENUS INSTITUTE OF PHYSIOTHERAPY  
SSIU  
At. Dhoyan  
Rathod  
Gandhinagar

- Time-saving solutions: Implement tools that automate documentation, scheduling, and billing processes, allowing therapists to focus more on patient care.

2. Select Venue and Date:

- L J institute of physiotherapy sarkhej ahmedabad hosted a Gujstate conphys on 16<sup>th</sup> and 17<sup>th</sup> December 2023

3. Invite Speakers and Participants:

- Dr.Megha sheth(PT) lecturer,SBB College of physiotherapy Ahmedabad
- Dr.Jayaprakash Damodaran(PT) senior lecturer Govt Spine institute, Ahmedabad

PREPARED BY: Dr. Mayank

Checked Dr.

Hardik Sheth



VERIFIED BY:



### Brief outline

Venus Institute of Physiotherapy College attended 14th Gujstate Conphyscs 2023 Conference held at LI institute of physiotherapy, Ahmedabad on Saturday and Sunday, 16th and 17th December 2023. Dr Hardik Sheth our principal was a esteemed judge. Our respected faculties Dr. Nehansi Chauhan, Dr. Honey Panchal and our dear students also attended this great conference.

I'd be happy to share from a session by a spine surgeon! Conferences or sessions by specialists like Dr. Bharatdave sir, a renowned spine surgeon, often cover various topics related to spinal health, advancements in surgical techniques, non-invasive treatments, rehabilitation, and more.

It's fantastic that Dr. Ali Irani sir, a notable figure, was present at the conference, particularly sharing insights on the sports-related aspects of spinal health. Discussing common spinal injuries among athletes, including issues related to repetitive stress, impact injuries, and the strains unique to various sports.

Cultural events at medical conferences can be a fantastic way to unwind, network, and celebrate diversity among attendees.

Thankful to the management and principal of venus institute of physiotherapy Dr. Hardik sheth sir for constantly supporting us to be a part of such events. Thankful to the Management for constantly motivating us to develop ourselves in this institution.

PREPARED BY: Dr. Mayank

Checked Ok

*Hardik Sheth*



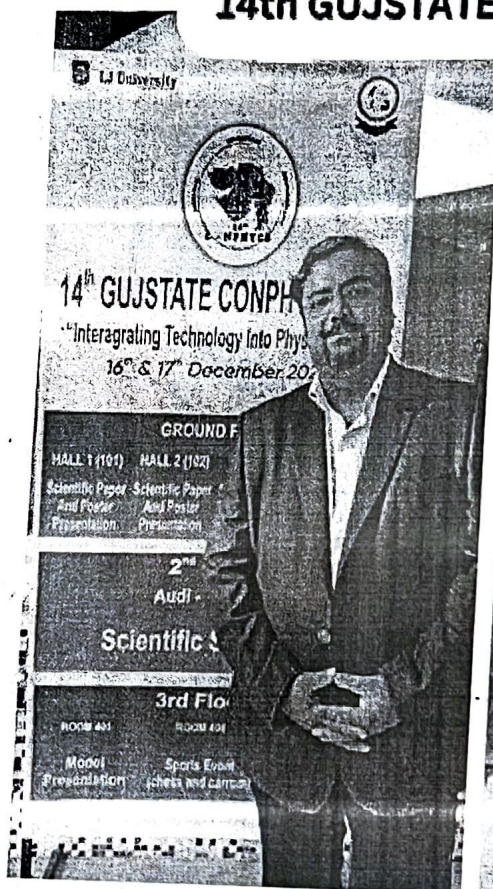
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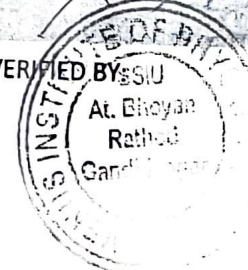
**14th GUJSTATE CONPHYCS 2023**



PREPARED BY:

*Dr. Nayana*  
**Checked OK**

VERIFIED BY: SIU







LJ University



L J Institute of Physiotherapy  
Ahmedabad

14<sup>th</sup> GUJSTATE CONPHYCS 2023

"Integrating Technology into Physiotherapy"

16<sup>th</sup> & 17<sup>th</sup> December 2023



## INVITATION TO PARTICIPATE

The Organizing Committee of the 14<sup>th</sup> GUJSTATE CONPHYCS invites participation for the Scientific events of the conference. Conference registration is mandatory for abstract/evidence-based summary submission (The author will be prompted to fill the registration number in the abstract/evidence-based seminar submission form). The participants should submit a single entry for any category. Top 10 papers will be scholarly facilitated for publication.

Last date of abstract submission - 30<sup>th</sup> September, 2023

### CATEGORIES FOR PRESENTATION

- Undergraduate category (Evidence based seminar).
- Postgraduate category (Paper and poster presentations).
- Junior professional category - Professionals who have  $\leq 3$  years of teaching / clinical experience after MPT or  $\leq 5$  years of teaching / clinical experience after BPT.
- Senior professional category - Professionals who have  $> 3$  years of teaching / clinical experience after MPT or  $> 5$  years of teaching / clinical experience after BPT.

To submit the abstract/evidence-based summary, please click the link below:  
<https://cmt3.research.microsoft.com/CONPHYCS/Submission/Index>

For guidelines please click the link below:  
[www.conphys2023.com](http://www.conphys2023.com)

Contact Details: [scientific.conphys23@gmail.com](mailto:scientific.conphys23@gmail.com)

Dr. Priya Singh Rangey (90993 46771), Dr. Nupur Shah (97145 03977), Dr. Jalpa Parikh (99250 27706)

PREPARED BY:

Dr. Mayank

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Sheet





## **PHYSIOTHERAPY WEEK (DAY 2)**

### **COMMUNITY OUTREACH/ SURVEY**

#### **SOP of Program:**

##### **Objective:**

To assess the prevalence, risk factors, and healthcare needs related to arthritis in Dhanod

##### **Survey questionnaires**

Data collection devices (smartphones, tablets, paper forms)

Maps of the village

Personal protective equipment (if applicable)

Consent forms

Recording and storage equipment (laptops, hard drives)

##### **Procedure:**

#### **1. Project Planning:**

Define the objectives of the survey.

Identify the study population (e.g., all adults in the village).

Determine the sample size required for statistical significance.

Create a survey questionnaire that includes questions about arthritis symptoms, medical history, lifestyle, and demographics.

Develop a sampling strategy (random, stratified, etc.).

#### **2. Ethical Considerations:**

Obtain ethical approval for the survey from the relevant authorities.

Develop informed consent forms for participants.

Ensure data privacy and confidentiality.

### **3. Data Collection:**

Train the survey team on the survey procedures, questionnaire administration, and ethical considerations.

Identify and engage with local community leaders and health workers to gain their support and assistance.

Conduct door-to-door surveys within the village.

Use the survey questionnaire to collect data from participants.

Ensure accurate record-keeping and data collection.

### **4. Data Analysis:**

Enter collected data into a database or spreadsheet.

Perform data cleaning and validation.

Analyze the data to determine arthritis prevalence, risk factors, and other relevant insights.

Generate descriptive statistics and conduct statistical tests as needed.

### **5. Reporting:**

Create a comprehensive report summarizing the survey findings.

Include tables, charts, and graphs to visualize the data.

Interpret the results and draw conclusions.

Provide recommendations for healthcare interventions or further research.

### **6. Community Feedback:**

Share the survey results with the community in a clear and understandable manner.

Seek feedback from community members on the findings.

