

# **PRACTICAL SESSIONS INTEGRATED WITH THEORY COURSES**

**Swarinim Stat-up & Innovation University**  
**Aarohant Ayurvedic Medical College & Research**  
**Institute**

**BAMS Syllabus (5.5 year course - 4.5 years academic  
and 1 year internship)**

1st Year:	Subject	Total marks	Theory	Practical	Teaching Hours
1	<u>Padarth Vigyan &amp; Ayurved Itihas</u>	200	200		150 hours
	Paper 1- 100 marks				
	Paper 2- 100 marks				
2	<u>Sanskrit</u>	100	100		90 hours
3	<u>Kriya Sharir</u>	300	200	100	180 hours
	Paper 1- 100 marks				
	Paper 2- 100 marks				
4	<u>Rachana Sharir</u>	300	200	100	180 hours
	Paper 1- 100 marks				
	Paper 2- 100 marks				
5	<u>Maulik Siddhant ayum Astang Hridaya</u>	100			120 hours
2nd Year	Subject	Total marks	Theory	Practical	Teaching Hours
1	<u>Dravyaguna Vighyan</u>	400	200	200	
	Paper 1- 100 marks				

	Paper 2- 100 marks					
<b>2</b>	<b>Roga Nidana</b>	300	200	100		
	Paper 1- 100 marks					
	Paper 2- 100 marks					
<b>3</b>	<b>Rasashastra</b>	400	200	200	200 hrs theory and 200 hrs practical	
	Paper 1- 100 marks					
	Paper 2- 100 marks					
<b>4</b>	<b>Charak Samhita</b>	100	100		200 hours	
<b>3rd Year</b>	<b>Subject</b>	<b>Total marks</b>	<b>Theory</b>	<b>Practical</b>	<b>Teaching Hours</b>	
					200 hrs theory and 100 hrs practical	
<b>1</b>	<b>Agadtantra</b>	150	100	50		
					200 hrs theory and 100 hrs practical	
<b>2</b>	<b>Swasthavritta</b>	300	200	100		
	Paper 1- 100 marks					
	Paper 2- 100 marks					
					200 hrs theory and 100 hrs practical	
<b>3</b>	<b>Prasuti Tantra Evum Stri Roga</b>	300	200	100		
	Paper 1- 100 marks					
	Paper 2- 100 marks					
<b>4</b>	<b>Kaumarbhriva Parichaya</b>	150	100	50		
<b>5</b>	<b>Charak Samhita (Uttarardha)</b>	100	100			

4th Year	Subject	Total marks	Theory	Practical	Teaching Hours
1	<b>Kayachikitsa</b>	300	200	100	
	Paper 1- 100 marks				
	Paper 2- 100 marks				
					100 hrs theory and clinical training 3 months
2	<b>Panchakarma</b>	150	100	50	
3	<b>Shalya Tantra</b>	300	200	100	
	Paper 1- 100 marks				
	Paper 2- 100 marks				
4	<b>Shalakya Tantra</b>	300	200	100	
	Paper 1- 100 marks				
	Paper 2- 100 marks				
5	<b>Research Methodology &amp; Medical Statistics</b>	50	50		



*Principal*  
Principal  
Aaribant Ayurvedic Medical  
College and Research Institute

Dr. Navin Banarase

# **Learning through Class Based Activities**

**Aarihant Ayurvedic Medical College and Research Institute**  
**Aarihant Ayurvedic Hospital**  
**At - Bhojan Rathod, Gandhinagar**

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## **“Guru Purnima Celebration”**

<b>INSTITUTE &amp; DEPARTMENT</b>	<b>AARIHANT AYURVEDIC MEDICAL COLLEGE AND RESEARCH INSTITUTE, AARIHANT AYURVEDIC HOSPITAL</b> AT - BHOYAN RATHOD , GANDHINAGAR
<b>ACTIVITY NAME / EVENT NAME</b>	Guru Purnima Celebration <ul style="list-style-type: none"> <li>- Shloka recitation competition</li> <li>- Quiz competition</li> <li>- Rangoli Competition</li> <li>- Video/Reel Competition</li> </ul>
<b>MONTH</b>	July 2023
<b>DATE OF THE EVENT</b>	3/07/2023 & 4/07/2023
<b>PLACE</b>	Aarihant Ayurvedic Medical College & Research Institute, Aarihant Ayurvedic Hospital
<b>GUESTS</b>	Dr. Navin Banarase Dr. Rakesh Salve

### Objective of the event:

The celebration of Guru Purnima is marked by spiritual activities and may include a ritualistic event, *Guru puja*, in honor of the Guru or teacher. Gurus are believed by many to be the most necessary part of life. On this day, disciples offer or pay respect to their guru. In addition to having religious importance, this festival has great importance for Indian academics and scholars. Indian academics celebrate this day by thanking their teachers as well as remembering past teachers and scholars. So Guru Purnima celebration was organized by Aarihant Ayurvedic Medical College and Research Institute which is constitute of Swarnnim Startup and Innovation University.

Name of Competitions	Co-ordinations	Judges	Winners
<b>Reels/ Video Competition</b>	Dr. Yogeshkumar Gite(Professor) Dr. Binal Gondalia (Consultant/ Assistant Professor) Dr. Hetal Mori ( Associate Professor)	Dr. Yogeshkumar Gite(Professor) Dr. Binal Gondalia (Consultant/ Assistant Professor) Dr. Hetal Mori ( Assistant Professor)	<b>Winner :</b> 1st rank: zeel Bhanushali Nidhi Chaudhry Mittal Panchal Radhika Panchal 2nd rank: Parekh Khushi Jigneshbhai from 1st year 3rd rank: Monali Patel from 1st year new

<b>Shloka Recitation Competition</b>	Dr. Vrushani Vyas(Assistant Professor) Dr. Dharmish kahodaliya(Assistant Professor) Dr. Mansi Jagtap(Assistant Professor)	Dr. Manik Godbole (Professor) Nilesha Jani (Lecturer) Dr. Sayli Bendal ( Assistant Professor)	<b>Winner :-</b> 1 <sup>st</sup> Winner :- Dhwani Rupareliya 2 <sup>nd</sup> winner: - Kunj Patel 3 <sup>rd</sup> winner: Dhruvi Parmar Purva Sidhhapara
<b>Quiz Competition</b>	Dr.Samiksha Gurav (Professor) Dr. Pankaj Kolambe (Associate professor)	Dr Santosh Gurav ( Professor)	Winner – 1st Ishita Patel Dhruv Valand  2nd Kruti Bhavsar Shafika Maru  3rd Mohit Surkar Shaikh Mariyam Naznin Mansuri



Shloka based Rangoli	Dr.Shila Malivad (Assistant professor)	Dr. samiksha (professor) Dr. Pooja (Assistant professor)	First Winner - 4th year - Ishita Patel, Kruti Bhavasar. Second Winner- 1st New - Niyati, Muskan, Tisha, Devanshu. Third Winner - 3rd year - Radhika Panchal, Seena Patel, Nidhi Chaudhary Third Winner - Shaikh Mariyam, Shafika maru, Manasi Padhiyar
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### **Flow of the event: mention the flow / schedule of the event in detail**

The programme was started around 10:00 am with Lamp lightening and Dhanvantari Poojan by Dr. Navin Banarase, Dr. Rakesh Salve, Dr. Yogeshkumar Gite on 3<sup>rd</sup> July 2023. After that session was started with introductory speech of Dr. Navin Banarase Dr. Yogeshkumar Gite had also given motivational speech. Total 80 students participated in various competitions. There are solo, duet and group performances. After motivational speech Shloka competition was started. After that Quiz competition was started. Rangoli competition was hold on 4<sup>th</sup> July 2023. Programme was ended with announcement of winners and certificate distribution on 4<sup>th</sup> July 2023.

### **Significance / Outcome:**

Approximately 80 students were participated in various competitions and all facilities and hospital staff attend the programme.









**Dr. Navin B.**



**Aarihant Ayurvedic Medical College and Research Institute**  
**At - Bhoyan Rathod, Gandhinagar**

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**“WORLD ENVIRONMENT DAY”**

<b>INSTITUTE &amp; DEPARTMENT</b>	<b>Swasthavritta &amp; Yoga Department</b> <b>Aarihant Ayurvedic Medical College And</b> <b>Research Institute</b> At - Bhoyan Rathod , Gandhinagar
<b>ACTIVITY NAME / EVENT NAME</b>	5 <sup>th</sup> June, World Environment Day Environment Awareness Rally and Tree Plantation
<b>MONTH</b>	JUNE-2023
<b>DATE OF THE EVENT</b>	05.06.2023
<b>DURATION</b>	10:00am to 11:00am

<b>PLACE</b>	SSIU Campus
<b>Organizing committee member</b>	1. Dr. Navin Banarase (Principal, AAMC & RI) 2. Dr. Tejal J. Ganvit (Assistant Professor, Swasthavritta and Yoga Department ) 3. Dr. Dharmisha Kahdoliya (Assistant Professor, Dravyaguna Department)
<b>Media &amp; Publicity Committee</b>	Dr. Tejal Ganvit, MD (ayu) Dr. Binal Gondalia, MD(ayu) Dr. Hardik Parmar, MS (ayu)

### Objective of the event:

Every year, World Environment Day is observed globally on **June 5**. It is celebrated to mark the importance of nature and the environment and it also gives out a message to the global population that nature should not be undervalued and it should not be taken for granted at any cost.

The theme for World Environment Day 2023 is focus on solutions to plastic pollution under the campaign **#BeatPlasticPollution**.

### Flow of the event:

On the occasion of world environment day every member of SSIU university had taken oath for beat plastic pollution. Environment Awareness Rally was started at 10:00am from Aarihant General Hospital. After completion of rally tree plantation at herbal garden area was completed. *Aaragvadha, Karvira, Aamalaki, Tulsi, Neem* and other ornamentals plants were planted by students of 1<sup>st</sup> Year (New & Old), 3<sup>rd</sup> Year and 4<sup>th</sup> BAMS, Teaching Staff, Non-Teaching staff, Admin staff.

### Significance / Outcome:

20+ plants were planted in garden, more than 250 students had participated and around 30 members of AAMC & RI were also actively participated.



## WORLD ENVIRONMENT DAY







**Dr. Navin B.**

*Dr. Navin B.*  
Principal  
Aaribant Ayurvedic Medical  
College and Research Institute



**Aarihant Ayurvedic Medical College and Research Institute**  
**At - Bhoyan Rathod, Gandhinagar**

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**“Sudden Cardiac Arrest & CPR Awareness Programme”**

<b>INSTITUTE &amp; DEPARTMENT</b>	<b>Kayachikitsa Department</b> <b>Aarihant Ayurvedic Medical College And</b> <b>Research Institute</b> At - Bhoyan Rathod , Gandhinagar
<b>ACTIVITY NAME / EVENT NAME</b>	Sudden Cardiac Arrest and Cardio Pulmonary Resuscitation (CPR) Awareness Programme
<b>DATE OF THE EVENT</b>	09.06.2023
<b>DUTRATION</b>	03:00pm onwards
<b>PLACE</b>	AAMC & RI
<b>Speaker</b>	Dr. Tushar Punse Associate Professor, Dept. of Kayachikitsa
<b>Assistance</b>	Dr. Jaimin Vaghela
<b>Media &amp; Publicity Committee</b>	Dr. Tejal Ganvit, MD (ayu) Dr. Binal Gondalia, MD(ayu) Dr. Hardik Parmar, MS (ayu)

### **Objective of the event:**

Cardiac arrest (CA) is almost always associated with loss of consciousness. Consciousness during CA and cardiopulmonary resuscitation (CPR) is rare, but it is most likely with high-quality CPR with few interruptions, adequate depth of chest compression, and use of mechanical devices for chest compression.

