INSTITUTE OF PHYSIOTHERAPY Approved by Government of Gujarat & GSCPT

2023-24







CIRCULAR FOR ADVANCED LEARNERS' ENRICHMENT PROGRAM (2023-2024)

Date: September 1, 2024

This is to inform all students that the 2023-2024 Advanced Learners' Enrichment Program will officially begin on September 1, 2024.

The focus for this year's program includes:

- Interactive workshops on evidence-based physiotherapy practices, including advanced clinical interventions.
- Research and presentation opportunities, where students will prepare research papers and present them at national and international conferences, representing the institute.
- Patient communication and clinical decision-making workshops to enhance professional skills.
- Sessions on global certifications, preparing students for competitive exams and professional practice in international settings.

Principal

Venus Institute of Physiotherapy



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PROGRAMME NAME	BACHELOR OF PHYSIOTHERAPY VENUS INSTITUTE OF PHYSIOTHERAPY 2023-24				
INSTITUTE NAME					
Year					
SR	ENROLMENT NO	NAME	CATEGORY		
1	2064001004	TOMAR NAMRATA KARANBHAI	CATEGORY	YEAR	
2	2064001005		ADVANCED	4	
3		ZALA URJA NAVINCHANDRA	ADVANCED	4	
	2064001017	KANOJE SHWETA BHAU	ADVANCED	4	

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1	2164001001	AARTI SHAH		ILAK
2	21512212		ADVANCED	3
	2164001007	NITTU KUMAWAT	ADVANCED	2
3	2164001008	PRACHI PATEL		3
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	SWARRNIM STA	ART UP & INNOVATION UNIVERS	SITV		
PROGRAMME NAME	MASTER OF PHYSIOTHERAPY				
INSTITUTE NAME	VENUS INSTITUTE OF PHYSIOTHERAPY				
YEAR					
	2024				
SR NO	ENROLMENT NO	NAME	CATEGORY	YEAR	
1	2366010006	SAIYAD NAUSHEEN		IEAR	
2	2366014001	PATEL BINISABEN	ADVANCED	1	
3			ADVANCED	1	
	2366014003	BHATT VISHWA	ADVANCED	1	

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Report on Participation of Advanced Learners

(2023-2024)

Institution: Venus Institute of Physiotherapy

Academic Year: 2023-2024

In the academic year 2023-2024, the advanced learners at Venus Institute of Physiotherapy took part in various activities that were designed to expand their academic knowledge, clinical expertise, and community involvement. These students, selected based on their exceptional academic performance, participated in international and national conferences, specialized workshops, and community outreach programs that enhanced both their professional skills and their understanding of public health issues.

One of the key highlights of the year was the participation of advanced learners in both national and international conferences. These conferences allowed the students to engage with global and local experts in the field of physiotherapy, share their knowledge, and present case studies or research work on rehabilitation techniques. The international conference provided an excellent platform for the students to stay updated on the latest advancements in physiotherapy, while the national conference





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helped them connect with professionals within India and understand the context of healthcare practices within the country. These events significantly contributed to the students' professional growth, offering them the opportunity to network and gain insights into emerging trends in physiotherapy.

In addition to conference participation, the advanced learners also had the privilege to attend an International Osteopathy Workshop conducted by a renowned international expert in osteopathy. This workshop focused on advanced manual therapy techniques, offering practical, hands-on training that deepened the students' knowledge of osteopathy principles. The international perspective brought by the expert helped the learners appreciate global standards of care and expand their therapeutic skill set, which will be beneficial for their future clinical practice. The workshop was especially valuable in enhancing their understanding of holistic patient care, integrating osteopathy into physiotherapy practice.

Another significant initiative was the students' involvement in a Community Outreach Survey on Arthritis, which aimed to assess the prevalence and impact of arthritis within local communities. The advanced learners took part in conducting surveys, interacting with affected individuals, and collecting data on the challenges faced by arthritis patients. This outreach





program not only enhanced their understanding of the socioeconomic factors that influence health outcomes but also helped them apply theoretical knowledge in a real-world setting. The survey outcomes provided valuable insights that could be used to develop better strategies for arthritis management and rehabilitation within the community.

Outcomes of these activities have been overwhelmingly positive. Through their participation in conferences, the students gained exposure to cutting-edge research and innovative practices in physiotherapy, while also contributing to discussions at an international level. The osteopathy workshop equipped them with specialized skills that will enhance their ability to provide comprehensive care to their future patients. The community outreach survey on arthritis enabled them to directly interact with the population they will one day serve, reinforcing the importance of empathy and understanding in healthcare.

In conclusion, the 2023-2024 academic year was marked by the active participation of advanced learners in conferences, international workshops, and community outreach programs. These experiences not only enhanced their professional competence but also contributed to the institute's mission of producing knowledgeable, compassionate, and highly skilled

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physiotherapists who are prepared to address the diverse challenges of the healthcare sector.