Engage in discussions about possible interventions or support services for arthritis management.

**7. Documentation and Archiving:**

Maintain all survey-related documents, including consent forms, questionnaires, and data records.

Archive the data for future reference and research.

**8. Follow-Up:**

Consider conducting follow-up surveys to monitor changes in arthritis prevalence and the effectiveness of interventions.

**9. Dissemination:**

Share the survey findings with relevant healthcare authorities, organizations, and stakeholders for potential action.



## Flow of Program:

Time	Event	Moderator
9:15-9:30 AM	Gathering of students	Dr. Jaynesh Vadra
9:30-9:45 AM	Group Photography session	Photography Committee
9:45-10:30 AM	Going to Dhanod	Transportation Committee
10:30-2:00 PM	Community Outreach Survey	Students
2:00-3:00 PM	Coming back to college	Transportation Committee
3:00-4:00 PM	Lunch break	

**Photograph gallery:**







**Venus Institute of Physiotherapy**

**Swarnnim Startup and Innovation University**

**Hospital Camp/ Education Programme activity 2022-2023**

Sr No.	DATE	ACTIVITY
1	29/07/2022	Free physiotherapy camp, Shertha
2	03/08/2022	Free physiotherapy camp, Dhanaj
3	28/12/2022	Free physiotherapy camp, Bileshwarpura
4	20/01/2023	Community awareness camp, Moti Adaraj
5		
6		
7		

Checked OK





## Free Physiotherapy Camp at Shertha Village

<b>Name and Type of Event/Activity</b>	<b>Free Physiotherapy Camp</b>
<b>Organized by:</b>	<b>Venus institute of Physiotherapy</b>
<b>Department</b>	<b>Physiotherapy Department</b>
<b>Name of Doctor</b>	<b>Dr.Shivam Acharya</b>
<b>Time</b>	<b>10:00 A.M – 1:00 P.M</b>
<b>Venue</b>	<b>Shertha Village</b>

### Brief outline addressed camp:-

On 29<sup>th</sup> July 2022, Venus Institute of Physiotherapy had Organized Camp at Shertha Village. Timing for this camp was 10 A.M onwards at morning. Health science department of Swarnim University gave free treatment to the patient. The aim of organizing these camp to give treatment to those people who live in our community really need treatment.

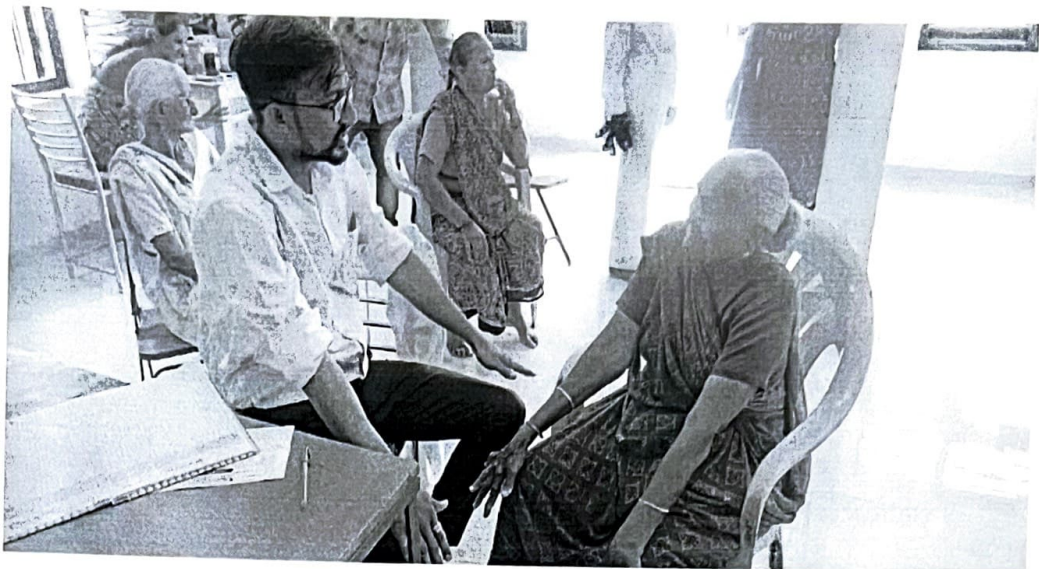
From Venus Institute of Physiotherapy Department Dr.Shivam Acharya went for this camp to treat patient. Total 27 numbers of patients were attend these camp they discussed their problem with our Physiotherapist. Most of the patient In Camp came with neck pain- due to muscle strain, overuse injury and with nerve compression, back pain- due to degenerative changes and/or ligament sprain and with knee pain- due to ageing, repetitive stress on knee join or injury problems.

Our Physiotherapist assessed them then also gave them exercise and Home exercise. Also told them about do's and don'ts for particular condition, we also gave them address of our physiotherapy department so when they need they can come for treatment follow up.

Patients found this camp beneficial and were looking for more such camp.

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Date of event:28/12/2022	Coordinator	Dr. Arvind Kumar and Dr. Chinmayi Gohel
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Name and Type of Event/Activity	Camp at Bileshwarpura, Chhatral
Organized by:	Swarnim Start Up & Innovation University
Department	Venus institute of Physiotherapy
No of Attender	02
No. Of Days	01 day

**Brief outline addressed in the event:**

The health care sector of Swarnim start-up and innovation university had organised the free camp of health care at the village named Bileshwarpura near Chhatral on 28<sup>th</sup> December, 2022. The camp gave the benefit of all departments of health care sector that included Physiotherapy, Homoeopathy and Ayurveda.

The camp held at the gram-panchayat bhavan of Bileshwarpura village. All selected faculties went there in the college van along with some needed things on 10:30 AM. The announcements about the camp were made to allow all the needy people to come and get the needful treatment they wanted. The small awareness program were also conducted by various faculties to make the villagers aware about the treatment they are about to be received, general age related problems and their preventive measures. Dr. Chinmayi Gohel and Ajay Khant (intern) went there to represent the Venus institute of physiotherapy. Patients with various conditions like Osteoarthritis of knee, Bell's palsy, Hemiplegia, Ulnar nerve radiculopathy, Cervical spondylosis, Lumbar spondylosis, sciatica etc. were treated there. The incidence of pathology in weight bearing joints were more in that village because there were more geriatric population than younger one. Incidence of trauma and optical problems were also more prominent there.

More than 50 patients were treated there for various conditions by physiotherapy department. The camp was ended on 12:30 PM on a great note. Many patients wanted to visit the Healthcare sector held in Bhoyan to get further treatment. Faculties of various department of healthcare sector had a great experience and learnt a lot by the camp and it was a great chance for student of getting exposed to this kind of various conditions to gain practical knowledge.

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Date of event: 20/01/2023	Coordinator	Dr. Arvind Kumar and Dr. Honey Panchal
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Name and Type of Event/Activity	Community awareness survey
Organized by:	Swarnnim Start Up & Innovation University
Department	Venus institute of Physiotherapy
No of Attender	55
No. Of Days	01 day

**Brief outline addressed in the event:**

The physiotherapy department of healthcare sector of Swarnnim start-up and innovation university had organised the Community awareness survey at the village named Moti Adaraj on 20<sup>th</sup> January, 2023. The Awareness camp was intended to spread the information about physiotherapy field.