That's why awareness programme was arranged for students of Aarohant Ayurvedic Medical College and Research Institute by Kayachikitsa Department.

### **Flow of the event:**

Awareness Programme was started with Dhanvantari Poojan by staff & students. After that introduction of cardiac arrest, symptoms, complications, what is CPR? , emergency first aid treatment for cardiac patients was given by Dr. Tushar Punse (Associate Professor, Dept. KC). Dr. Jaimin Vaghela gave assistance support for performing CPR on dummy, and also teaches students how to give CPR. All 1<sup>st</sup> Year (New & Old), 3<sup>rd</sup> Year and 4<sup>th</sup> BAMS, Teaching Staff, Non-Teaching staff, Admin staff had taken actively part in this awareness programme.

### **Significance / Outcome:**

200 students, teaching, non-teaching and hospital staff had actively participated.






**AARIHANT**  
AYURVEDIC MEDICAL COLLEGE & RESEARCH INSTITUTE

## SUDDEN CARDIAC ARREST CARDIO PULMONARY RESUSCITATION (CPR) AWARENESS PROGRAM

**09 JUNE 2023**  
3 PM ONWARDS

Organised by  
**DEPT OF KAYACHIKITSA**  
AARIHANT AYURVED MEDICAL COLLEGE &  
RESEARCH INSTITUTE

AARIHANT AYURVED MEDICAL  
COLLEGE CORRIDOR



**ASSISTANCE**  
**DR. JAIMIN VAGHELA**  
Medical Officer



**SPEAKER**  
**DR. TUSHAR S PUNSE**  
Associate Professor  
Dept. Kayachikitsa

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**TheReal**

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**Dr. Navin B.**



## **Aarihant Ayurvedic Medical College and Research Institute**

**At - Bhojan Rathod, Gandhinagar**

### **“ Samskrit Day & Charak Jayanti Celebration”**

<b>INSTITUTE &amp; DEPARTMENT</b>	<b>AARIHANT AYURVEDIC MEDICAL COLLEGE AND RESEARCH INSTITUTE, AARIHANT AYURVEDIC HOSPITAL AT-BHOYAN RATHOD ,GANDHINAGAR</b>
<b>ACTIVITY NAME / EVENT NAME</b>	Sanskrit Day & Charak Jayanti Celebration
<b>DATE OF THE EVENT</b>	11/09/2023 & 12/09/2023
<b>DUTRATION</b>	At :- 09:30 AM onwards
<b>PLACE</b>	Aarihant Ayurvedic College & Research Institute
<b>Media &amp; Publicity Committee</b>	Dr.Binal Gondalia MD(ayu)  Dr. Tejal Ganvit MD (ayu)  Dr. Hardik Parmar MS (ayu)

### **Objective of the event:**

Charaka Samhita is the oldest and the authentic treatise on Ayurveda and is the ancient medical science of India. Apart from giving information on medical conditions and their treatment; it also gives the key to maintaining the health of a healthy person. The celebration of the day aims at awareness and promotion of Sanskrit language. In a bid to honour one of the world's oldest known languages, every year World Sanskrit Day is celebrated on the full moon day of the Hindu calendar month of Shravan or Sawan month. So Aarihant Ayurvedic Medical College & Research Institute, Swarnnim Startup and Innovation University celebrated Sanskrit Day & Charak Jayanti.

### **Flow of the event:**

The event was started around 9.30 am on 11/09/2023. Event was started with Dhanvantari Poojan by Dr Rakesh Salve sir.. Dnyanayag - Presentation by Vd Rakesh Salve. Abhyasat Prapyate Drushti - Narration of insightful shloka by 10 Faculties. Sanskrit gaan, stotra, nrutya and garba On 12/09/23. Abhyasat Prapyate Drushti - Narration of insightful shloka by 20 Faculties. Hrudi Tishthate Samhita - Quiz Competition. Swanubhuti - PPT presentation by team of Faculty and Student.

### **Significance / Outcome:**

Approximately 150 students and faculties had taken benefit of this event.













**Dr. Navin B**



## Aarihant Ayurvedic Medical College and Research Institute

**At - Bhoyan Rathod, Gandhinagar**

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### **“World Blood Donor Day”**

<b>Institute and Department</b>	Aarihant Ayurvedic Medical College & Research Institute, Health Science Department  At - Bhoyan Rathod ,Gandhinagar
<b>Activity Name / Event Name</b>	World Blood Donor Day
<b>Month</b>	JUNE – 2023
<b>Date of the event</b>	14/06/2022
<b>Duration</b>	3:00 PM to 4:00 PM
<b>Place</b>	Department of Kriyasharir
<b>Guest</b>	Dr. Hiren Kadikar (Academic Director)
<b>Media &amp; Publicity Committee</b>	Dr. Tejal Ganvit MD (ayu) Dr. Hardik Parmar MS (ayu) Dr. Binal Gondalia MD (ayu)

#### **Objective of the event:**

Every year, all the countries of world celebrate World Blood Donor Day. The slogan for this year is **“Give blood, give plasma, share life, share often.”** Blood is essential to help patients survive surgeries, cancer treatment, chronic illnesses, and traumatic injuries. So, raise awareness of the need for safe blood and to thank voluntary, unpaid blood donors for their life-saving gifts of blood, Kriyasharir Department of Aarihant Ayurvedic Medical College & Research Institute, which is constituent of Swarnnim Start-up and Innovation University organized event.

#### **Flow of the event:**

The event was started with welcomed of our guests Dr.Hiren Kadikar (Academic Director), Dr. Rakesh Salve (Director of Ayurveda) & Mr. Jaimin patel (Dy. Registrar). After that, information on World Blood Donor Day was given. Then, Poster & Reel competition started. Students of Aarihant Ayurvedic Medical College & Research Institute had participated in this event. In last, our Guests distribute certificates to the all winner. After vote of thanks the programme was completed.

### **Significance/Outcome:**

All the Students, Teaching Faculties, Consultants, Medical officers and admin staff of Aarihant Ayurvedic Medical College & Research Institute had attended the Event. In this, we get knowledge how blood donation is important in everyone's life.









Dr..Navin B



## Aarihant Ayurvedic Medical College and Research Institute

At - Bhoyan Rathod, Gandhinagar

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### **“World Tuberculosis Day”**

<b>Institute and Department</b>	Aarihant Ayurvedic Medical College & Research Institute, Health Science Department  At - Bhoyan Rathod ,Gandhinagar
<b>Activity Name / Event Name</b>	<b>“Azadi ka Amrut Mahottsav”</b>  Seminar - Ayurvedic management of Pulmonary Tuberculosis
<b>Month</b>	March - 2022
<b>Date of the event</b>	24/03/2022
<b>Duration</b>	10:00 AM onwards
<b>Place</b>	Department of Kayachikitsa
<b>Speaker</b>	Dr. Tushar Punse (Associate Professor, Department of Kayachikitsa )
<b>Host</b>	Dr. Binal Gondalia (Assistant Professor, Department of Kayachikitsa)
<b>Guest</b>	Dr. Navin Banarase (Principal)
<b>Media &amp; Publicity Committee</b>	Dr. Binal Gondalia MD (ayu) Dr. Hardik Parmar MS (ayu) Dr. Tejal Ganvit MD (ayu)



**Objective of the event:**

World Tuberculosis Day, observed on 24 March each year, is designed to build public awareness about the global epidemic of tuberculosis (TB) and efforts to eliminate the disease. In 2018, 10 million people fell ill with TB, and 1.5 million died from the disease, mostly in low and middle-income countries. This also makes it the leading cause of death from an infectious disease. On occasion of World Tuberculosis Day, Department of Kayachikitsa, AAMCRI had organised seminar on Ayurvedic management of Pulmonary Tuberculosis.

**Flow of the event:**


Seminar was started at 10:00am, hosted by Dr. Binal Gondalia (Assistant Professor, Department of Kayachikitsa). She has given the introduction of Speaker & introduction of Seminar.

Dr. Tushar Punse (Associate Professor, Kayachikitsa Dept.) had given informative & knowledgeable speech on Programmes & Policies of Tuberculosis. The Thanks of vote was given by Dr. Binal Gondalia & certificate was given by Dr. Navin Banarase (Principal) to Dr. Tushar Punse.


**Significance/Outcome:**

Teaching Faculties, Consultants, Medical officers and admin staff of AAMCRI had attended the seminar.






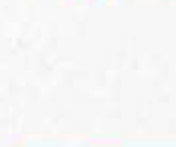
*On the Occasion of*  
**World Tuberculosis day**




**Seminar on**  
**Ayurvedic Management of**  
**Pulmonary Tuberculosis**  
*A Systematic Review*



**Dr. Tushar K. Punse**  
Associate Professor  
Dept. of Ayurveda  
Aarohit Ayurvedic Medical College & Research Institute



**Dr. Binai Gondalia**  
Assistant Professor  
Dept. of Ayurveda  
Aarohit Ayurvedic Medical College & Research Institute



**World Tuberculosis Day**

**Venue**  
Aarohit Ayurvedic Medical College & Research Institute

24

**MARCH**  
**2022**

**10.00 AM**  
**ONWARDS**

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**Dr. Navin B.**



## Aarihant Ayurvedic Medical College and Research Institute

**At - Bhoyan Rathod, Gandhinagar**

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<b>Institute and Department</b>	Aarihant Ayurvedic Medical College and Research Institute ,Gandhinagar
<b>Activity Name / Event Name</b>	Orientation Programme
<b>Month</b>	February 2023
<b>Date of the event</b>	28.02.2023
<b>Duration</b>	09.00 am Onwards
<b>Guest</b>	Dr. Hiren Kadikar (Academic Director) Principal/HoI of All Institute
<b>Host</b>	Vd. Rakesh Salve (Director of Ayurveda)  Dr. Navin Banarase (Principal) & Ayurveda Family
<b>Place</b>	Ayurved Hospital Corridor
<b>Media &amp; Publicity committee</b>	Dr. Tejal Ganvit MD (Ayu)  Dr. Hardik Parmar MS (Ayu)  Dr. Binal Gondalia MD(Ayu)

## **“Orientation Programme for 1<sup>st</sup> Year BAMS-2023”**

### **Objective of the event:**

Ayurveda, the indigenous medical science is having a unique way in selection of student for learning medical science and it always upholds the diligence of medical students backed by good ethical conducts. In present days “*Shishyopanayana Ceremony*” is conducted as an initiation to learn Ayurveda for the new comers and unfortunately the ceremony gets winded up with mere performance of rituals.

In Indian system of education the students are inducted for learning various branches of knowledge in the *Gurukula* under certain Guru. For this the *Upanayana* ceremony was organized by Aarihant Ayurvedic Medical College & Research Institute of Swarnim Startup and Innovation University.

### **Flow of the event: mention the flow / schedule of the event in detail**

Event was started with registration of 1<sup>st</sup> Year BAMS students and welcomed them with Tilak. The programme was started around 9:30 am with Dhanvantari Poojan & Havana by Dr. Hiren Kadikar (Academic Director), Vd. Rakesh Salve (Director of Ayurveda), Dr. Navin Banarase (Principal), Principal of Homeopathy & SIT and all staff members . After Havana, Pooja Thread was tied on Right hand & got blessings from Gurus. After that 1<sup>st</sup> Year students has welcomed students with introduction, ramp walk and other activities.