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Physio Summit 2024

Parul University

Standard Operating Procedure (SOP)

1. Objectives.

Physio Summit 2024, a national level physiotherapy fest organized and hosted by Faculty of Physiotherapy at Parul University, is the university's contribution to the ever-growing sector of physiotherapy. The fest aims to provide students with a platform to connect and grow their practical skills and compete in a competitive environment. With numerous competitions for students to test their skills all over - like case studies, model making, and interactive sessions with the biggest names in the world of Physiotherapy, PhysioSummit 2024 aims to provide students with excellence and draw inspiration from all nooks and corners of the physiotherapy world

2. Summit Overview

- 1. Theme of Physio Summit 2024 was IGNITING MOVEMENT, INSPIRING WELLIESS
- 2.Date: 05/01/2023 & 06/01/2023

Venue - Parul University , Vadodara

3. Organizing Committee

Faculty of Parul University

4. Speakers and Special Guests

National Speakers

Dr. Asir John

-Vice Principal, Yenapayo University, Marigalore

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Dr. Aarti Prasad

-HOD of physiotherapy at Ramakrishna group of hospitals

Dr. Harpreet Singh

-Senior Physiotherapist, All India Institute of Medical Sciences (AIIMS)

Dr. Syed Rais A. Rizvi

-Director & Chief Instructor, Institute of Manual Therapy & Taping

International speakers

Professor Karim M. Khan.

-Currently Professor at UBC Canada Scientific Director of the CIHR Institute of Musculoskeletal Health & Arthritis Former

Professor Gillian Webb

-Former Head of the School of Physiotherapy, University of Melbourne, Australia

Elaine Tan

- Celebrity and Athletes Fitness Trainer • Founder of A.O Love Pilates Studio, Malaysia

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PREPARED BY: Dr. Mayanda

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Brief Outline

On January 5, 2024, the Physiotherapy department faculty, including Dr. Hardik Sheth sir(principal sir), Dr. Jaynesh Vandra, Dr. Darshi Shah, and Dr. Kosha Gor, along with 62 students, actively participated in a noteworthy physiotherapy summit 2024 at parul university vadodara. Prior to the summit, Dr. Hardik Sheth sir and Dr. Jaynesh played pivotal roles in arranging accommodation for both students and faculty from Swarnim University to Vadodara, ensuring a smooth and cohesive experience.

The summit commenced at 9 am with registration and inauguration,. The event featured esteemed national and international speakers, including Professor Karim Khan from Canada, and other speakers who conducted an insightful online session. Following the sessions, a lunch break was scheduled from 1 to 2 pm, creating opportunities for networking and discussions.

As the day progressed, cultural events were organized in the evening, adding a vibrant touch to the summit. The second day of the summit focused on sessions led by national speakers, sharing valuable knowledge. Additionally, MPT students presented their poster presentations, showcasing their research and contributions to the field.

In the evening, the summit concluded with a celebration of the achievements of Swarnim University, providing a platform to highlight the accomplishments within the physiotherapy department.

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SWARRNIM STARTUP & IINOVATION UNIVERSITY VENUS INSTITUTE OF PHYSIOTHERAPY

Academic Director Hiren Kadikar Sir and Physiotherapy Department Principal Dr. Hardik Sheth Sir,

we extend our heartfelt gratitude for granting us the opportunity to attend the Physio Summit 2024 at Parul University. Your unwavering support and guidance have played a pivotal role in making this experience possible. The insights gained and knowledge shared during the summit have undoubtedly enriched our academic journey. Thank you for your leadership and dedication to fostering educational excellence within the physiotherapy department.