All students prepared the paper charts on regards of awareness of physiotherapy. The day of survey was started at morning 9:30 A.M at the campus of Venus institute of physiotherapy, where displaying of all charts were done. The work of survey was divided among students. They all were guided by Dr. Nehansi Chauhan, Dr. Kosha Gor and Dr. Honey Panchal. Students of 1<sup>st</sup> and 2<sup>nd</sup> year were intended to spread awareness about physiotherapy and ergonomically correct treatments and students of 3<sup>rd</sup> year were suppose to do survey of what kind of pain and difficulties the villagers are facing. The proforma was filled out by the students based on the complains of villagers that included demographic details and pain assessment via body chart along with Numerical Pain Rating Scale (NPRS). Provisional diagnosis was done based on the brief assessment of patients. Approximate 100 numbers of proformas were filled up during the survey and huge amount of awareness were spread during the day. All villagers got an ergonomically correct advice and home-based exercise program.

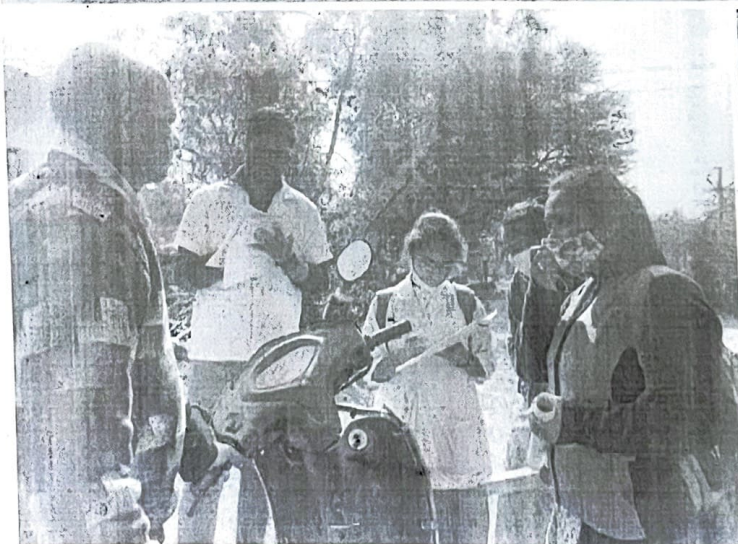
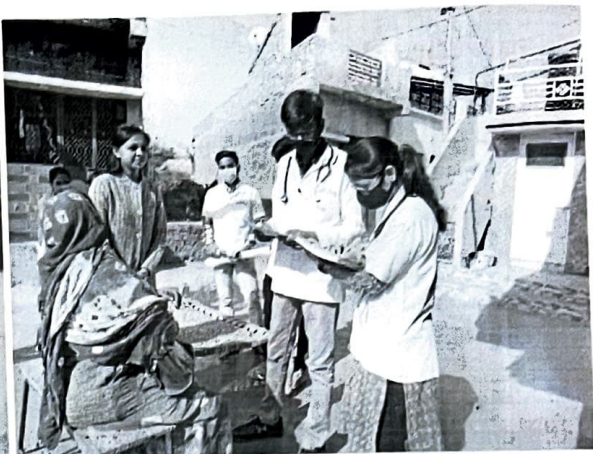
At the end of the survey, we were being concluded that villagers were facing more occupation-based problems and pain in weight bearing joints as compare to others. Students enjoyed the survey and day ended on great note.



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*[Signature]*





## Free Physiotherapy Camp at Dhanaj Village

Name and Type of Event/Activity	Free Physiotherapy Camp
Organized by:	Venus institute of Physiotherapy
Department	Physiotherapy Department
Name of Doctor	Dr.Bansi Savaliya
Time	10:00 A.M Onwards
Venue	Dhanaj Village, kalol, Gandhinagar.

### Brief outline addressed camp:-

On 3<sup>rd</sup> August 2022, Venus Institute of Physiotherapy had Organized Camp at Dhanaj Village Timing for this camp was 10 A.M onwards at morning. Health science department of Swarnim University gave free treatment to the patient. The aim of organizing this camp to give treatment to those people who live in our community and really need treatment.

From Venus Institute of Physiotherapy Department Dr.Bansi Savaliya and Dr.Shivam Acharya went for this camp to treat patient. Total 48 numbers of patients had attended these camp. they discussed their problem with our Physiotherapist. Most of the patient In Camp came with degenerative changes and/or ligament sprain and with knee pain- due to ageing, repetitive stress on knee join or injury problems. The conditions of Degeneration of knees are called as osteoarthritis of knee joint. In this Condition there has been lack of space between bones. Apart From this there are patients of Neck pain- due to muscle strain, overuse injury and with nerve compression, back pain- due to Our Physiotherapist assessed them then also gave them exercise and Home exercise. Also told them about do'sand don'ts for particular condition, we also gave them address of our physiotherapy department so when they need they can come for treatment follow up.

Patients found this camp beneficial and were looking for more such camp.

Checked Ok





**Sr.No. 2004-300120**

Obtained in each subject at the Second B. Physiotherapy Examination held in JANUARY-2005

## Second B. Physiotherapy

NOTES : X00 INDICATES EXEMPTION AT A PREVIOUS EXAMINATION

AOO <sup>5</sup> ABSENT

**ZOO - ZERO**

•

**ENTITLED FOR EXEMPTION  
DISTINCTION IN THE SUBJECT  
(73% OF TOTAL MARKS IN THE SUBJECT)**

**GUJARAT UNIVERSITY**  
**Second B. Physiotherapy Examination**

**Sr. No. 2004 000120**



**I certify that Shri/Smt./Kumari**

**DADAR HIRENKUMAR GUNVANTRAY**

Passed the Second B. Physiotherapy Examination held by the Gujarat University

**His/Her Seat No., Month and Year of Examination and class**  
Obtained there at are as mentioned here below.

Seat No.	Month & Year of Examination	Class Obtained
18	JAN-2005	PASS

**Abmedabad-380 009**

**MARKS  
OBTAINED**

**Exemption :** Passing in any of the subjects of the examination will entitle a candidate to claim permanent Exemption from appearing in the subject or subjects at subsequent attempts.

N. B. :- (i) Notes indicated on right-hand-top corner may

(ii) No change in any entry is to be made except by the authority issuing the certificate. Any infringement will be severely dealt with.

Date of Issue 11-11-2005

Pyrene Shale

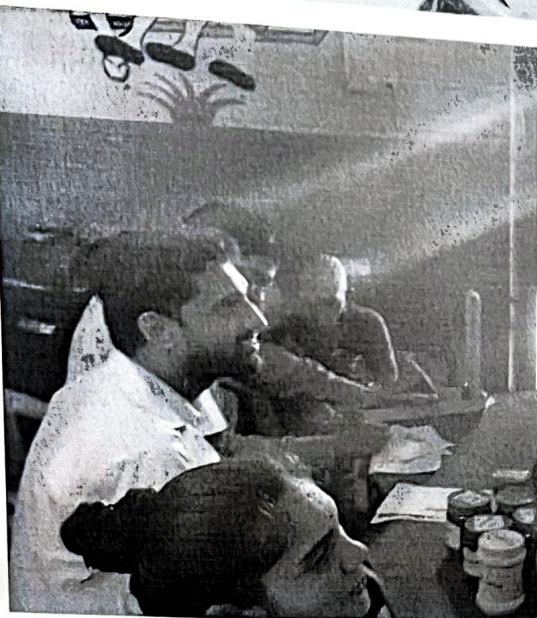
**University Registrar**

University Registrar

University legislation  
change in any country is to be made except by the authority  
the certificate and that the infringement of the rule will  
be severely dealt with.