At the end White coat ceremony was done by Principal sir & other faculties.

### **Significance/Outcome:**

Event was successfully completed, 1<sup>st</sup> Year New & Old batch had taken benefits of Havan & Pooja. Hospital staff, Teaching Faculties, Non-teaching faculties also taken benefits.

















**Dr. Navin B.**



**Aarihant Ayurvedic Medical College and Research Institute**  
**At - Bhojan Rathod, Gandhinagar**

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**“Awareness rally & Seminar on occasion of World Organ**

<b>INSTITUTE &amp; DEPARTMENT</b>	<b>AARIHANT AYURVEDIC MEDICAL COLLEGE AND RESEARCH INSTITUTE, AARIHANT AYURVEDIC HOSPITAL</b> <b>AT - BHOYAN RATHOD , GANDHINAGAR</b>
<b>ACTIVITY NAME / EVENT NAME</b>	Awareness rally & Seminar on occasion of World Organ Day
<b>DATE OF THE EVENT</b>	11/08/2023
<b>DURATION</b>	At :- 09:30 AM onwards
<b>PLACE</b>	Kalol
<b>Media &amp; Publicity Committee</b>	Dr.Binal Gondalia MD(ayu) Dr. Tejal Ganvit MD (ayu) Dr. Hardik Parmar MS (ayu)

**Donation Day”**



## Objective of the event:

**Organ donation** is the process when a person allows an [organ](#) of their own to be removed and [transplanted](#) to another person, [legally](#), either by [consent](#) while the donor is alive or dead with the assent of the next of kin. Donation may be for research or, more commonly, healthy [transplantable organs and tissues](#) may be donated to be transplanted into another person. To increase the number of organ donors, especially among underrepresented populations, current approaches include the use of optimized social network interventions, exposing tailored educational content about organ donation to target social media users. Every year August 13 is observed as **World Organ Donation Day** to raising awareness about the importance of organ donation. So, for the awareness, seminar and rally were organized by Aarohant Ayurvedic Medical College & Research Institute, Swarnim Startup and Innovation University.

## Flow of the event:

The event was started around 9.30 am on 11/08/2023. Students and faculties were reached by bus at Kalol. After that rally was started. Students had prepared various slogans and posters for awareness. Seminar was started around 2.00 pm. Dr. Akhil Paul had given very informative speech on awareness of organ donation. Dr. Navin Banarase had felicitate with certificate. On 17/08/2023 Anatomy department had arranged “An organ informative based ramp walk competition. 1<sup>st</sup> year BAMS students actively participated in this competition Each body organs & small parts of each system of human body were well explained by students. Dr.Manik Godbole & Dr.Daivdhala ma'am judged the students and gave them rank. Dr. Rakesh Salve sir (Academic Director) had also given us very important information about organ donation.

## Significance / Outcome:

Approximately 150 students and faculties had taken benefit of this rally & seminar.







**Dr. Navin B.**





# TRANSITIONAL CURRICULUM

<b>DAY -1 (20.02.2023)</b>		
<b>Sr. No.</b>	<b>Topic</b>	<b>Speaker</b>
1.	Inauguration	
2.	Interaction with students	<b>Dr. Navin Banarase,</b> Principal, AAMC & RI
3.	Importance of Sanskrit in Ayurveda	<b>Mrs. Nilesa Jani,</b> Dept. of Samhita & Siddhant
4.	Pre-Test	<b>Dr. Sayali Bendal</b> Dept. of Samhita & Siddhant
5.	Give Basic Information of Anatomy, Classification of Anatomy	<b>Dr. Tridev Patil</b> Dept. of Rachana Sharira
6.	Visit to Anatomy Lab., Museum, Cadaveric body and Dissection Hall	<b>Dr. Drashti Patel</b> Dept. of Rachana Sharira

**Day 1-** On the first day of transitional curriculum started with inauguration. About 9:30am programme was started with Dhanwantari Poojan done by Dr. Nilesa Jani. Lamp lighting was done by Dr. Navin Banarase, Vd. Rakesh Salve, Faculties & students.

After that Principal of AAMC & RI, Dr. Navin Banarase has been interacted with students. 11am to 12pm Mrs. Nilesa Jani conducted lecture on importance of Sanskrit in Ayurveda. 1pm-2pm pre-test was taken by Dr. Sayali Bendal for their basic knowledge about Ayurveda. During 2pm to 4 pm lecture & departmental visit was taken by Anatomy Department Dr. Tridev Patel & Dr. Drashti Patel respectively.





<b>DAY -2 (21.02.2023)</b>		
<b>Sr. No.</b>	<b>Topic</b>	<b>Speaker</b>
1.	History, Philosophy and concepts of ASU- Introduction by eminent Person.	<b>Dr.Yogeshkumar Gite</b> Dept. of Kayachikitsa
2.	Role of a Vaidya in the society	<b>Vd. Rakesh Salve</b> Director of Ayurveda
3.	Vadatu Sanskritam	<b>Mrs. Nilesa Jani</b> Dept. of Samhita & Siddhant
4.	Role of ASU in Public Health and Primary Health Centre	<b>Dr. Sonali P. Ladhi</b> Dept. of Swasthavritta & Yoga
5.	General information about Physiology/Kriyasharira Curriculum	<b>Dr. Vaibhav Bhadane</b> Dept. of Kriya Sharira
6.	Departmental and its laboratory visit.	<b>Dr. Shila Malivad</b> Dept. of Kriya Sharira

**Day 2-** First lecture was delivered by Dr. Yogeshkumar Gite, sir has given introduction about history, philosophy and concepts. Second lecture was about Role of a Vaidya in the Society and it was delivered by Vd. Rakesh Salve. Third lecture was conducted by Mrs. Nilesa Jani about Vadatu Sanskritam, students has learned about how to greeting in Sanskrit. Forth lecture was delivered by Dr. Sonali P. Ladhi; ma'am has talked about the role of ASU in public health and primary health centre. Fifth & Sixth lectures were conducted by Dr. Vaibhav Bhadane & Dr. Shila Malivad, Kriyasharira Department; they have given general information about subject and also taken visit of department & its laboratory.





<b>DAY -3 (22.02.2023)</b>		
<b>Sr. No.</b>	<b>Topic</b>	<b>Speaker</b>
1.	Professional Medical Ethics	<b>Dr. Swapanil Shinde,</b> Dept. of Swasthavritta & Yoga
2.	Lecture by eminent person of ASU	<b>Dr. V. P. Arlikatti,</b> Dept. of Dravyaguna
3.	Vadatu Samskritam	<b>Mrs. Nilesa Jani</b> Dept. of Samhita & Siddhant
4.	Importance of Computers in Ayurveda. Patient Data, Investigation Details information about AWS, Clouds, MS Office	<b>Prof. Yogesh Kumar,</b> Dept. of computers
5.	Introduction about other systems of Medicine	<b>Dr. Rima Pandya,</b> Venus Institute of Physiotherapy <b>Dr. Sayeda Sultana,</b> AHMC & RI (Homeopathy)
6.	General information about Samhita Siddhant Curriculum, its Departmental visit.	<b>Dr. Sagar Ital,</b> Dept. of Samhita & Siddhant

### **Day 3-**

First lecture was delivered by Dr. Swapanil Shinde on topic of Professional Medical Ethics. Second lecture was delivered by Dr. V. P. Arlikatti from department of Dravyaguna Vigyan. Third lecture was conducted by Mrs. Nilesa Jani about Vadatu Sanskritam, students have learned about how to greeting in Sanskrit. Fourth lecture was delivered by Prof. Yogesh Kumar. He gave information on Importance of Computers in Ayurveda. Also give some basic useful technics of MS Office. Fifth lecture was conducted by Dr. Rima Pandya. She gave basic knowledge of physiotherapy. Sixth lecture was delivered by Dr. Sagar Ital on the topic of Samhita Siddhant department General information & Department visit.







<b>DAY -4 (23.02.2023)</b>		
<b>Sr. No.</b>	<b>Topic</b>	<b>Speaker</b>
1.	Communicative English	<b>Dr. Aniruddha Kulakarni</b> Dept. of Panchkarma
2.	Stress Management and Capacity Building to address medical challenges	<b>Dr. Aarti Parmar,</b> Swarnim Institute of Business
3.	Vadatu Samskritam	<b>Mrs. Nilesa Jani</b> Dept. of Samhita & Siddhant
4.	Importance of Computers in Ayurveda, Patient Data, Investigation, Detail Information about AWS, Clouds, MS Office	<b>Mr. Krishn Limbachiya</b> Swarnim Institute of Technology
5.	General Information About Dravyaguna curriculum	<b>Dr. Avinash Bholane</b> Dept. of Dravyaguna
6.	Departmental Visit & Herbal Garden Visit	<b>Dr. Dharmisha Kahdoliya</b> Dept. of Dravyaguna

#### Day 4-

First lecture was delivered by Dr. Aniruddha Kulakarni on topic of Communicative English. Second lecture was delivered by Dr. Aarti Parmar, Swarnim Institute of Business on the topic Stress Management and Capacity Building to address medical challenges. Third lecture was conducted by Mrs. Nilesa Jani about Vadatu Sanskritam, students has learned about how to greeting in Sanskrit. Forth lecture was delivered by Mr. Krishn Limbachiya. Students learn some basic skill of Computers, which is useful in Ayurveda. Fifth lecture was conducted by Dr. Avinash Bholane. He gave basic knowledge of Dravyaguna. Sixth lecture was taken by Dr. Dharmisha Kahdoliya, students visited Department & Herbal Garden of Dravyaguna. Dr. Dharmisha gave some important herbs information which can be useful in daily life.









<b>DAY -5 (24.02.2023)</b>		
<b>Sr. No.</b>	<b>Topic</b>	<b>Speaker</b>
1.	Communicative English	<b>Dr. Tridev Patil</b>
2.	Lecture by Eminent Person of ASU	<b>Dr. Ram Shukla,</b> Vaidya Panchakarma Class-I, Govt. Ayurved Hospital, Kherva, Mahesana
3.	Vadatu Samskritam	<b>Mrs. Nilesa Jani</b> Dept. of Samhita & Siddhant
4.	General Information about Rasashastra and Bhaishajya Kalpna Curriculum	<b>Dr. Vrushani Vyas,</b>

		Dept. of Rasashastra and Bhaishajya Kalpna
5.	Lecture by Eminent person of ASU	<b>Dr. Ranjana Ingale,</b> Principal, Monark Ayurved College, Ahmedabad
6.	Departmental Visit and Aarihant Pharmacy Visit	<b>Dr. Manasi Jagtap,</b> Dept. of Rasashastra and Bhaishajya Kalpna

### Day 5-

First lecture was delivered by Dr. Tridev Patil on topic of Communicative English. Second lecture was delivered by Dr. Ram Shukla, Vaidya Panchakarma Class-I, Govt. Ayurved Hospital, Kherva, Mahesana. He shares some clinical experience of his practice, which motivates new B.A.M.S. students to learn Ayurveda. Third lecture was conducted by Mrs. Nilesa Jani about Vadatu Sanskritam, students has learned about how to greeting in Sanskrit. Forth lecture was addressed by Dr. Vrushani Vyas. She gave some brief of Rasashastra and Bhaishajya Kalpna. Fifth lecture was conducted by Dr. Ranjana Ingale, she has discussed about Striroga & Prasutirantra OPD Cases. Sixth lecture was taken by Dr. Manasi Jagtap. Students visited Department & Aarihant Pharmacy. They learned how to make Vati, Tail, Churna etc.