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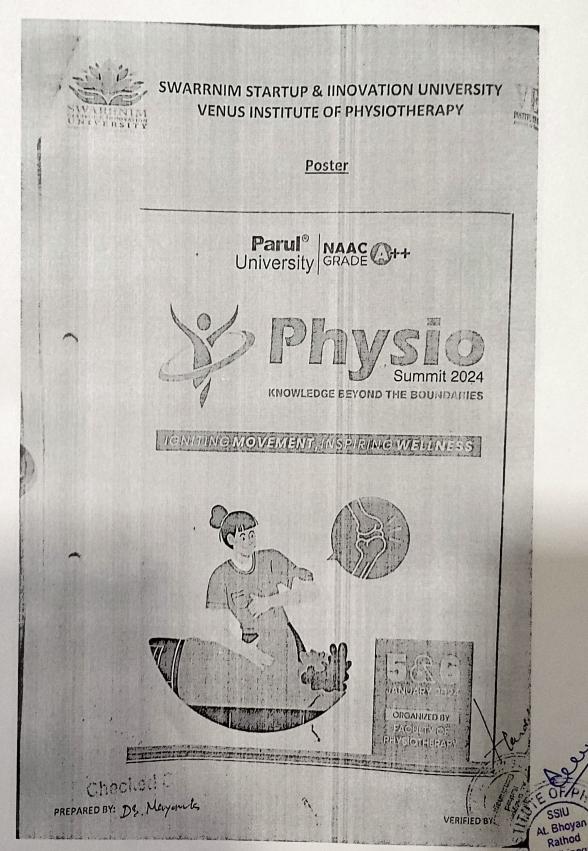
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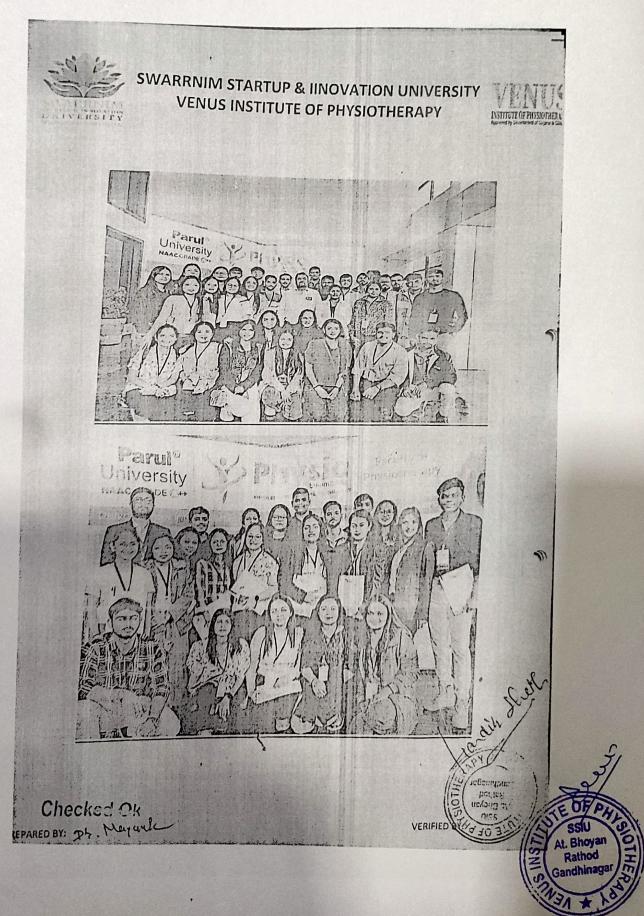


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PHYSIOTHERAPY WEEK (DAY 2) COMMUNITY OUTREACH/ SURVEY

SOP of Program:

Objective:

To assess the prevalence, risk factors, and healthcare needs related to arthritis in Dhanod

Survey questionnaires

Data collection devices (smartphones, tablets, paper forms)

Maps of the village

Personal protective equipment (if applicable)

Consent forms

Recording and storage equipment (laptops, hard drives)

Procedure:

1. Project Planning:

Define the objectives of the survey.

Identify the study population (e.g., all adults in the village).

Determine the sample size required for statistical significance.

Create a survey questionnaire that includes questions about arthritis symptoms med ... history, lifestyle, and demographics.

Develop a sampling strategy (random, stratified, etc.).

2. Ethical Considerations:

Obtain ethical approval for the survey from the relevant authorities.

Develop informed consent forms for participants.

Ensure data privacy and confidentiality.

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3. Data Collection:

Train the survey team on the survey procedures, questionnaire administration, and ethical

Identify and engage with local community leaders and health workers to gain their support and assistance.

Conduct door-to-door surveys within the village.

Use the survey questionnaire to collect data from participants.

Ensure accurate record-keeping and data collection.

4. Data Analysis:

Enter collected data into a database or spreadsheet.

Perform data cleaning and validation.

Analyze the data to determine arthritis prevalence, risk factors, and other relevant insights.

Generate descriptive statistics and conduct statistical tests as needed.

5. Reporting:

Create a comprehensive report summarizing the survey findings.

Include tables, charts, and graphs to visualize the data.

Interpret the results and draw conclusions.

Provide recommendations for healthcare interventions or further research.

6. Community Feedback:

Share the survey results with the community in a clear and understandable manner.

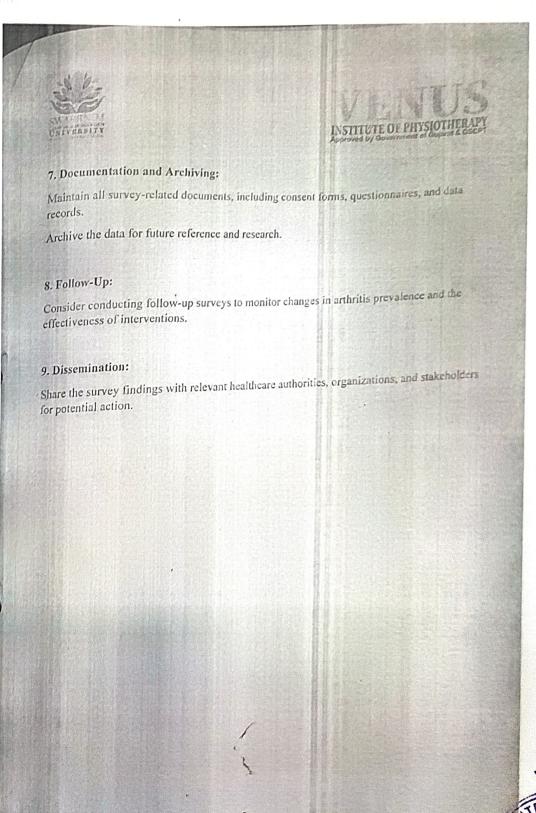
Seek feedback from community members on the findings.

Engage in discussions about possible interventions or support services for arthritis





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