11-1448-2003  
Date of Issue \_\_\_\_\_





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# GUJARAT UNIVERSITY

## STATEMENT OF MARKS

Sr.No. 2005 0183746

Obtained in each subject at the  
Third B. Physiotherapy Examination held in JULY-2005

Seat No.	Name	Centre	College	Combination			
7	DAMOR HIRENKUMAR GUNVANTRAY	01	209-PHYSIOTH	1-0000000			
Subjects		External			Internal		
PHOTOGRAPH		Max.	Min.	Obtained	Max.	Min.	Obtained
Medicine-II-Sec. 1-Neurology		70	--	33	--	--	--
-Sec. 2-Obst. & Gynaecology		30	--	15	--	--	--
-Total		100	50	48+02*	--	--	--
Surgery-II-Sec. 1-Ortho. Non-Trau. Condi.		50	--	22	--	--	--
-Sec. 2-C. T. Surgery		50	--	19	--	--	--
-Total		100	50	41	--	--	--
Electro Therapy-II-Theory		100	50	40	--	--	--
-Practical		100	50	56	--	--	--
Physio. in Musculoskeletal Condi. -Thy.		100	50	36	--	--	--
-Prac.		100	50	50	--	--	--
Pharmacology-Theory		50	25	17	--	--	--
Grand Total		650	--	288	--	--	--
Enrolment Number		Credit		Grand Total	Percentage	Result	
--		--		288	44.30	FAIL 0139	

Ahmedabad-380009

Date of Issue : 03-DEC-2005

N.B. : (1) A00 : Absent, X00 : Exemption, Z00 : Zero, \* : Entitled for Exemption

(2) No change in any entry is to be made except by the authority issuing the certificate. Any infringement will be severely dealt with.

**University Registrar**

Sr.No. 2005 0183746

# GUJARAT UNIVERSITY

## Certificate of Passing

I certify that Shri/Smt./Kumari CANCELLED CANCELLED CANCELLED CANCELLED passed the

Third B. Physiotherapy Examination held by the Gujarat University.

His/Her Seat No., Month & Year of Examination, Optional Subjects offered and Class Obtained there at are as mentioned here below.

Seat No.	Month and Year of Examination	Class Obtained	Optional Subjects Offered
CANCE	CANCELLED CANCE	CANCEL	CANCELLED CANCELLED CANCELLED

Ahmedabad-380009

Date of Issue : 03-DEC-2005

**University Registrar**

N.B.: No change in any entry is to be made except by the authority issuing the certificate. Any infringement will be severely dealt with.



**Venus Institute of Physiotherapy**

**Swarnim Startup and Innovation University**

**Hospital Camp / Education Programme activity 2021-2022**

Sr.No	DATE	Activity
1	01/09/2021	Third Wave Preparedness Training
2	08/09/2021	World physiotherapy day celebration
3	05/12/2021	Workshop on Therapeutic Taping
4	07/2/2022	Webinar on Opportunities in foreign countries for physiotherapist
5	12/2/2022	Free Physiotherapy camp
6	04/04/2022	Free Physiotherapy camp, Adalaj
7	07/04/2022	Webinar on Maintaining Health during Current Pandemic Situation
8	27/04/2022	Seminar on ICU Management
9	02/05/2022	Free Physiotherapy camp, Adalaj
10	23/05/2022	Clinical Posting in Shalby hospital and SMS hospital, Ahmedabad

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Date of event:01/09/2021	Coordinator	Dr. Tanvi Vyas & Dr. Jaynesh Vandra
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Name and Type of Event/Activity	Third Wave Preparedness Training
Organized by:	Swarnim Start Up & Innovation University
Department	Venus institute of Physiotherapy
No of Students	70 Students
Time	01:00 PM to 03:00 PM

❖ **Brief outline addressed in the event:**

Venus Institute of Physiotherapy had organized a "Third Wave Preparedness Training Programme" for students and the faculty members on 01<sup>st</sup> September 2021 by the Dr. Tanvi Vyas and Dr. Jaynesh Vandra. Dr. Tanvi Vyas and Dr. Jaynesh Vandra had been trained by Health and Family Welfare Department of Gujarat Government.

The event started with the welcome speech by Dr. Ankit Sinha. Consequently, our Respected Principal Dr. Arvind Chauhan enlightened the students regarding the importance of physiotherapy stream in COVID - 19. Then Dr. Tanvi Vyas and Dr. Jaynesh Vandra gave the valuable knowledge of:

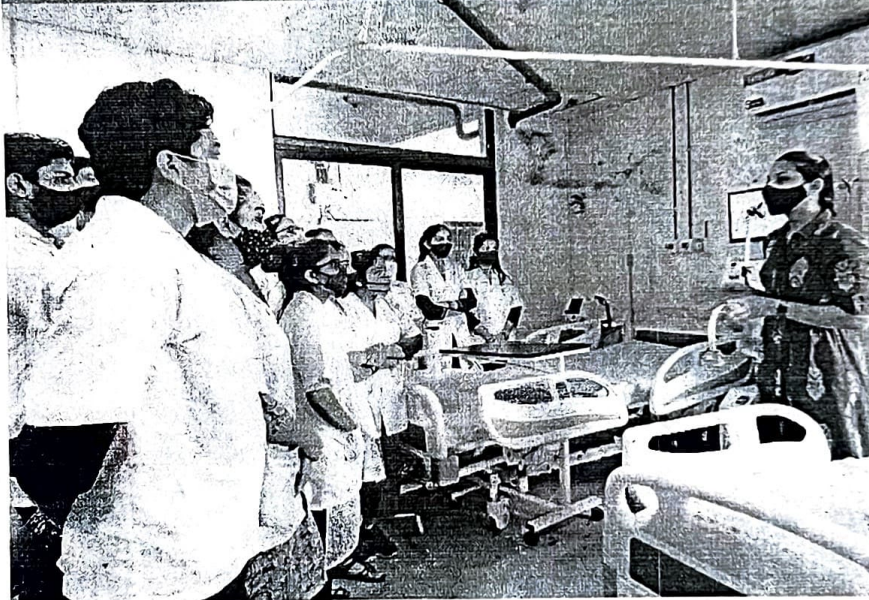
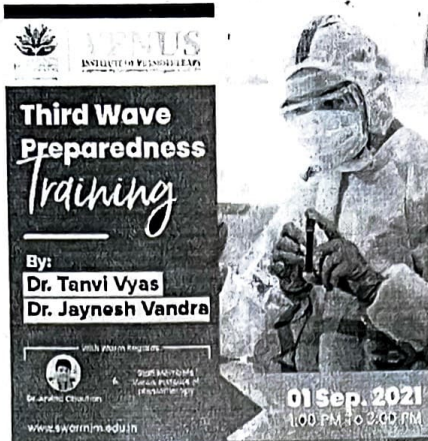
1. Clinical Management of COVID - 19 Cases.
2. Antenatal care for non-COVID - 19 pregnant women in current pandemic
3. Antenatal care for Suspected / Confirmed Patients
4. Management during Intranatal Care for pregnant women with COVID - 19
5. 3rd Wave COVID - 19 TOT Paediatrics
6. Oxygen therapy for COVID - 19 adult patients
7. Sample Collection and Transport for COVID - 19 diagnosis
8. Infection Prevention and Control
9. PHYSIOTHERAPY REHABILITATION in POST COVID - 19

Then knowledge about the ICU ward and Ventilator operation is to be taught with a visit to ICU of Swarnim Health Science Institute.