<b>DAY -6 (27.02.2023)</b>		
<b>Sr. No.</b>	<b>Topic</b>	<b>Speaker</b>
1.	Biomedical Waste Management	<b>Mr. Piyush Kataria</b> , Sanitary Inspector, SSIU
2.	Biodiversity and ASU	<b>Dr. Pallavi Joshi</b> , Dept. of Agadtantra
3.	Vadatu Samskritam	<b>Mrs. Nilesa Jani</b> Dept. of Samhita & Siddhant
4.	Discussion about how and where to get stationary regarding study (Like Books, Apron etc.)	<b>Ms. Kina Chaudhari</b> , AHMC & RI
5.	Communicative English	<b>Mr. Suman Vaghela</b> , Liberal Arts, SSIU
6.	General Information Agadtantra Curriculum and Department Visit	<b>Dr. Pankaj Kolambe</b> , Dept. of Agadtantra

#### **Day 6-**

First lecture was delivered by Mr. Piyush Kataria. He gave knowledge on how to collect the Biomedical Waste & how to destroy the waste. Second lecture was delivered by Dr. Pallavi Joshi from Dept. of Agadtantra on the topic Biodiversity. Third lecture was conducted by Mrs. Nilesa Jani about Vadatu Sanskritam, students has learned about how to greeting in Sanskrit. Forth lecture was addressed by Ms. Kina Chaudhari. She discussed with students about how and where to get academic books, stationary. Fifth lecture was conducted by Mr. Suman Vaghela to improve English communicative skill in daily life. Sixth lecture was taken by Dr. Pankaj Kolambe. In this lecture, Departmental visit done by students.



3



<b>DAY -7 (01.03.2023)</b>		
<b>Sr. No.</b>	<b>Topic</b>	<b>Speaker</b>
1.	Gender Sensitization	<b>Ms. Komal Patel,</b> Swarnim Institute of Business
2.	Healthcare facilities in Ayurveda of our campus	<b>Dr. Divya Virpariya,</b> Medical Officer
3.	General Information Swasthavritta & Yoga curriculum and Departmental Visit	<b>Dr. Tejal J. Ganvit,</b> Dept. of Swasthavritta & Yoga
4.	Lecture by eminent person of ASU	<b>Dr. Hasmukhbhai Soni,</b> Chairman of Gujarat board of Ayurveda and Unani Systems of Medicine
5.	General information Prasutirantra and Striroga Curriculum and departmental visit	<b>Dr. Ayswarya Narayan,</b> Dept. of Stritoga and Prasutirantra
6.	Skills- Basic Life Support (BLS) and First Aid	<b>Dr. Abhinav Sonawane,</b> Dept. of Shalyatantra

### Day 6-

First lecture was delivered by Ms. Komal Patel. She aware the students on gender equality. Second lecture was delivered by Dr. Divya Virpariya. She gave the information regarding healthcare facilities of Aarohant Ayurveda hospital. Third lecture was conducted by Dr. Tejal J. Ganvit. She delivered speech on General Information of Swasthavritta & Yoga. She also aware students the importance of yoga in daily life. Forth lecture was given by Dr. Hasmukhbhai Soni, Chairman of Gujarat board of Ayurveda and Unani Systems of Medicine. He gave information on what are the scopes of Ayurveda in Health care. Fifth lecture was conducted by Dr. Ayswarya Narayan on the topic of General information Prasutirantra and Striroga. Students also visited the department of PTSR. Sixth lecture was taken by Dr. Abhinav Sonawane. In this lecture, students learned “Basic Life Support (BLS) skill and First Aid”.



**DAY -8 (02.03.2023)**

S r. No.	Topic	Speaker
1.	Yoga and Meditation	<b>Dr. Sonali Ladhi &amp; Dr. Tejal J. Ganvit</b> Dept. of Swasthavritta and Yoga
2.	Yoga and Meditation	<b>Dr. Sonali Ladhi, &amp; Dr. Tejal J. Ganvit</b> Dept. of Swasthavritta and Yoga
3.	Vadatu Sanskritam	Mrs. Nilesa Jani Dept. of Samhita & Siddhant
4.	Rules, regulations and code of conduction of the college	<b>Dr. Vaibhav Bhadane</b> , Dept. of Kriya Sharira
5.	Uniqueness of Ayurveda / Siddha / Sowa Rigpa / Unani (ASSU) compared to Other systems of Medicine	<b>Dr. Yogeshkumar Gite</b> , Dept. of Kayachikitsa
6.	General information Kaumarbhritya Curriculum and departmental visit	<b>Dr. Ruchika Chaudhari</b> , Dept. of Kayachikitsa

**Day 8-** First & Second session was taken by Dr. Sonali Ladhi & Dr. Tejal J. Ganvit. Students learn yoga. She delivered speech on General Information of Swasthavritta & Yoga. She also aware students the importance of yoga in daily life. Third lecture was conducted by Mrs. Nilesa Jani about Vadatu Sanskritam. Forth lecture was given by Dr. Vaibhav Bhadane on the topic Rules, regulations and code of conduction of the college. Fifth lecture was conducted by Dr. Yogeshkumar Gite. He delivered speech on Uniqueness of Ayurveda / Siddha / Sowa Rigpa / Unani (ASSU) compared to other systems of Medicine. Sixth lecture was taken by Dr. Ruchika Chaudhari. In this lecture, students got knowledge of kaumarbhritya.







<b>DAY -9 (06.03.2023)</b>		
<b>Sr. No.</b>	<b>Topic</b>	<b>Speaker</b>
1.	Recent advances in ASU and its research practices	<b>Dr. Namdev Vanganekar</b> , Dept. of Rasashastra and Bhaishajya Kalpana
2.	Regulatory bodies of Ayurveda. CCIM, NCISM, CCRAS, APC, NMPB, TKDL and their aims and objectives regarding it.	<b>Dr. Avinash Bholane</b> , Dept. of Dravyaguna
3.	Games and Sports Grouping students	<b>Dr. Drashti Patel, Dr. Pallavi Joshi, Dr. Vrushani Vyas, Dr. Avinash Bholane, Dr. Tridev Patil.</b>
4.	General information Shalakyatantra Curriculum and departmental visit	<b>Dr. Bhumi Baraiya</b> , Dept. of Shalakyatantra

5 & 6

Holi Celebration

### Day 9-

First lecture was delivered by **Dr. Namdev Vanganekar**. Students learned recent advances in ASU and its research practices. Second lecture was delivered by **Dr. Avinash Bholane**. In this, students learned different Ayurveda bodies and their objectives. Third lecture was conducted by **Dr. Drashti Patel, Dr. Pallavi Joshi, Dr. Vrushani Vyas, Dr. Avinash Bholane, Dr. Tridev Patil**. Forth lecture was given by **Dr. Bhumi Baraiya**. She gave knowledge on Shalakyatantra. Students learned brief on what is Shalaky, the procedure Shalaky etc. In Fifth & Sixth lecture students celebrated holi.



DAY - 10 (06.03.2023)		
Sr. No.	Topic	Speaker
1.	Stress management and Capacity building to address medical challenges	<b>Mr. Prashant Parmar</b> , Swarinim Institute of Technology
2.	General information Kayachikitsa Curriculum and departmental visit	<b>Dr. Binal Gondalia</b> , Dept. of Kayachikitsa

3.	Vadatu Sanskritam	Mrs. Nilesa Jani Dept. of Samhita & Siddhant
4.	Personality development	Dr. Ekta Vyas Dept. of Rachana Sharira
5.	General information Shalyatantra Curriculum and departmental visit	<b>Dr. Chirag Vaghela</b> , Dept. of Shalyatantra
6.	Seminar Himalaya	



## Day 10-

First lecture was delivered by **Mr. Prashant Parmar**. He described some useful technics to manage stress. Second lecture was delivered by **Dr. Binal Gondalia**. She gave the basic information of Kayachikitsa like what is Kaya and how it is important in health. Third lecture was conducted by Mrs. Nilesa Jani about Vadatu Sanskritam. Forth lecture was given by Dr. Ekta Vyas on the topic Personality development. In Fifth lecture **Dr. Chirag Vaghela** gave general information on Shalyatantra. Sixth lecture was taken by Himalaya drug Company. Students learned the scenario of Ayurveda in health sector. Also they learned how to research & develop new medicine.



<b>DAY - 11 (07.03.2023)</b>		
<b>Sr. No.</b>	<b>Topic</b>	<b>Speaker</b>
1.	Understanding the role of Mentoring	<b>Dr. Abhinav Sonawane,</b> Dept. of Shalyatantra
2.	Importance of Diet in ASU	<b>Dr. Vaibhav Bhadane,</b> Dept. of Kriyasharira
3.	Vadatu Sanskritam	<b>Mrs. Nilesa Jani</b> Dept. of Samhita & Siddhant
4.	Personal Health & Hygiene (Dinacharya)	<b>Dr. Manasi Jagtap,</b> Dept. of Rasashastra and Bhaishajya Kalpana
5 & 6	Talent Activities	<b>Dr. Shila Malivad,</b> Dept. of Kriyasharira

**Day 11-** First lecture was taken by **Dr. Abhinav Sonawane** on the topic of role of mentoring. Second lecture was delivered by **Dr. Vaibhav Bhadane** on topic of Diet. He described that how important diet to maintain healthy lifestyle. Third lecture was conducted by Mrs. Nilesa Jani about Vadatu Sanskritam. Forth lecture was given by Dr. Manasi Jagtap on the topic Personal Health & Hygiene (Dinacharya). Fifth & sixth lecture taken **Dr. Shila Malivad**. Students performed talent activities.

<b>DAY - 12 (09.03.2023)</b>		
<b>Sr. No.</b>	<b>Topic</b>	<b>Speaker</b>
1 & 2	Startup and Innovation in Ayurved	<b>Dr. Mathew Jiju,</b> Startup Cell, SSIU
3	Vadatu Sanskritam	<b>Mrs. Nilesa Jani</b> Dept. of Samhita & Siddhant
4	Time Management	<b>Dr. Omprakash Pal,</b> Deputy Registrar, SSIU
5	Post Test & Feedback by students	<b>Dr. Sayali Bendal,</b> Dept. of Samhita Siddhant
6	Introduction to the subject of Research, Data & Its types, How to do analysis.	<b>Dr. Tejal J. Ganvit,</b> Dept. of Swasthavritta & Yoga

#### **Day 10-**

First & second lecture was delivered by **Dr. Mathew Jiju** on the topic Startup and Innovation in Ayurved. Students learned how they can convert their idea into possible startup. Third lecture



was conducted by Mrs. Nilesa Jani about Vadatu Sanskritam. Forth lecture was given by Dr. Omprakash Pal on the topic Time Management. In Fifth lecture **Dr. Sayali Bendal** took test &

feedback of their learning. Sixth lecture was taken by **Dr. Tejal J. Ganvit** on Introduction to the subject of Research topic. Students learned about what is research, how to do it, analysis the data & how it is important in today's scenario.