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**World Physiotherapy day**

Date of event: 8/9/2021	Coordinator	All Physiotherapy staff
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Name and Type of Event/Activity	World Physiotherapy Day
Organized by:	Swarnim Start up and Innovation University
Department	Venus institute of Physiotherapy
No of participants	70 students
Time	09:00AM -04:00 P.M.
C0-Ordinator	All Physiotherapy staff

**Brief outline addressed in the event:**

Physiotherapist has a capability to get the patients out from bed, teach them how to walk again, run again, dance again, live life again. Today, on 8<sup>th</sup> September, 2021. Venus Institute of Physiotherapy has celebrated World Physiotherapy Day.

On this Day, We had reputed & renowned person from Physiotherapy filed that is, Dr. Umashankar Mohanty. They shared their experience as well as gave ample knowledge & proper guidance about physiotherapy to our students. Our Respected Guest Dr. Umashankar Mohanty gave detailed explanation to our students regarding Long COVID & Rehabilitation. Also he taught how to deal with patients during this scenario.

The celebration of "World Physiotherapy Day" was started with Blessing of God in the form of Prayer by our Final Year Student. In continuation, Dr. Tanvi Vyas and Dr. Reema Pandya gave a welcome speech to all & she introduced to our guest of honour Dr. Umashankar Mohanti sir, our respected Pro-vost sir Dr. Kartik Jain & Academic director of Swarnim Health Science Mr. Hiren Kadikar.

Dr. Arvind Kumar (principal of Venus Institute of Physiotherapy) addressed the student & said that Physiotherapists are also the first contact practitioners, which means that we are in a position to take responsibility for the early identification of infectious disease and/or management. It is therefore very important for physiotherapists and other health professionals to be familiar with long COVID-19 and how to prevent it. The physiotherapists must use their

  
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professional judgment to determine when, where, and how to provide care. At the same time, consideration must be given to the fact that our profession plays a crucial role in the health of our society, and there are people in our communities whose health will be significantly impacted by disruptions to care. Long COVID can include a range of different signs and symptoms across body systems including, but not limited to: pulmonary, cardiovascular, gastrointestinal, reproductive, genitourinary, endocrine, renal, dermatologic, musculoskeletal, neurological, neuropsychiatric, immunological, ophthalmic, and audiological. The most frequently reported Long COVID symptoms after 6 months include fatigue, post-exertion malaise, and cognitive dysfunction. Physiotherapists use their knowledge and skills to improve a range of conditions associated with different systems of the body.

Physiotherapists work in a variety of specialisms in health and social care. Additionally, some physiotherapists are involved in education, research and service management and its requirement during this pandemic. In furtherance Our Academic Director Mr. Hiren Kadikar added about the future of Physiotherapy.

After that, this event was continued with the Various Activities like, Singing, Rangoli Competition, Quiz Competition, Poster Presentation, Skit based on Long COVID and Physiotherapy by Students, Games related to Physiotherapy. 70 students, who had participated, are fascinated in all the activities.

The winners for Poster Presentation are as follows:-

- 1<sup>st</sup> - Peri, Samarth and Bhaumik
- 2<sup>nd</sup> - Nisha, Aartri and Rashika
- 3<sup>rd</sup> - Adarsh, Krunal, Lawrence and Prince.
- 3<sup>rd</sup> - Shraddha, Roshni and Darshita

Rangoli Competition:

- 1<sup>st</sup> - Yash, Deep, Mihir, Dhruta Shweta and Namrata
- 2<sup>nd</sup> - Keshvi, Peri and Nidhi
- 3<sup>rd</sup> - Urvashi, Bushrabanu and Mahi

Quiz Competition:

Rashika, Darshita, Riddhi, Disha and Charmi.

And with all this a knowledge and importance regarding physiotherapy has been spread to the community; through Community Physiotherapy Awareness Session.

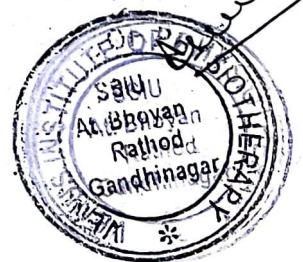
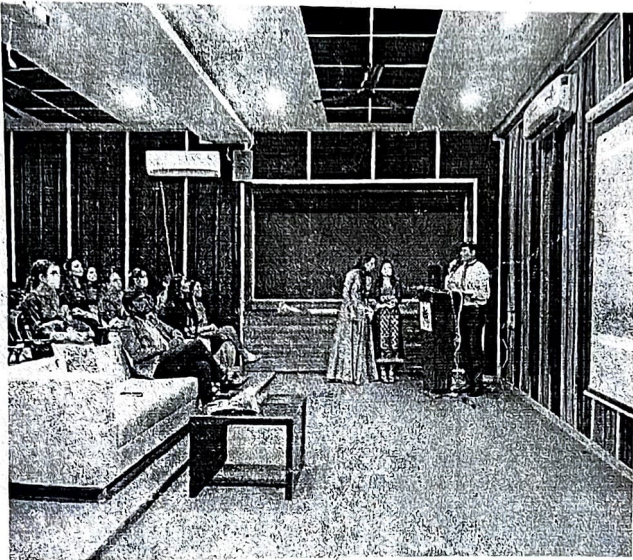


# VENUS

## INSTITUTE OF PHYSIOTHERAPY

(Approved by Government of Gujarat & GSCPT)

### Photographs





# Therapeutic Taping

Name & type of Activity and Event	Workshop on Therapeutic Taping
Date of Event	5/12/2021
Resource person	Dr. Sanjiv K Jha
Time	9 to 5 PM
Venue	SBB College of Physiotherapy, Ahemdabad

## **Brief outline addressed in the event:**

"Taping" is also called kinesiology tape or kinesiology therapeutic tape, is an elastic cotton strip with an acrylic adhesive that is purported to ease pain and disability from athletic injuries and a variety of other physical disorders

On 5<sup>th</sup> December, 2021 Venus Institute of Physiotherapy Final year students went SBB Collage of Physiotherapy, Ahemdabad to attend the workshop on Therapeutic Taping. Total 12 students from Venus Physiotherapy Collage were participated in this workshop.

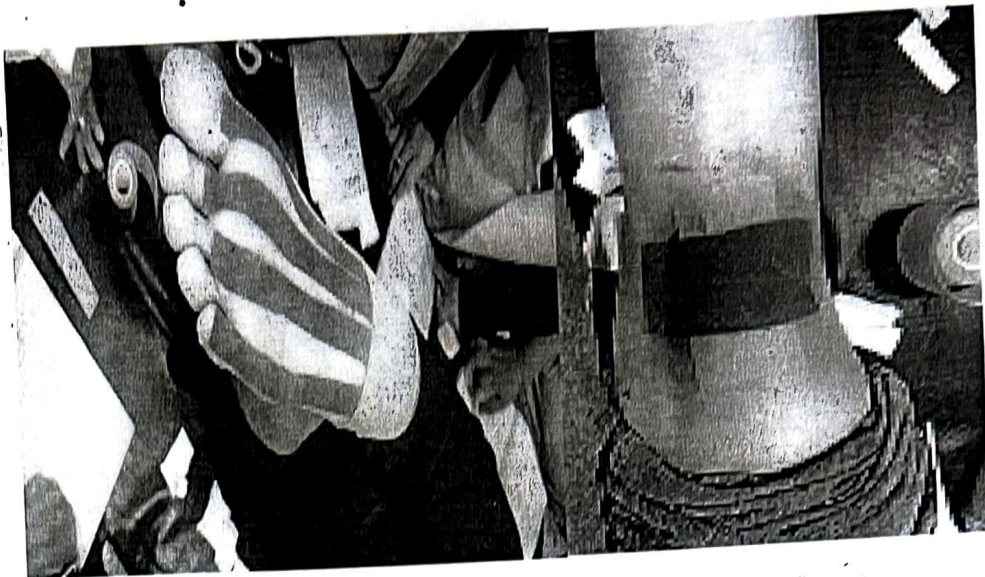
Resource person of this day was Dr. Sanjiv K Jha (PT), who has conducted more than 360 workshops on Therapeutic Taping. The event started with welcome speech of Dr. Sanjiv K Jha, Consequently our respected Principal Dr. Arvind Kumarsir (Venus Institute of Physiotherapy) enlightened the students regarding the workshop and addressed their brief knowledge about the importance of Taping technique in certain Physiotherapy Condition.

Dr. Sanjiv K Jha started the session by introducing Taping technique in Physiotherapy field. He also gave knowledge about Physiotherapy condition in which Taping is useful to rehabilitate the Patient he also added that proper taping also enables weak muscles to function efficiently, reduces pain and fatigue, and protects against cramping. All the students were actively participated in this workshop even they also did the practice of taping on each other. They also discussed their doubt with Dr. Sanjiv K Jha. All the students really enjoyed this session and shared their experienced to learn this new thing. At the end of the session all the students were certify with the therapeutic taping certificate.

  
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## Webinar on opportunities in foreign countries for physiotherapist

Name and Type of Event/Activity	Webinar on opportunities in foreign countries for physiotherapist
Organized by:	Venus institute of Physiotherapy
Department	Physiotherapy Department
Name of coordinators	All physiotherapy staff members
Time	3:00 P.M Onwards
Participants	All Bachelor of Physiotherapy Students

### Brief outline addressed camp:-

On 7<sup>th</sup> Feb 2022, Venus Institute of Physiotherapy was organized webinar on scope & opportunities in foreign countries for physiotherapist. Student who wants to go foreign for further study so for them institute has organized this webinar.

Speaker of this webinar was Saikat Bhowmik (Assistant Manager Business Development, IDP Education. Who guide our students about popular countries of education which are Australia, USA, UK, New Zealand, Canada, and Ireland. Then he also discussed with the reason why to study on particular country and discussed about opportunities in every country. So on basis of that student can choose the country of their interest for further study.

He also shared with the students services of IDP which are course and university selection, Application submission, visa counselling. Then he also shared the name of exams which required for foreign countries are IELTS, TOEFL, GMAT-MBA, GRE and which exams are mandatory require for one particular country. He also discussed about in which country which course is demandable.

At the end of the session students were interacted with the speaker and asked there doubt. The expert were solved there doubt.

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**VENUS**  
INSTITUTE OF PHYSIOTHERAPY  
Approved by Government of Gujarat & CDDEP

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**07<sup>th</sup> Feb.**  
**2022**  
3.00 PM ONWARDS

## Scope & Opportunities In Foreign Countries For Physiotherapist

In Collaboration with



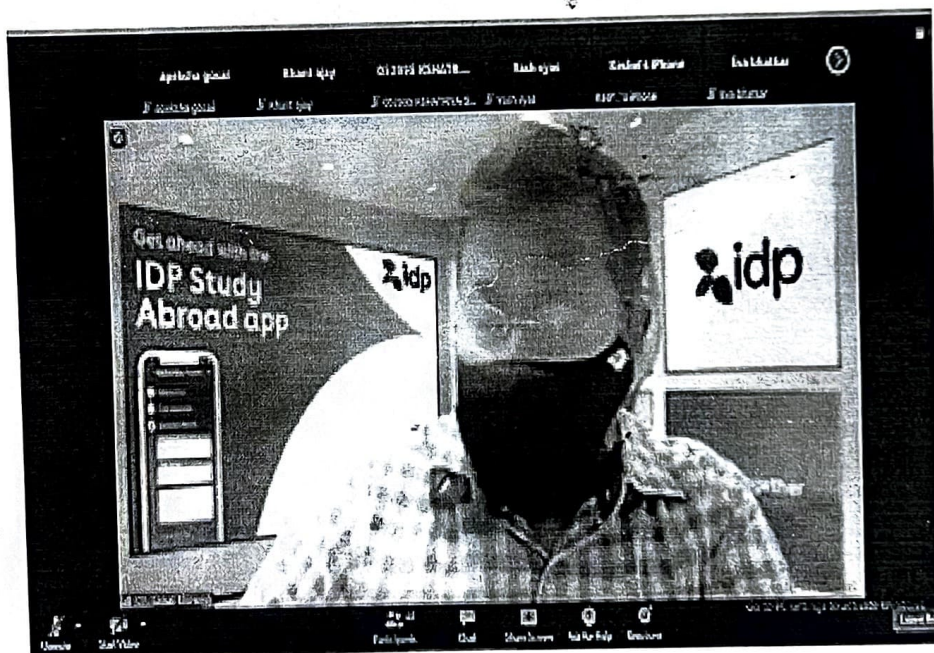
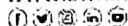
**Speaker**

**Saikat Bhowmik**  
Assistant Manager  
(Business Development)  
IDP Education (India) Pvt. Ltd.

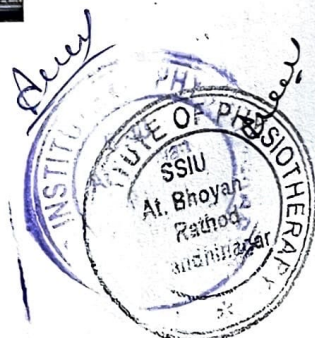


#Experience  
#TheReal

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## Free Physiotherapy Camp at Sargasan Village

Name and Type of Event/Activity	Free Physiotherapy Camp
Organized by:	Venus institute of Physiotherapy
Department	Physiotherapy Department
Name of Doctor	Dr. Apeksha Gosai, Dr. Shivam Acharya
Time	10:00 A.M Onwards
Venue	Sargasan Gram Community Hall, Gandhinagar

### Brief outline addressed camp:-

On 12<sup>th</sup> Feb 2022, Venus Institute of Physiotherapy was Organized Camp at Sargasan Gram Community hall near Gandhinagar. Timing for this camp was 10:00 A.M onwards at morning. Health science department of Swarnim University gave free treatment to the patient. The aim of organizing these camp to give treatment to those people who live in our community really need treatment.

From Venus Institute of Physiotherapy Department Dr. Apeksha Gosai (Assistant professor) and Dr. Shivam Acharya (Assistant professor) went for these camp to treat patient. Total 25 number of patients were attend these camp they discussed there problem with our doctors. Most of the patient In Physiotherapy department came with neck pain- due to muscle strain, overuse injury and with nerve compression, back pain- due to degenerative changes and/or ligament sprain and with knee pain- due to ageing, repetitive stress on knee joint or injury problems.

Our doctor assessed them then also gave them exercise and Home exercise. Also told them about do's and don'ts for particular condition, we also gave them addressed of our physiotherapy department so when they need they can come for treatment follow up.

Patients found this camp beneficial and were looking for more such camp.

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## Free Physiotherapy Camp at Shantiniketan Vriddhashram, Adalaj.

Name and Type of Event/Activity	Free Physiotherapy Camp
Organized by:	Venus institute of Physiotherapy
Department	Physiotherapy Department
Name of Students	Payal Mange, Nidhi Panchal
Time	9:00 A.M Onwards
Venue	Shantiniketan vriddhashram, Adalaj.