DAY - 13 (10.03.2023)		
Sr. No.	Topic	Speaker
1.	Spontaneous Debate	<b>Dr. Sagar Ital,</b> Dept. of Samhita & Siddhant
2.	Pharmacovigilance in Ayurveda	<b>Vaidya Rakesh salve,</b> Director of Ayurveda
3.	Vadatu Sanskritam	<b>Mrs. Nilesa Jani</b> Dept. of Samhita & Siddhant
4.	Videos Related to Ayush	<b>Dr. Tushar Punse,</b> Dept. of Kayachikitsa
5.	National Health Status, Goals and Policies	<b>Dr. Tejal J. Ganvit,</b> Dept. of Swasthavritta & Yoga
6.	Talent Activities	<b>Dr. Shila Malivad, dr. Vaibhav Bhadane,</b> <b>Mrs. Nilesa Jani</b>

### Day 13-

First lecture was taken by Dr. Sagar Ital. healthy debate done by Students on Ayurveda topics. Second lecture was delivered by Vaidya Rakesh salve. He gave the basic information of Pharmacovigilance. Students understand detection, assessment & prevention of adverse effect. Third lecture was conducted by Mrs. Nilesa Jani about Vadatu Sanskritam. Forth lecture was given by Dr. Tushar Punse. He show some video about activities, programme & achievement of Ayush department. In Fifth lecture **Dr. Tejal J. Ganvit** gave brief on Status of National Health, its goals and Policies of state & central government. Sixth lecture was taken by Dr. Shila Malivad, Dr. Vaibhav Bhadane, Mrs. Nilesa Jani. Students done talent activities.



<b>DAY - 14 (13.03.2023)</b>		
<b>Sr. No.</b>	<b>Topic</b>	<b>Speaker</b>
1.	Basic Life Support and First Aid Management	<b>Dr. Tushar Punse,</b> Dept. of Kayachikitsa
2.	Skills – Basic Life Support (BLS) and First Aid	<b>Dr. Yogeshkumar Gite,</b> Dept. of Kayachikitsa
3.	Vadatu Sanskritam	<b>Mrs. Nilesa Jani</b> Dept. of Samhita & Siddhant
4.	Comprehend the learning Pedagogy And the role in learning skills	<b>Dr. Omprakash Pal,</b> Deputy Registrar -Academic, SSIU
5.	Environmental Toxins and Kidney Diseases	<b>Dr. Sameksha Gurav,</b> Dept. of Agadtantra
6.	Lecture by eminent Person of ASU	<b>Vd. Hiten Vaja,</b> Renowned Ayurveda Practitioner, Ahmedabad

#### **Day 14-**

First & second lecture was taken by Dr. Tushar Punse & Dr. Yogeshkumar Gite respectively on the topic Basic Life Support and First Aid Management. Third lecture was conducted by Mrs. Nilesa Jani about Vadatu Sanskritam. Forth lecture was given by **Dr. Omprakash Pal on the topic** Comprehend the learning Pedagogy and the role in learning skills. In Fifth lecture was seminar by Dr. Sameksha Gurav on the topic of Environmental Toxins and Kidney Diseases. Sixth lecture was taken by Vd. Hiten Vaja, Renowned Ayurveda Practitioner from Ahmedabad. He gave speech with the topic “Ayurveda ek Avasr”.







DAY - 15 (14.03.2023)		
Sr. No.	Topic	Place
1.	Field visit to other institutions, eminent practitioners, AYUSH hospitals /dispensaries, Pharmaceuticals and other institutions	<b>State Model Institute of Ayurvedic Science, Kolavada was visited by students. They were accompanied by – 4 Faculties</b>

#### Day 15-

On day 15, students went to hospital of State Model Institute of Ayurvedic Science, Kolavada.







**Dr. Navin B.**



# **Learning through Field Based Activities**

### MEDICAL CAMP REPORT

<b>Institute and Department</b>	Aarihant Ayurvedic HOSPITAL, AT BHOYAN RATHOD, Gandhinagar
<b>Activity Name / Event Name</b>	Nidan Camp & Ukada Vitaran
<b>MONTH</b>	December-2020
<b>Date of the event</b>	3/12/2020
<b>Duration</b>	10.00 am to 1.00 pm
<b>DOCTOR NAME</b>	Dr. Binal Gondalia Dr. Ajay Raghvani
<b>STAFF NURSE</b>	Mahavir Saritaben Ranjanben
<b>PLACE</b>	Kalol
<b>NO OF PATIENTS</b>	116 (Ukada Vitaran) 42 (Nidan Camp)

**Objective of the event:**

Being healthy should be part of your overall lifestyle. Living a healthy lifestyle can help to prevent chronic diseases but in villages people are no more aware about their health. So Aarihant Ayurveda Hospital which is constituent of Swarnim Startup and Innovation University had organised Sarva Roga Nidan & Sarvar Camp in Kalol. In this pandemic situation Dashmool Trikatu yukta Kadha also be distributed.

**Flow of the event:**

The programme was started around 10:00 am with Dhanvantari Poojan by Dr. BinalGondalia(consultant) and Dr. MamtaSarda (Dep. Supritendent) on 29th December 2020. After that Camp started. In this camp, different types of patients with complaints of Sandhivat, Aamvat, Diabetes, Thyroid, various skin problem were came from nearer viileges. Proper examination, diagnosis and treatment given by our expert Dr. BinalGondalia (Consultant) and Dr. Ajay Raghvani.

**Significance/Outcome:**

Approximately 42 patients came for the health checkup and 116 people had taken benefit of Dashmool trikatu yukta kwatha. Doctor of Aarihant Ayurvedic Hospital, BhoyanRathodalso advised them diet for various diseases and also gave medicine.





### MEDICAL CAMP REPORT

<b>Institute and Department</b>	Arihant Ayurvedic HOSPITAL, AT BHOYAN RATHOD ,Gandhinagar
<b>Activity Name / Event Name</b>	Balrog Nidan and Suvarnaprashan Camp
<b>MONTH</b>	December-2020
<b>Date of the event</b>	4/12/2020
<b>Duration</b>	10.00 am to 1.00 pm
<b>DOCTOR NAME</b>	Dr. Mahipatsing Chavda Dr. Snehal Baria
<b>STAFF NURSE</b>	Mahavir Saritaben Ranjanben
<b>PLACE</b>	Shertha
<b>NO OF PATIENTS</b>	40 (Suvarna prashan) 30 (Nidan Camp)

**Objective of the event: (why this event has organize, Brief about Importance of the event)**

Children's are countries future. In rural area there were less awareness about child health care. That's why many children suffer with malnutrition and related other diseases. Suvarna prashan improves immune system, physical strength, digestion power, grasping retention power and memory. So Arihant Ayurveda Hospital which is constituent of Swarnim Startup and Innovation University had organised suvarna prashan and Bala rog sarvar Camp.

**Flow of the event: mention the flow / schedule of the event in detail**

The programme was started around 10:00 am with Dhanvantari Poojan by Dr. G.G.Pandya (principal) and Dr. Mamta Sarda ( Dep. Supritendent) on 4th December 2020. After that Camp started. In this camp, different types of patients with complains of law weight, krimi, ajirna, pratishyay were came from nearer villages. Proper examination, diagnosis and treatment given by our expert Dr. Mahipatsinh chavda ( Consultant ) and Dr. Snehal .

**Significance/Outcome:**

Approximately 30 patients came for the health checkup and 40 patients came for suvarnprashn. Doctor of Aarihant Ayurvedic Hospital, Bhoyan Rathod also advised them diet for various disease and also gave medicine.





**Dr. Navin B.**



### MEDICAL CAMP REPORT

<b>Institute and Department</b>	Aarihant Ayurvedic HOSPITAL, AT BHOYAN RATHOD ,Gandhinagar
<b>Activity Name / Event Name</b>	Sarva Roga Nidan Camp & Ukada Vitaran
<b>MONTH</b>	December-2020
<b>Date of the event</b>	9/12/2020
<b>Duration</b>	10.00 am to 1.00 pm
<b>DOCTOR NAME</b>	Dr. Tejal Ganvit Dr. Shrvankumar Dr. Sunita Patel
<b>STAFF NURSE</b>	Saritaben Ranjanben Dipika
<b>PLACE</b>	Dhamasana
<b>NO OF PATIENTS</b>	147 (Ukada Vitaran) 42(Nidan Camp)



**Objective of the event:**

Good health is central to human happiness and well being that makes an important contribution to prosperity and wealth. For a healthy life person need balance diet and regular medical check up is very important to early diagnosis. So Aarihant Ayurveda Hospital which is constituent of Swarnim Startup and Innovation University had organised Sarva Roga Nidan & Sarvar Camp in Dhamasana. In this pandemic situation Dashmool Trikatu yukta Kadha also be distributed.

**Flow of the event:**

The programme was started around 10:00 am with Dhanvantari Poojan by Dr. Shravankumar Kamble and Dr. Mamta Sarda on 9th December 2020. After that Camp started. In this camp, different types of patients with complaints of Sandhivat, Aamvat, Diabetes, Thyroid, various skin problem were came from nearer villeges. Proper examination, diagnosis and treatment given by our expert Dr. Shravankumar Kamble and Dr. Tejal Ganvit.

**Significance/Outcome:**

Approximately 42 patients came for the health checkup and 147 people had taken benefit of Dashmool trikatu yukta kwatha. Doctor of Aarihant Ayurvedic Hospital, Bhoyan Rathod also advised them diet for various disease and also gave medicine.





<b>Institute and Department</b>	Aarihant Ayurvedic HOSPITAL, AT BHOYAN RATHOD ,Gandhinagar
<b>Activity Name / Event Name</b>	Netra Roga Nidan Camp
<b>MONTH</b>	December-2020
<b>Date of the event</b>	15/12/2020
<b>Duration</b>	9:00 am to 1:30 pm
<b>DOCTOR NAME</b>	Dr. Hardik Parmar (Consultant) Dr. Ajay Raghvani(Medical officer)
<b>STAFF</b>	Mahavir Saritaben Ranjanben
<b>PLACE</b>	Arihant Ayurveda hospital
<b>NO OF PATIENTS</b>	24(Nidan Camp)

**Objective of the event:**

Eyes are the most precious gift we have. It is windows of the body. The objective of the event was spread awareness on eye disorder and detection of refractive errors of village people. For that, Aarihant ayurveda hospital which is a part of Swarnim Startup and Innovation University organized this free “Netra Roga Nidan Camp” at Shalakyatantra department in the Hospital.

**Flow of the event:**

The camp was started around 9:00 am with Dhanvantari Poojan by Dr. G.G.Pandya (Superintendent), Dr. Mamta Sarda (Dep. Superintendent) and all the hospital staff. After that Camp started. Dr. Hardikkumar Parmar (Consultant) and Dr. Ajay Raghvani (Medical Officer) were the doctors for the camp. A large number of patients from all age groups came in this Camp to take benefits through Ayurveda. In this camp, different types of patients with diseases like myopia, hypermetropia, glaucoma, Cataract pterygium etc. were came from nearer villages. Proper examination like screening of visual defects, IOP checking, refraction etc. done. And proper treatment given to the patients by our expert. Spectacles were given to needy people at nominal charges. Also, special advice given about how to improve eye sight & how to prevent eye from eye disorders.

**Significance/Outcome:**

A good number of patients had taken benefits at Camp. Also by this camp people get awareness about eye health by ayurveda.





**Dr. Navin B.**



## MEDICAL CAMP REPORT

<b>Institute and Department</b>	Aarihant Ayurvedic HOSPITAL, AT BHOYAN RATHOD ,Gandhinagar
<b>Activity Name / Event Name</b>	Medical check up Camp on Piles and fistula on Farmer's day
<b>MONTH</b>	December-2020
<b>Date of the event</b>	23/12/2020
<b>Duration</b>	9.30 am to 1.30 pm
<b>DOCTOR NAME</b>	Dr. Chirag Vaghela ( Consultant) Dr. Divya Virparia (Medical officer)
<b>STAFF NURSE</b>	Mahavir Ranjanben Sitaben Dipika
<b>PLACE</b>	Aarihant Ayurveda Hospital
<b>NO OF PATIENTS</b>	52(Nidan Camp)

**Objective of the event:**

23th December was celebrated the Farmer's Day in our country. Farmers hold the backbone of the agriculture system. Though farmers have so much importance still they don't have proper living and so proper health. So Aarihant Ayurveda Hospital which is constituent of Swarnim Startup and Innovation University had organised free medical health camp on piles and fistula on Farmer's Day.