### Brief outline addressed camp:-

On 4<sup>th</sup> April 2022, Venus Institute of Physiotherapy had Organized Camp at Shantiniketan vriddhashram, Adalaj. Timing for this camp was 9:00 A.M onwards at morning. Health science department of Swarnim University gave free treatment to the patient. The aim of organizing these camp to give treatment to those people who live in our community really need treatment.

From Venus Institute of Physiotherapy Department Payal Mange and Nidhi Panchal (Student of 4<sup>th</sup> BPT) went for these camp to treat patient. Total 50 number of patients were attend these camp they discussed there problem with our Students. Most of the patient In Physiotherapy department came with neck pain- due to muscle strain, overuse injury and with nerve compression, back pain- due to degenerative changes and/or ligament sprain and with knee pain- due to ageing, repetitive stress on knee join or injury problems.

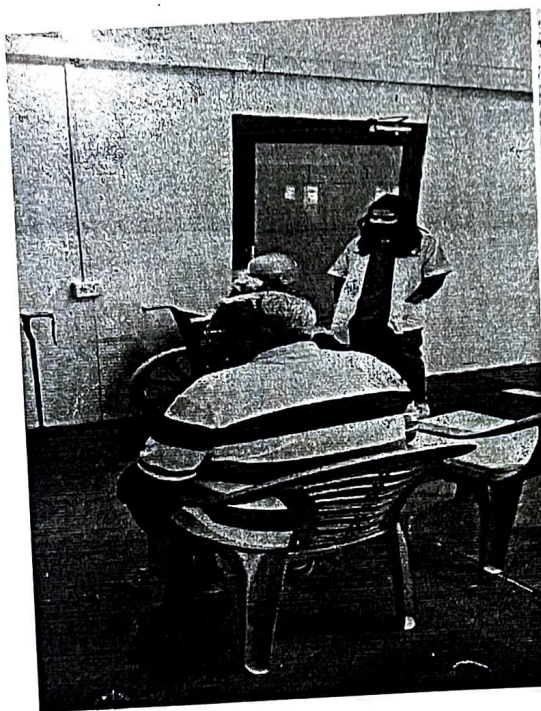
Our Students assessed them then also gave them exercise and Home exercise. Also told them about do's and don'ts for particular condition, we also gave them addressed of our physiotherapy department so when they need they can come for treatment follow up.

Patients found this camp beneficial and were looking for more such camp.

  
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## Webinar event on Maintaining Health during Current Pandemic Situation

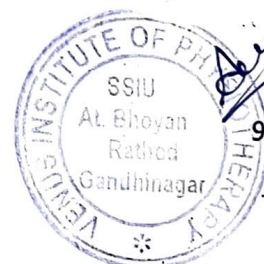
"The human body has been designed to resist an infinite number of changes and attacks brought about by its environment. The secret of good health lies in successful adjustment to changing stresses on the body."  
- Harry J. Johnson.

As defined by the World Health Organization (WHO), Health is a "State of complete physical, mental, and social well-being and not merely the absence of disease or infirmity." It is the most important aspect of our existence which can't be ignored. We all know various types of diseases are there in the Environment due to which people are suffering. It is necessary to spread awareness among people and to give knowledge about health. For this, every year on 7 April World Health Day is observed under the leadership of the World Health Organisation to draw attention among the people towards the importance of global health.

Venus Institute of Physiotherapy organized a webinar on "MAINTAINING HEALTH DURING CURRENT PANDEMIC SITUATIONS" by Dr. Tanvi Vyas and Dr. Shivani Pagare under the guidance of Our Respected Principal Dr. Arvind Chauhan. In this webinar we invited our guest speaker Dr. Karishma Jagad who working as a senior Lecturer at Government Physiotherapy College, Jamnagar. She shared her valuable knowledge about "Role of Physiotherapy in maintaining health during the current Global pandemic situation.". she explained very well about various treatment techniques of physiotherapy that is chest Physiotherapy, breathing exercise and she also taught the importance of being fit during this covid situation.

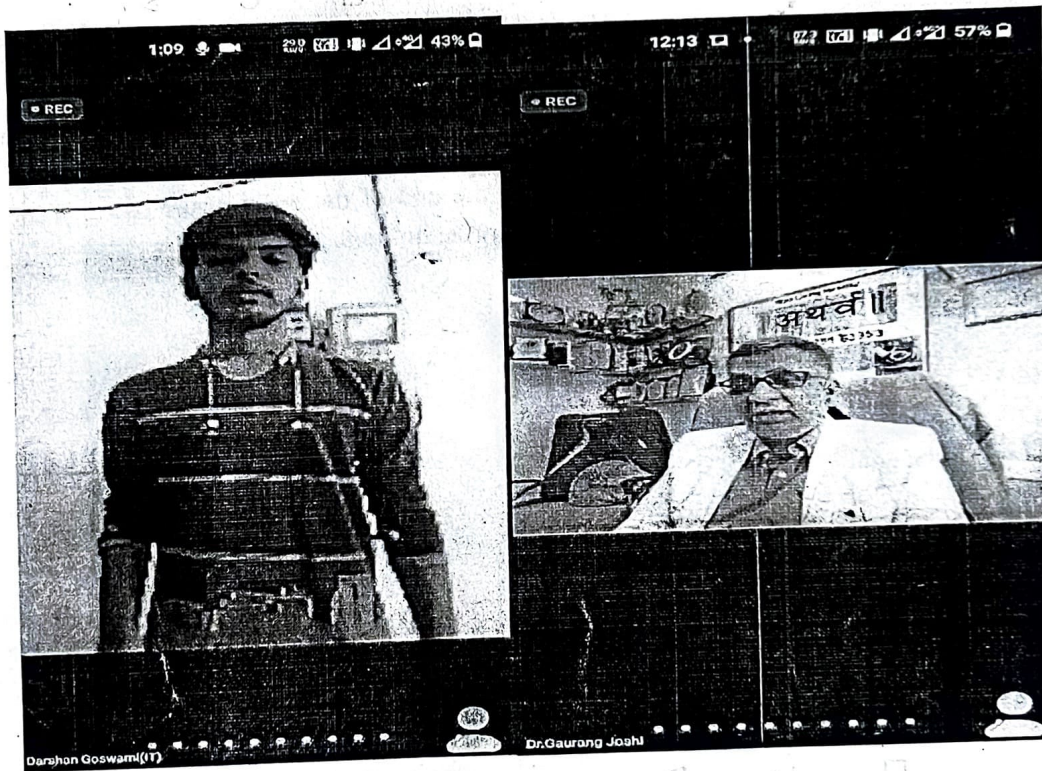
On the occasion of World Health Day, Venus institute of physiotherapy also organized Elocution Competition, in which students had to give speech on "Global Health Scenario before and after Covid 19 Pandemic" in which students participated actively and share their thoughts in a creative manner. Total 150 + students and faculties were part of this webinar. at the end of the event Principal of Venus Institute of Physiotherapy, Dr. Arvind Chauhan congratulate the prize holders.

  
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# PHOTOS:



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## SEMINAR ON ICU MANAGEMENT WITH BASICS OF ECG AND VENTILATORY MODES

Name and Type of Event/Activity	Seminar on ICU Management.
Organized by:	Venus institute of Physiotherapy
Department	Physiotherapy Department
Name of Doctor	Dr. Shivam Acharya
Time	2:00 P.M – 4:00 P.M
Venue	Seminar Hall, Swarnnim Start up and Innovation University.

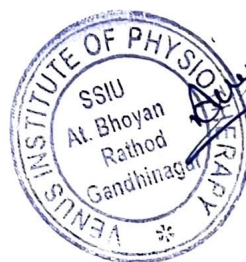
### Brief outline Addressed in Seminar:-

On 27<sup>th</sup> April 2022, Venus Institute of Physiotherapy had Organized Seminar at Seminar Hall in Swarnnim Start up and Innovation University. Timing for this Seminar was 2:00 P.M - 4:00 P.M. Dr. Shivam gave Lecture on ICU Management with Basics of ECG and Ventilatory Modes. The aim of organizing these Seminar to give quality knowledge to those people who will do their duties in various hospitals and ICU's in Further Future.

He Explain each and everything in detail with live examples. This session was more interactive and he has given answers of all students query. He has covered all the basic details regarding ICU, ECG and Ventilatory modes.

All the Students of Venus Institute of Physiotherapy were present and they attended that seminar nicely. He appeals to all the students to do such practice of interpretation of ECG regularly.

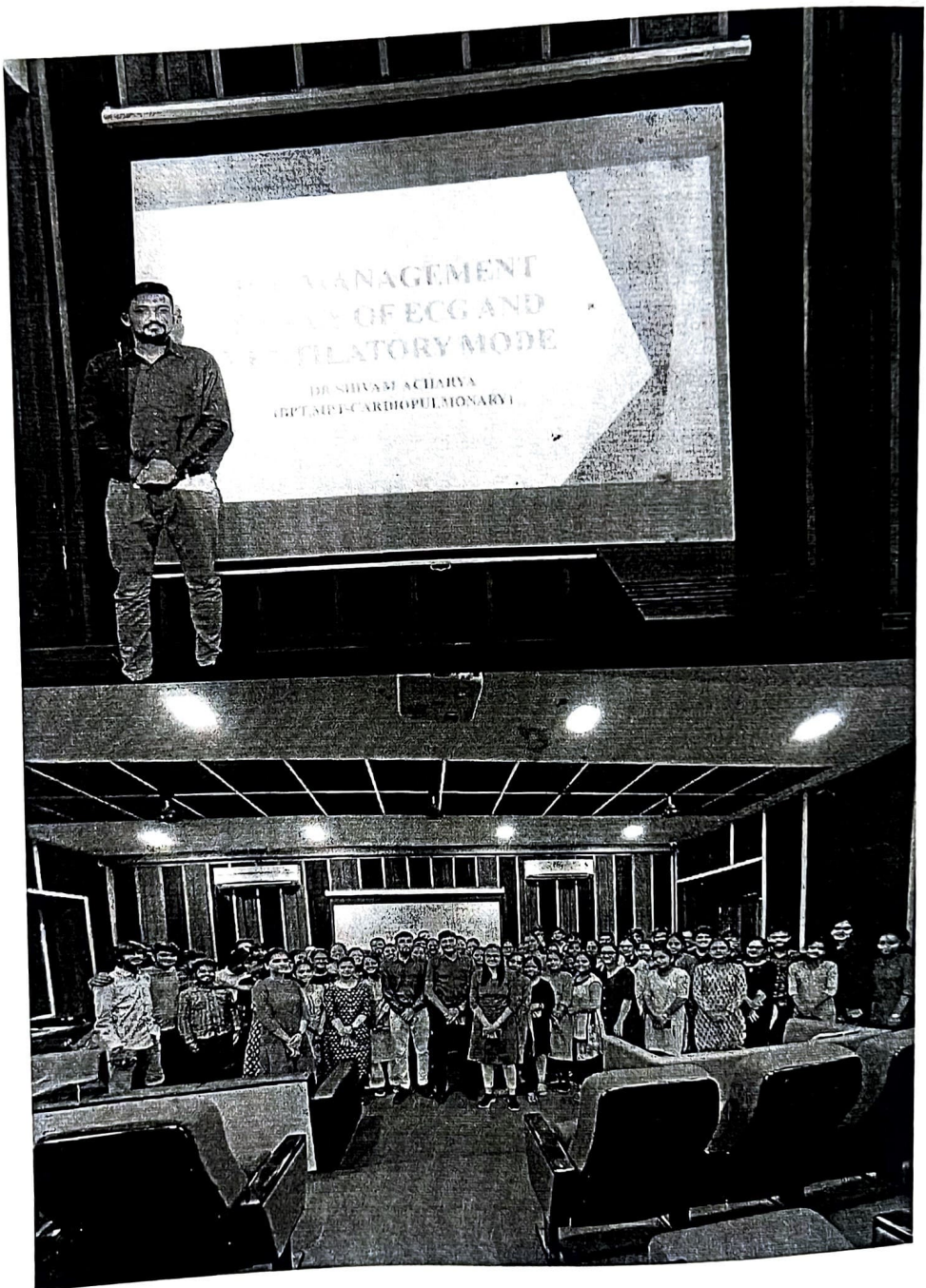
  
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**Significance/Outcome:** After completion of seminar students were cleared about ICU Management, Interpretation of ECG and Ventilatory modes.

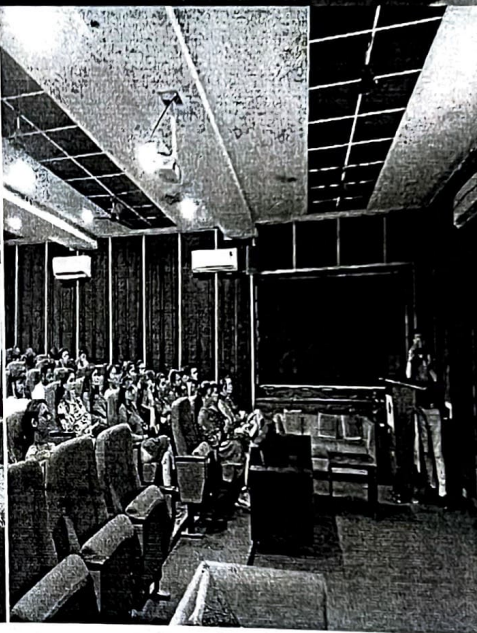
**Conclusion:** This Seminar was Fruitful to all students and actively participated in seminar and interaction of seminar.



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## Free Physiotherapy Camp at Shantiniketan Vriddhashram, Adalaj.

Name and Type of Event/Activity	Free Physiotherapy Camp
Organized by:	Venus institute of Physiotherapy
Department	Physiotherapy Department
Name of Students	Yartik Dholariya, Prince Kumavat
Time	9:00 A.M Onwards
Venue	Shantiniketan vriddhashram, Adalaj.

### Brief outline addressed camp:-

On 2<sup>nd</sup> May 2022, Venus Institute of Physiotherapy had Organized Camp at Shantiniketan vriddhashram, Adalaj. Timing for this camp was 9:00 A.M onwards at morning. Health science department of Swarnim University gave free treatment to the patient. The aim of organizing these camp to give treatment to those people who live in our community really need treatment.

From Venus Institute of Physiotherapy Department Yartik Dholariya and Prince Kumavat (Student of 3<sup>rd</sup> BPT) went for this camp to treat patient. Total 50 number of patients were attend these camp they discussed their problem with our Students. Most of the patient In Physiotherapy department came with neck pain- due to muscle strain, overuse injury and with nerve compression, back pain- due to degenerative changes and/or ligament sprain and with knee pain- due to ageing, repetitive stress on knee join or injury problems.

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Patients found this camp beneficial and were looking for more such camp.

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