**Flow of the event:**

The programme was started around 9:30 am with Dhanvantari Poojan by Dr. G.G.Pandya (principal) and Dr. Mamta Sarda ( Dep. Supritendent) on 23th December 2020. After that Camp started. In this camp, different types of patients with anorectal complains were came from nearer viileges. Proper examination, diagnosis and treatment given by our expert Dr. Chirag Vaghela (Consultant) and Dr. Divya Virparia (Medical officer). Patients were advised for surgical interventions.

**Significance/Outcome:**

Approximately 52 patients came for the health checkup. Doctor of Aarihant Ayurvedic Hospital, Bhoyan Rathod also advised them diet for disease like piles and fistula and also gave medicine.





**Dr. Navin B.**





<b>Institute and Department</b>	Aarihant Ayurvedic HOSPITAL, AT BHOYAN RATHOD ,Gandhinagar
<b>Activity Name / Event Name</b>	Stree Roga Nidan & Sarvar Camp
<b>MONTH</b>	December-2020
<b>Date of the event</b>	23/12/2020
<b>Duration</b>	9.30 am to 1.30 pm
<b>DOCTOR NAME</b>	Dr. Shravan Kamble ( <b>Consultant</b> ) Dr. Jyotika Jani (Medical officer) Dr. Sunita Patel (Medical officer)
<b>STAFF NURSE</b>	Ranjanben Sitaben Dipika
<b>PLACE</b>	Sertha
<b>NO OF PATIENTS</b>	43(Nidan Camp)

### Objective of the event:

Women are the primary caretakers of children and elders in every country of the world. Rural women play a key role in supporting their household and communities in achieving food and nutrition security, generating income and improving rural livelihoods and overall well being. So Aarihant Ayurveda Hospital which is constituent of Swarnim Startup and Innovation University had organised Stree Roga Nidan & Sarvar Camp.

### Flow of the event: mention the flow / schedule of the event in detail

The programme was started around 9:30 am with Dhanvantari Poojan by Dr. G.G.Pandya (principal) and Dr. Mamta Sarda ( Dep. Supritendent) on 29th December 2020. After that Camp started. In this camp, different types of patients with complains of irregular menses, infertility, white discharge were came from nearer viileges. Proper examination, diagnosis and treatment given by our expert Dr. Shravankumar (Consultant) and Dr. Jyotika, Dr. Sunita Patel.

### Significance/Outcome:

Approximately 43 patients came for the health checkup. Doctor of Aarihant Ayurvedic Hospital, Bhojan Rathod. Also advised them diet for various disease and also gave medicine.



## Aarihant Ayurvedic Medical College and Research Institute



**Dr. Navin B.**



<b>Institute and Department</b>	Aarihant Ayurvedic Medical College & Research Institute, Health Science Department  At - Bhoyan Rathod ,Gandhinagar
<b>Activity Name / Event Name</b>	<b>“Aazadi ka Amrut Mahotsav”</b>  <b>“SW &amp; Yoga – Academic Tour”</b>
<b>MONTH</b>	April - 2022
<b>Date of the event</b>	07.04.2022
<b>Duration</b>	08:00 am Onwards
<b>Place</b>	Sahyoga Kushtha Yagna Trust, Rajendranagar, Himmatnagar
<b>Faculties</b>	1.Dr.Sonali P. Ladhi ( H.O.D. & Professor, Swasthavritta & Yoga)  2.Dr. Tushar Punse ( H.O.D. & Reader, Kayachikitsa Department)
<b>Media &amp; Publicity Committee</b>	Dr. Tejal Ganvit MD(ayu)  Dr. HardikParmar MS (ayu)  Dr. BinalGondalia MD (ayu)



### **Objective of the event:**

Department of Swasthavritta & Yoga, AAMCRI had arranged Academic study tour/ site visits for 3<sup>rd</sup> Year BAMS, Students.

### **Flow of the event:**

As per the curriculum of 3<sup>rd</sup> Year BAMS, A Leprosy Centre Visit of students was conducted on 07.04.2022 (World Health Day) by the Department of Swasthavritta & Yoga at **Sahyoga Kushtha Ygna Trust, Rajendranagar, Himmatnagar.**

We started journey at 8:30 am by Private bus, & reached the center at 11:30 am, Total 103 km from college. The welcome of students done by Mr. Subhash Thakkar (The Director of trust).

The Director of trust- Mr. Subhash had shared their knowledge regarding the Leprosy through Power point presentation, Treatment Protocol and their working routine along with almost 1000 Leprosy as well as mentally challenged person. Also had complete sightseeing of 30acrs area having hospital, workshop run by cured patients & also had visited their Mega Kitchen. All students had taken interest to visit running activities and interaction with Patient. At the end of visit Thanking Vote & Certificate was given to the Director. We started the return journey from leprosy centre at 03:00pm and reached at college 06:00pm.

### **Significance/Outcome:**

Two faculties- Dr. Sonali P. Ladhi & Dr. Tushar Punse; 48 Students of BAMS 3<sup>rd</sup> Year had visited the Leprosy Centre. The study tour was fully utilized for the benefit of the learning.









**Dr. Navin B**





## MEDICAL CAMP REPORT

<b>Institute and Department</b>	Aarihant Ayurvedic HOSPITAL, AT BHOYAN RATHOD ,Gandhinagar
<b>Activity Name / Event Name</b>	Suvarnprashan and Balorog Sarvar Camp
<b>MONTH</b>	January-2021
<b>Date of the event</b>	1/1/2021
<b>Duration</b>	9.30 am to 1.30 pm
<b>DOCTOR NAME</b>	Dr. Mamta Sarda (Dep. Supritendent) Dr. Mahipatsinh Chavda Consultant) Dr. Snehal Baria (Medical Officer)
<b>STAFF NURSE</b>	Ranjanben Sitaben Dipika
<b>PLACE</b>	Sertha
<b>NO OF PATIENTS</b>	79

**Objective of the event:**

Children's are countries future. In rural area there were less awareness about child health care. That's why many children suffer with malnutrition and related other diseases. Suvarna prashan improves immune system, physical strength, digestion power, grasping retention power and memory. So Aarihant Ayurveda Hospital which is constituent of Swarnim Startup and Innovation University had organised suvarna prashan and Bala rog sarvar Camp.

**Flow of the event:**

The programme was started around 9:30 am with Dhanvantari Poojan by Dr. G.G.Pandya (principal) and Dr. Mamta Sarda (Dep. Supritendent) on 29th December 2020. After that Camp started. In this camp, different types of patients with complains of law weight, krimi, ajirna, pratishtay were came from nearer viileges. Proper examination, diagnosis and treatment given by our expert Dr. Mahipatsinh chavda (Consultant) and Dr. Snehal Baria (Medical Officer).

**Significance/Outcome:**

Approximately 79 patients came for the health checkup. Doctor of Aarihant Ayurvedic Hospital, Bhoyan Rathod also advised them diet for various disease and also gave medicine.



## MEDICAL CAMP REPORT

### Objective of the event:

Ayurveda motto is SWASTHASYA SYASTHYA RAKSHANAM, AATURASHCHA VIKAR PRASHAMANAM which means Preservation to health of healthy person and treating ailments with breaking causative factors of pathogenesis". In rural areas people are less aware about maintaining health and suffering with acute as well as chronic diseases like Asthma, Diabetes etc. It is important to aware and treat them. Ayurveda can perform a significant role in this. So Aarihant Ayurveda Hospital which is constituent of Swarnim Startup and Innovation

<b>Institute and Department</b>	Aarihant Ayurvedic HOSPITAL, AT BHOYAN RATHOD ,Gandhinagar
<b>Activity Name / Event Name</b>	Ayurveda Health Check Up & Kadha Vitaran camp
<b>MONTH</b>	January-2021
<b>Date of the event</b>	8/1/2021
<b>Duration</b>	10:00 am to 1.30 pm
<b>DOCTOR NAME</b>	Dr. Bhavisha sheladiya (Consultant) Dr. Sunita Patel (Medical officer)
<b>STAFF NURSE</b>	Kirteshbhai Bhatt Mahavir Acharya Saritaben Parmar Dipika Solanki
<b>PLACE</b>	Uvarshad
<b>NO OF PATIENTS</b>	45 (Nidan Camp) 123 (Ukada vitaran)

University had organized ayurveda Health Check Up & Kadha Vitaran camp at Uvarshad.

### Flow of the event:

The programme was started around 10:00 am with Dhanvantari Poojan by Dr. Bhavisha Sheladiya (Consultant) and Dr.



Sunita Patel  
(Medical

Officer). After that Camp started. A large number of health seekers from all age came in this Camp to take health benefits in the form of diagnosis & consultation through ayurveda for such a ailments like obesity, diabetes, back pain, skin allergies, stress, general weakness,



arthritis, constipation, acidity, gastric problems etc. Special arrangements was made in the camps for free Blood-sugar test.

**Significance/Outcome:**

Approximately 45 patients had taken treatment and 123 patients had taken kadha benefits at Camp. Expert Doctors also advised them to maintain health by daily regimen.





**Dr. Navin B.**



## MEDICAL CAMP REPORT

<b>Institute and Department</b>	Aarihant Ayurvedic HOSPITAL, AT BHOYAN RATHOD ,Gandhinagar
<b>Activity Name / Event Name</b>	Ayurveda Health Check Up & Kadha Vitaran camp
<b>MONTH</b>	January-2021
<b>Date of the event</b>	12/1/2021
<b>Duration</b>	10:00 am to 1.00 pm
<b>DOCTOR NAME</b>	Dr. Hardikkumar Parmar (Consultant) Dr. Divya Virpariya (Medical officer)
<b>STAFF NURSE</b>	Saritaben Parmar Dipika Solanki Ranjanben Raval Sitaben
<b>PLACE</b>	Kalol
<b>NO OF PATIENTS</b>	43 (Nidan Camp) 75 (Ukada vitaran)

### Objective of the event:

Ayurveda motto is SWASTHASYA SYASTHYA RAKSHANAM, AATURASHCHA VIKAR PRASHAMANAM which means Preservation to health of healthy person and treating ailments with breaking causative factors of pathogenesis”. The people have poor economic conditions in this camp area. And have some chronic diseases and for that they can’t afford higher treatments charges which make their life more worse. So for betterment of their lives Aarihant ayurveda hospital which is a part of Swarnim Startup and Innovation University organized this free “ayurveda Health Check Up & Kadha Vitaran camp” at Kalol.

### Flow of the event: mention the flow / schedule of the event in detail

The program was started around 10:00 am with Dhanvantari Poojan by Dr. Hardikkumar Parmar (Consultant) and Dr. Divya Vipariya (Medical Officer). After that Camp started. A large number of patients from all age groups came in this Camp to take health benefits through ayurveda for such a ailments like prameha, stholya, katishool, Tvak vikar, manovasad, vibandh, amlapitta etc. Special arrangements was made in the camps for free Blood-sugar test.

### Significance/Outcome:

Approximately 35 patients had taken treatment benefits and 75 patients had taken kadha benefits at Camp. Also by this camp people get awareness about maintain good health by daily regimen of ayurveda.











**Dr. Navin B.**



## MEDICAL CAMP REPORT

<b>Institute and Department</b>	Aarihant Ayurvedic HOSPITAL, AT BHOYAN RATHOD ,Gandhinagar
<b>Activity Name / Event Name</b>	Stree Roga Nidan & Sarvar Camp
<b>MONTH</b>	January-2021
<b>Date of the event</b>	21/1/2021
<b>Duration</b>	9.30 am to 1.30 pm
<b>DOCTOR NAME</b>	Dr. Shravan Kamble (Consultant) Dr. JyotikaJani (Medical officer)
<b>STAFF NURSE</b>	Ranjanben Sitaben Dipika
<b>PLACE</b>	Sertha
<b>NO OF PATIENTS</b>	33(Nidan Camp)

**Objective of the event:**

The nutritional status of women is important both for the quality of their ownlife and survival and healthy development of their child but Women experience unique health care challenges than men. So Aarihant Ayurveda Hospital which is constituent of Swarnim Startup and Innovation University had organised Stree Roga Nidan & Sarvar Camp.

**Flow of the event:**

The programme was started around 9:30 am with Dhanvantari Poojan by Dr. Shravnkumar Kamble and Dr Jyotika Janj on 21th January 2021. After that Camp started. In this camp, different types of patients with complains of irregular menses, infertility, white discharge were came from nearer viileges. Proper examination, diagnosis and treatment given by our expert Dr. Shravankumar ( Consultant ) and Dr. Jyotika.

**Significance/Outcome:**

Approximately 33 patients came for the health checkup. Doctor of Aarihant Ayurvedic Hospital, Bhojan Rathod also advised them diet for various disease and also gave medicine.







**Dr. Navin B**



## MEDICAL CAMP REPORT

### Objective of the event:

A healthy lifestyle is one which helps to keep and improve people's health and well being but in today's fast life and due to fastfood everyone has some illness and understressed. So Aarihant Ayurveda Hospital which is constituent of Swarnim Startup and Innovation University had organised medical health Camp in Dhamasana. In this pandemic situation to improve the health DashmoolTrikatuyuktaKadha also be distributed.

### Flow of the event:

The programme was started around 10:00 am with Dhanvantari Poojan by Dr. Mamta Sarda (Dep. Supritendent) on 28th January 2021. Experts from various fields like ophthalmologist, pediatrician, general physician and surgeon were present. Different types of patients with

<b>Institute and Department</b>	Aarihant Ayurvedic HOSPITAL, AT BHOYAN RATHOD ,Gandhinagar
<b>Activity Name / Event Name</b>	Nidan Camp & Ukada Vitaran
<b>MONTH</b>	January-2021
<b>Date of the event</b>	28/1/2021
<b>Duration</b>	9.30 am to 1.30 pm
<b>DOCTOR NAME</b>	Dr. MamtaSarda(Dep. Supritendent) Dr. MahipalsinhChavda(Consultant) Dr. HardikkumarParmar(Consultant) Dr.BinalGondalia(Consultant) Dr. Chirag Vaghela(Consultant) Dr. Ajay Raghvani(Medical officer) Dr. SnehalBaria(Medical officer)
<b>STAFF NURSE</b>	Sitaben Ranjanben Dipika Kirteshbhai Vishalkumar Janki Patel (LAB TECHNICIAN)
<b>PLACE</b>	Dhamasana
<b>NO OF PATIENTS</b>	approx 200 (Ukada Vitaran) approx 150 (Nidan Camp)

complaints  
of  
Sandhivat,  
Aamvat,  
Diabetes,  
Thyroid,  
piles,  
fistula,  
myopia,

hypermetropia, glaucoma, Cataract pterygium etc. were came to take the benefit of this camp through Ayurveda. Proper examination, Diagnosis and treatment were given to patients. Special examination like screening of visual defects, IOP checking, refraction etc done at camp. Spectacles were given to needy people at nominal charges. Also, special advice given about how to improve eye sight & how to prevent eye from eye disorders. There is Pushyanakshtra on that day so Suvarnprashn was also arranged by the hospital for 0- 12 yrs children. Suvarnprashan is very helpful to build immunity, physical and mental growth of children.

### **Significance/Outcome:**

Approximately 150 patients came for the health checkup and 200 people had taken benefit of Dashmool trikatu yukta kwatha. Doctor of Aarihant Ayurvedic Hospital, Bhoyan Rathod. Also advised them diet for various disease and also gave medicine.





**Dr. Navin B.**





**Aarihant Ayurvedic Medical College and Research Institute**  
**At - Bhoyan Rathod, Gandhinagar**

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<b>INSTITUTE &amp; DEPARTMENT</b>	<b>Swasthavritta &amp; Yoga Department</b> <b>Aarihant Ayurvedic Medical College And</b> <b>Research Institute</b> At - Bhoyan Rathod , Gandhinagar
<b>ACTIVITY NAME / EVENT NAME</b>	<b>1st CME</b> Common Disease & it's OPD management
<b>DATE OF THE EVENT</b>	02.12.2022
<b>DURATION</b>	At :- 01:00 PM to 02:00PM
<b>PLACE</b>	Seminar Hall, SSIU
<b>GUEST SPEAKERS</b>	Dr. Vimal K. Vijayan Mr. Mohanakrishanan Nair
<b>HOST</b>	Dr. Tejal J. Ganvit (Assistant Professor, Swasthavritta & Yoga Department)
<b>Media &amp; Publicity Committee</b>	Dr. Tejal Ganvit MD (ayu) Dr. Binal Gondalia MD(ayu) Dr. Hardik Parmar MS (ayu)

## **“2<sup>nd</sup> December, CME- Common Disease & it's OPD management”**

### **Objective of the event:**

**1<sup>st</sup> CME on Common Disease & it's OPD management.** CME means Continuous Medical Education, it was organised for students to give the idea about CME and its use in future. The CME was organized by Swasthavritta & Yoga Department of Aarohant Ayurvedic Medical College & Research Institute, Swarnim Start up and Innovation University.

### **Flow of the event:**

The event was started at 02:00 pm with the introductory speech by Dr. Tejal J. Ganvit (Assistant Professor - Swasthavritta & Yoga), **Guest Speakers were Dr. Vimal K. Vijayan & Mr. Mohanakrishnan Nair.** Both are giving their services at Arya Vaidya Sala Kottakkal, Ahmedabad Branch.

They have shared all the Information about Arya Vaidya Sala, Kottakkal & Explained the Common Diseases in OPD and their management. They also shared their charitable part.

Question & Answer session with motivational speech was delivered by Vd. Rakesh Salve & Dr. Sonali P. Ladhi.

Both Eminent speakers were felicitated with Certificate of Resource person.

### **Significance / Outcome:**

Event was focused on establishment of Arya Vaidya Sala, Kottakkal, and their work on how to prepare medicine, charitable trusts etc. and medicinal uses in



OPD manageable disease. 110 students and facilities had taken benefit of this webinar.









**Dr. Navin B.**



## Aarihant Ayurvedic Medical College and Research Institute

<b>Institute and Department</b>	<b>Swasthavritta &amp; Yoga Department</b> <b>Aarihant Ayurvedic Medical College And Research Institute</b> At - Bhoyan Rathod , Gandhinagar
<b>Activity Name / Event Name</b>	<b>“Field Visit- Academic Visit”</b>
<b>MONTH</b>	December – 2022
<b>Date of the event</b>	03.12.2022
<b>Duration</b>	09:30 am to 12:30pm
<b>Place</b>	<b>Sewage Treatment Plant, Pirana, Ahmedabad</b>
<b>Faculties</b>	1. Dr. Tejal J. Ganvit ( Assistant Professor , Department of Swasthavritta & Yoga)  2. Dr. Abhinav Sonavane (Associate Professor, Department of Shalyatantra)
<b>Media &amp; Publicity Committee</b>	Dr. Tejal Ganvit MD (ayu) Dr. Hardik Parmar MS (ayu) Dr. Binal Gondalia MD (ayu)
<b>At - Bhoyan Rathod, Gandhinagar</b>	

## **“Academic Visit – Sewage Treatment Plant ”**

### **Objective of the event:**

Department of Swasthavritta & Yoga, AAMCRI arranged Academic study tour/field visit for 3<sup>rd</sup> Year BAMS, at Sewage Treatment Plant, Pirana. Main aim of this visit to better understood for drainage system according to urban and rural areas, also how sewage treatment plant works.

### **Flow of the event:**

Swasthavritta & Yoga Department conducted Academic Visits as per 3<sup>rd</sup> Year BAMS Syllabus at **155 MLD, Sewage Treatment Plant, Pirana, Ahmedabad on 03.12.2022.**

We started journey at 9:30 am by Private vehicles, & reached the center at 10:30 am, Total 38 km from college.

We divided in two group, Mr. Vipul Panchal has given as the information about the whole plant, after that he explain the process of sewage treatment. He gave details about screening, Grit Chamber, Primary Sedimentation Tank, Final Sedimentation Tank, Digestion tank, Gas Production etc.

After that we visited the laboratory which was testing the sewage water thought process, and maintain the BOD, COD level of sludge. If BOD, COD levels are not maintain then didn't release the water.

They have mentioned that produced biogas was used to generate electricity and they are use that generated electricity to run the whole plant.

### **Significance/Outcome:**

Dr. Tejal J. Ganvit & Dr. Abhinav Sonawane along with 38 students visited the STP. The study was utilized in day to day life.







**Dr. Navin B.**



## Aarihant Ayurvedic Medical College and Research Institute

At - Bhoyan Rathod, Gandhinagar

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### **“Medical Camp Report”**

<b>Institute and Department</b>	Aarihant Ayurvedic Medical College and Research Institute ,Gandhinagar
<b>Activity Name / Event Name</b>	Stiroga Nidana Camp
<b>Month</b>	December -2022
<b>Date of the event</b>	10.12.2022
<b>Duration</b>	09:30 onwards
<b>Doctor name</b>	Dr. Tejal Khokhar (Consultant) Dr. Hemangini Patel (Medical Officer)
<b>Staff nurse</b>	Ms. Rita
<b>Place</b>	Dhanaj
<b>Media &amp; Publicity Committee</b>	Dr. Binal Gondalia MD(ayu) Dr. Hardik Parmar MS (ayu) Dr. Tejal Ganvit MD (ayu)
<b>No Of Patients</b>	35 (Nidana Camp)

**Objective of the event:**

Preservation to health of healthy person and treating ailments with breaking causative factors of pathogenesis is motto of Ayurveda. It is important to aware and treats the people. Ayurveda can perform a significant role in this. So Aarihant Ayurveda Hospital which is constituent of Swarnnim Startup and Innovation University had organized Ayurveda Health Check Up camp at Dhanaj on 10.12.2022.

**Flow of the event:**

The camp was started around 10:00 am. Dhanvantari Poojan done by Dr. Tejal Khokhar (consultant) & Dr. Hemangini Patel ( Medical Officer). After that different types of patients with complaints of *Shwetapradara*, *Katishula*, *Kastaartava* were came from nearer villages. Proper examinations, diagnosis and treatments were given by our expert doctors.

**Significance/Outcome:**

Approximately 35 patients came for the health checkup. Doctor of Aarihant Ayurvedic Hospital, Bhoyan Rathod also advised them diet for various diseases and also gave medicine.







**Dr. Navin B.**



## Aarihant Ayurvedic Medical College and Research Institute

**At - Bhoyan Rathod, Gandhinagar**

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<b>Institute and Department</b>	Aarihant Ayurvedic Medical College and Research Institute ,Gandhinagar
<b>Activity Name / Event Name</b>	Azadi ka Amrut Mahotsava Sarvroga Nidan and Sarvar Camp
<b>MONTH</b>	February -2022
<b>Date of the event</b>	4/2/2022
<b>Duration</b>	11.00 am to 1.30 pm
<b>DOCTOR NAME</b>	Dr. Binal Gondalia( Consultant) Dr. Divya Virparia ( Medical officer)
<b>STAFF NURSE</b>	Ranjanben Jankiben ( Lab tech.) Mahavirbhai (staff nurse)
<b>PLACE</b>	Dhamasana
<b>NO OF PATIENT</b>	43 (Nidan Camp)
<b>Media &amp; Publicity Comittee</b>	Dr. Binal Gondalia MD(ayu) Dr. Hardik Parmar MS (ayu) Dr. Tejal Ganvit MD (ayu)

## **“Medical Camp Report”**

### **Objective of the event:**

World Cancer Day is an international day marked on 4 February to raise awareness of cancer and to encourage its prevention, detection, and treatment. Ayurveda can perform a significant role in this. So Aarihant Ayurveda Hospital which is constituent of Swarnim Startup and Innovation University had organized ayurveda Health Check Up camp at Dhamasan on 4/2/2022.

### **Flow of the event:**

The camp was started around 11:00 am. Dhanvantari Poojan done by Dr. Binal Gondalia(consultant) and Dr. Divya Virparia( Medical Officer). After that different types of patients with complaints of Sandhivat, Aamvat, Diabetes, Thyroid, various skin problem were came from nearer villeges. Proper examination, diagnosis and treatment given by our expert doctors.

### **Significance/Outcome:**

Approximately 43 patients came for the health checkup. Doctor of Aarihant Ayurvedic Hospital, Bhoyan Rathod also advised them diet for various diseases and also gave medicine.







## Aarihant Ayurvedic Medical College and Research Institute

At - Bhoyan Rathod, Gandhinagar

<b>Institute and Department</b>	Aarihant Ayurvedic Medical College & Research Institute, Health Science Department At - Bhoyan Rathod ,Gandhinagar
<b>Activity Name / Event Name</b>	<b>“SW &amp; Yoga – Industrial Visit ”</b>
<b>Month</b>	September- 2023
<b>Date of the event</b>	13/14.09.2023
<b>Duration</b>	2 Days
<b>Place</b>	<b>Adani Group, Mundra, Kutch</b>
<b>Faculties</b>	<ol style="list-style-type: none"> <li>1. Dr. Sonali P. Ladhi– Professor &amp; H.O.D., Dept. of Swasthavritta &amp; Yoga</li> <li>2. Dr. Tejal J. Ganvit – Assistant Professor, Dept. of Swasthavritta &amp; Yoga</li> <li>3. Dr. Chirag Vaghela – Assistant Professor, Dept. of Shalyatantra</li> <li>4. Dr. Dharmisha Kahdoliya - Assistant Professor, Dept. of Dravyaguna Vigyan</li> </ol>
<b>Media &amp; Publicity Committee</b>	Dr. Tejal Ganvit MD(ayu) Dr. Hardik Parmar MS (ayu) Dr. Binal Gondalia MD (ayu)

### **“Industrial Visit – Adani Group, Mundra”**

### **Objective of the event:**

Department of Swasthavritta & Yoga, AAMCRI arranged industrial study tour/site visits for 3<sup>rd</sup> Year BAMS, Students at Adani Group, Mundra. This is help to understand students in occupational health hazards and how industries are working.

### **Flow of the event:**

#### **Day 1- 13 September, 2023**

Adani Green Energy Ltd, Mundra Solar Techno-Park Private Limited, Mundra Thermal Power Project

#### **Day 2- 14 September, 2023**

Adani West Port , Adani Wilmar Ltd

Students received knowledge about how electricity is generated via Solar ,Wind & ,Thermal technology . Students have been visited by the Expert guides at Adani west port & SEZ . Also students had ride of sea site.

After west port, we visited Adani Wilmar. Expert guide explained all the procedures regarding Refinery and Packaging. Students were showcased all the preparation directly.

Most importantly students received information about occupation hazards - Accidents, Injury, Burns, chemical burns, Explosions, Fire, Coal Dust, electric shock and burns management by experts .

Morning yoga and laughing session filled the lots of energy in students and faculties.

We really appreciate and thankful to all the concerned persons of Adani Udan project for their Hospitality, discipline and support during the visit .

### **Significance/Outcome:**

4 Faculties of AAMC & RI and 90 Students of BAMS 3<sup>rd</sup> Year had visited the Adani Group, Mundra. In this visit students not only learned the educational part but also the discipline, Time management and spiritual yoga .







**Dr. Navin B.**



## Aarihant Ayurvedic Medical College and Research Institute

At - Bhoyan Rathod, Gandhinagar

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### **“Academic Visit – Forensic Science ”**

<b>Institute and Department</b>	Aarihant Ayurvedic Medical College & Research Institute, Health Science Department  At - Bhoyan Rathod ,Gandhinagar
<b>Activity Name / Event Name</b>	<b>“Forensic Science - Academic Visit ”</b>
<b>MONTH</b>	September – 2022
<b>Date of the event</b>	26.09.2022
<b>Duration</b>	10:00 am Onwards
<b>Place</b>	<b>National Forensic Science University, Gandhinagar</b>
<b>Faculties</b>	3. Dr. Rakesh Salve (Professor & H.O.D, Agadtantra Evum Vidhi Vaidyak) 4. Dr. Pankaj Kolambe (Associate Professor, Agadtantra Evum Vidhi Vaidyak) 5. Dr. Tejal J. Ganvit (Assistant Professor, Swasthavritta & Yoga)
<b>Media &amp; Publicity Committee</b>	Dr. Tejal Ganvit MD(ayu) Dr. Hardik Parmar MS (ayu) Dr. Binal Gondalia MD (ayu)

### **Objective of the event:**

Department of Agadtantra & Vidhi Vaidyaka, AAMCRI arranged Academic study tour/ site visits for 3<sup>rd</sup> Year BAMS, Students.

### **Flow of the event:**

As per the curriculum of 3<sup>rd</sup> Year BAMS, A Forensic Science visit of students was conducted on 26.09.2022 by Agadtantra & Vidhi Vaidyaka at **National Forensic Science University**.

We started journey at 10:00am by Private bus, & reached the center at 11:00am, Total 15 km from college. First they give us introduction about NFSU in auditorium via video& then talk about admission criteria. After that students divided in two groups, leaded by their faculty. We have visited five departments of Cyber defence Center, Narcotics Drugs and Psychotropic Substance, Ballistics Research & Testing Center, Humanitarian Forensics, Buddha Psychological Center.

### **Significance/Outcome:**

Dr. Rakesh Salve, Dr. Pankaj Kolambe, Dr. Tejal J. Ganvit & 49 Students of BAMS 3<sup>rd</sup> Year had visited National Forensic Science University. The Academic visit was full of knowledge.

## Aarihant Ayurvedic Medical College and Research Institute

At - Bhoyan Rathod, Gandhinagar

### **“Academic Visit – Forensic Science ”**

#### **O**bjective of the event:

Department of Agadtantra & Vidhi Vaidyaka, AAMCRI arranged Academic study tour/ site visits for 3<sup>rd</sup> Year BAMS, Students.

#### **Flow of the event:**

As per the curriculum of 3<sup>rd</sup> Year BAMS, A Forensic Science visit of students was

<b>Institute and Department</b>	Aarihant Ayurvedic Medical College & Research Institute, Health Science Department  At - Bhoyan Rathod ,Gandhinagar
<b>Activity Name / Event Name</b>	<b>“Forensic Science - Academic Visit ”</b>
<b>MONTH</b>	September – 2022
<b>Date of the event</b>	26.09.2022
<b>Duration</b>	10:00 am Onwards
<b>Place</b>	<b>National Forensic Science University, Gandhinagar</b>



<b>Faculties</b>	<p>6. Dr. Rakesh Salve (Professor &amp; H.O.D, Agadtantra Evum Vidhi Vaidyak)</p> <p>7. Dr. Pankaj Kolambe (Associate Professor, Agadtantra Evum Vidhi Vaidyak)</p> <p>8. Dr. Tejal J. Ganvit (Assistant Professor, Swasthavritta &amp; Yoga)</p>
<b>Media &amp; Publicity Committee</b>	<p>Dr. Tejal Ganvit MD(ayu)</p> <p>Dr. Hardik Parmar MS (ayu)</p> <p>Dr. Binal Gondalia MD (ayu)</p>

conducted on 26.09.2022 by Agadtantra & Vidhi Vaidyaka at **National Forensic Science University**.

We started journey at 10:00am by Private bus, & reached the center at 11:00am, Total 15 km from college. First they give us introduction about NFSU in auditorium via video& then talk about admission criteria. After that students divided in two groups, leaded by their faculty. We have visited five departments of Cyber defence Center, Narcotics Drugs and Psychotropic Substance, Ballistics Research & Testing Center, Humanitarian Forensics, Buddha Psychological Center.

**Significance/Outcome:**

Dr. Rakesh Salve, Dr. Pankaj Kolambe, Dr. Tejal J. Ganvit & 49 Students of BAMS 3<sup>rd</sup> Year had visited National Forensic Science University. The Academic visit was full of knowledge.







**Dr. Navin B.**





### **Aarihant Ayurvedic Medical College and Research Institute**

<b>Institute and Department</b>	Aarihant Ayurvedic Medical college and Research Institute, At Bhoyan Rathod ,Gandhinagar
<b>Activity Name / Event Name</b>	<b>“Aazadi ka Amrit Mahotsav”</b> Streeroga Nidan and Sarvar Camp
<b>Month</b>	February -2022
<b>Date of the event</b>	23/2/2021
<b>Duration</b>	10.00 am to 1.00 pm
<b>Doctor’s Name</b>	Dr. Abhinav( Consultant) Dr.Jyotika Jani ( Medical Officer)
<b>Other Staff</b>	Ranjanben Rahulbhai
<b>Media &amp; Publicity Comittee</b>	Dr. Binal Gondalia M.D. (ayu) Dr. Hardik Parmar M.S. (ayu) Dr. Tejal Ganvit M.D. (ayu)
<b>Place</b>	Aarihant Ayurveda hospital

**At - Bhoyan Rathod, Gandhinagar**

## **“Medical Camp Report”**

### **Objective of the event: (why this event has organize, Brief about Importance of the event)**

In rural area there is less awareness about women health. Females can't maintain their health due to family responsibilities. Both are essential pillar for developing good society. So Aarihant Ayurveda Hospital which is constituent of Swarnnim Startup and Innovation University had organized Streeroga nidan and sarvar Camp.

### **Flow of the event: mention the flow / schedule of the event in detail**

The programme was started around 10:00 am with Dhanvantari Poojan. After that Camp started. In this camp, different types of female patients with complains of with complaints of White discharge, Dysmenorrhea, irregular menses, low weight, Ajirna were came from nearer villages. Proper Examination, Diagnosis and Treatment given by our expert Doctors.

### **Significance/Outcome:**

Patients of various diseases had taken benefits of this camp. Doctor of Aarihant Ayurvedic Hospital, Bhoyan Rathod also advised them pathyapathya for various disease and also gave medicine.





**Dr. Navin B.**





